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TEMPLE LODGE PUBLISHING

Temple Lodge Publishing has made available new thought, ideas and research in the field of spiritual science for more than a quarter of a century. Anthroposophy, as founded by Rudolf Steiner (1861-1925), is commonly known today through its practical applications, principally in education (Steiner-Waldorf schools) and agriculture (biodynamic food and wine). But behind this outer activity stands the core discipline of spiritual science, which continues to be developed. Our list features some of the best contemporary spiritual-scientific work available today, as well as introductory titles. If you want to support us, do buy our books or make a direct donation (we are a non-profit/charitable organisation).

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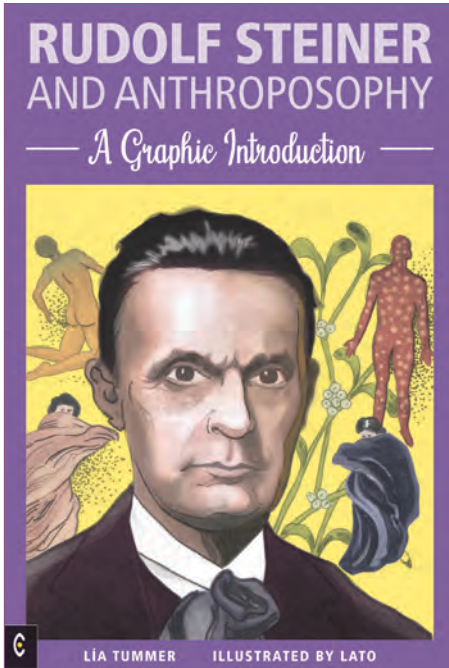
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Lía Tummer; Illustrated by Lato
**Rudolf Steiner
 and Anthroposophy**
 A Graphic Introduction

Combining Lía Tummer’s lucid text and Lato’s creative and playful illustrations, *Rudolf Steiner and Anthroposophy* is a highly-engaging and unique ‘graphic’ introduction that is suitable for both the curious beginner and the dedicated student.

At the dawn of the twentieth century, Rudolf Steiner presented anthroposophy as a ‘spiritual science’ that expanded upon the restricted, scientific-materialist ideology of his time. Based on a profound knowledge of human beings and our relationship with nature and the universe, anthroposophy not only provides rejuvenating impulses for the most diverse spheres of human activity – such as medicine, education, agriculture, art and

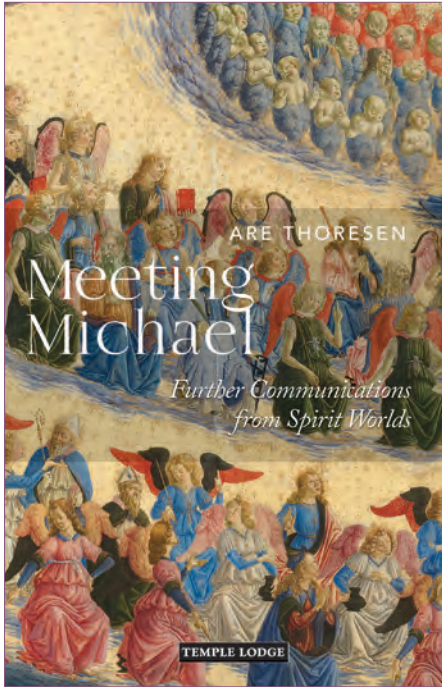
science – but also provides answers to the eternal questions posed by humankind, and on which contemporary science remains indifferent: *What is life? Where do we come from when we are born? Where do we go when we die? What is the meaning of pain and illness? Why do people experience such differing challenges in their lives?*

This charming book depicts the development of a universal genius, from his childhood in the untamed beauty of the Austrian Alps to the sublimities of human wisdom; from his work as a Goethe scholar to the building of the extraordinary Goetheanum in Dornach, Switzerland.



APR
2024

CLV; 176pp; 23.5 x 15.5 cm; pb; ISBN 978 1 912992 59 1; £14.99



Are Thoresen

Meeting Michael

Further Communications from Spirit Worlds

Norwegian healer and clairvoyant Are Thoresen invites us to accompany him on his further travels on the Northern path of initiation. Having previously traversed the realms of the elemental world, he now takes us to the astral regions and Devachan, where we meet a series of extraordinary entities, culminating in a dialogue with the Antichrist and an exploration of the sublime spheres of the Time Spirit, Michael.

Thoresen contrasts Vidar's path – 'through the mysteries of the spirit' – with 'the mysteries of the earth', and discusses the differences between the Vidar and Michael paths. Guided by Scythianus, he is introduced to Ymir, the Spirit of the Earth – a being who has been in existence before earthly time began. Ymir reveals the earth's twelve layers, where the cosmic entity Anna is to be found. Known in

history as the grandmother of Jesus, Anna represents the feminine aspect of the path into devachanic realms. Through her portal, Thoresen enters the higher spiritual worlds, where he receives teaching on the true mission of the human being.

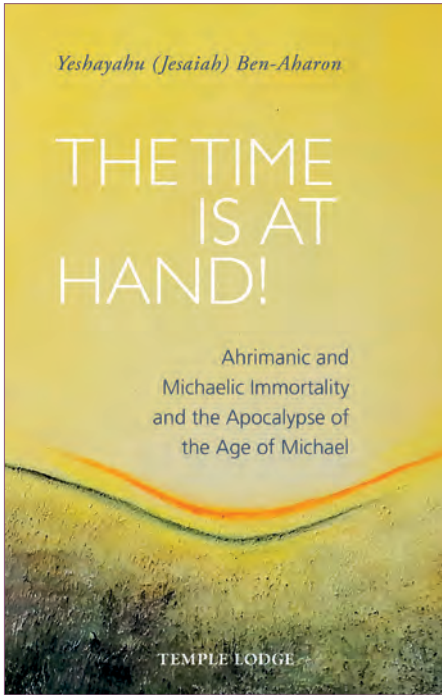
Meeting Michael brings to culmination the trilogy that began with *Travels on the Northern Path of Initiation* (2021) and *Encounters with Vidar* (2022).



ARE THORESEN was born in Norway in 1952. A Doctor of veterinary medicine, he has also studied anthroposophic medicine, homeopathy, acupuncture, osteopathy and agriculture. Since 1981 he has run a private holistic practice in Sandefjord, Norway, for the healing of people, horses and small animals. He has lectured widely, specializing in veterinary acupuncture, and has published dozens of scholarly articles. In recent years, his work has focused mainly on spiritual medicine – based primarily on a deeper understanding of anthroposophy and the medical teachings of Rudolf Steiner – and investigating the spiritual world.

APR
2024

TLP; 124pp; 21.5 x 13.5 cm; pb; ISBN 978 1 915776 14 3; £ 12.99



Yeshayahu (Jesaiah) Ben-Aharon

The Time is at Hand!

Ahrimanic and Michaelic Immortality and the
Apocalypse of the Age of Michael

The twenty-first century is the second, middle century of the three centuries of the present age of Michael, and it is the most decisive one. If humanity again misses Michael's goal, it will hardly be possible to recuperate from it, and human evolution will be derailed for a long time. The present age of Michael can therefore rightly be called 'the Apocalypse of the age of Michael'.
– Yeshayahu Ben-Aharon

In five lively, challenging lectures, Dr Ben-Aharon offers encouraging perspectives on the apocalyptic challenges facing humanity. The key Michaelic task for human beings today, he says, is to comprehend fully the new revelation of the etheric Christ. On the success of this depends humanity's resurrection from the abyss – from the grave of civilization. However,

it can still be achieved, and the time is at hand! The author describes the global School of Spiritual Science's contemporary work to create a path to conscious recognition of the Christ and Michael impulses.

Offering numerous fresh viewpoints into the trials of our time, *The Time is at Hand!* is an essential handbook for any serious student of anthroposophy. The talks (from 2017 and 2022) are titled: 'Ahrimanic Immortality, the Matrix and the Technological Singularity'; 'Michaelic Immortality'; 'The Two Apocalyptic Beasts and the Mystery of the Wound'; 'Follow This Star'; and 'The Time is at Hand!'



DR YESHAYAHU (JESAI AH) BEN-AHARON – spiritual scientist, philosopher and social activist – is founder of the anthroposophical community in Harduf, Israel, co-founder of the Global Network for Social Threefolding, director of Global Event College and contributor to the School of Spiritual Science. He is the author of several books including *Cognitive Yoga*, *The Three Meetings*, *The Twilight and Resurrection of Humanity*, *The Spiritual Event of the Twentieth Century* and *The New Experience of the Supersensible*.

APR
2024

TLP; 130pp; 21.5 x 13.5 cm; pb; ISBN 978 1 915776 12 9; £12.99



Rudolf Steiner

Europe Between East and West in Cosmic and Human History

In a broad-ranging series of lectures, Rudolf Steiner shines new light on the spiritual background to the outbreak of the Great War in Europe. Spiritual entities stand behind the various peoples of the world, he says. He describes how these beings – Folk Souls – relate to the cultural diversity of Europe, America and the East, and speaks of their individual tasks and destinies in relation to the deeper causes of the catastrophic war. Central Europe has the particular mission of mediating between the Western world, the Slavic countries and by extension the East. Steiner alleges that Western secret societies consciously suppressed the spiritual life of this central cultural region through malign activities. These same brotherhoods exploited H. P. Blavatsky's occult faculties for their own ends.

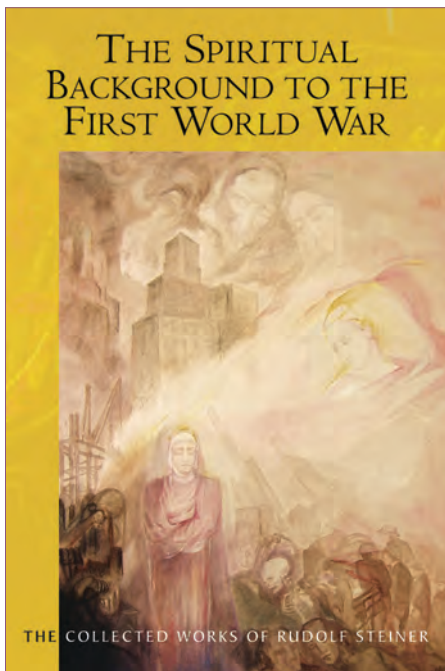
Given in Munich between the years 1914 and 1918 – and appearing in English for the first time – Rudolf Steiner addresses an array of topics in these lectures, including the potential elimination of the soul through specific medicines; intelligence testing as an expression of an ahrimanic trend; the stunted state of inner growth of many people after the age of 27; the effects in the spiritual world of those who die young; how war is an educator of selflessness; and the significance of Michael for the appearance of Christ in the etheric. The volume also features an introduction by Terry Boardman, editorial notes and an index.



RUDOLF STEINER (1861-1925) called his spiritual philosophy 'anthroposophy', meaning 'wisdom of the human being'. As a highly developed seer, he based his work on direct knowledge and perception of spiritual dimensions. From his investigations Steiner provided suggestions for the renewal of many activities, including education (both general and special), agriculture, medicine, economics, architecture, science, philosophy, religion and the arts. Today there are thousands of schools, clinics, farms and other organizations involved in practical work based on his principles.

MAY
2024

Trans. by C. Bryan; Intro. by T. Boardman (Twelve lectures, Munich, Dec. 1914–May 1918, GA 174a); RSP; 312pp; 23.5 x 15.5 cm; pb; ISBN 978 1 85584 662 3; £20



Rudolf Steiner

The Spiritual Background to the First World War

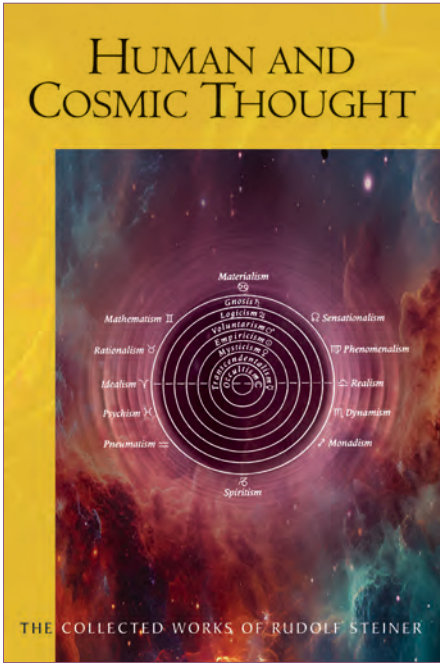
With the unprecedented global conflict of the First World War as an overarching theme, Rudolf Steiner addresses timeless issues such as the search for harmony between peoples and nations, the development of the human capacity for love, the contemporary presence of Christ, and the questions of reincarnation and life after death.

Speaking in the German city of Stuttgart during and after the war years, Steiner discusses the perpetual tension between East and West – particularly in relation to Europe. The war, he says, arose principally out of the Anglo-Saxon peoples' determination 'to exercise world-domination'. Knowing that Slavic culture is destined to be the precursor of the sixth cultural epoch, Western national interests resolved

to make Eastern Europe – specifically Russia – 'the field for socialist experiments'. These events were aggravated by the failure of the Central European peoples in their own world-historical task, to 'rise to a broad sense of vision' as intermediaries between the two groups. Throughout, Steiner refers to the work of individual Folk Souls, but distinguishes them from the scourge of nationalism – especially when it is based on blood – whilst emphasizing the sovereignty of the individual human being.

Although more than a century old, the enduring themes of these previously-untranslated lectures will resonate with many readers today. The main text is supplemented with an introduction by Simon Blaxland-de Lange, editorial notes and an index.

MAY 2024 Trans. by S. Blaxland-de Lange; Intro. by S. Blaxland-de Lange (Sixteen lectures, Stuttgart, Sept. 1914–March 1921, GA 174b); RSP; 412pp; 23.5 x 15.5 cm; pb; ISBN 978 1 85584 661 6; £22.50



Rudolf Steiner

Human and Cosmic Thought

What convinces us of the truth of a point of view? Why do we find it difficult to understand or accept differing perspectives? What are the inner foundations of our knowledge?

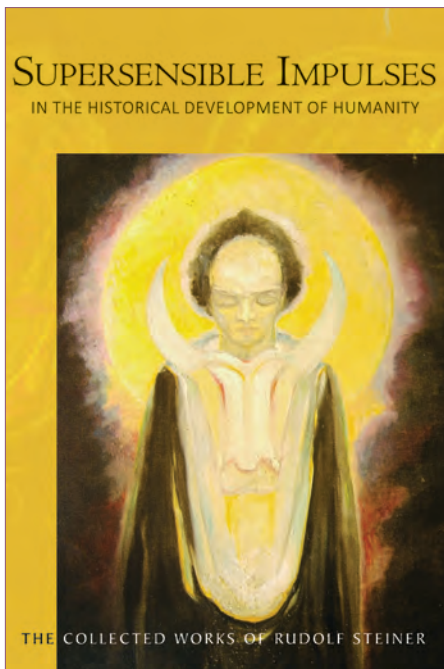
In these concentrated and aphoristic lectures, Rudolf Steiner speaks of twelve main philosophical standpoints, and the importance of comprehending each one of them. Appreciating the variety of world-views not only sharpens our thinking and makes it more flexible, but helps us to overcome a narrow-minded one-sidedness, promoting tolerance of other people and their opinions. The future of philosophy rests not upon defending one single perspective and refuting all others, but in learning to experience the validity of all points of view.

Steiner goes on to explain how each philosophical standpoint is coloured by a particular 'soul mood', which influences the way we pursue knowledge as individuals. He characterizes the work of several thinkers in this way, throwing light on their unique contributions to human culture. Through such insights into the true nature of human thinking, we are led to understand the quality of cosmic thought, and how the human being is a 'thought which is thought by the Hierarchies of the cosmos'.

This revised translation is complemented with an introduction by Robert McDermott, editorial notes and appendices by Frederick Amrine and an index.

MAY
2024

Trans. by C. Davy & F. Amrine; Intro. by R. McDermott (Four lectures, Berlin, Jan. 1914, GA 151); RSP; 152pp; 23.5 x 15.5 cm; pb; ISBN 978 1 85584 664 7; £16.99



Rudolf Steiner

Supersensible Impulses

in the Historical Development of Humanity

'When you perform a ritual, it is an appeal to the spiritual powers of the universe, an appeal to the powers that are meant to connect with the earth precisely through what people do...' – Rudolf Steiner

With rituals or cultic forms as his central motif, Rudolf Steiner refers extensively to Indian, Persian and in particular Egyptian initiation rites, and how these enabled people of antiquity to connect with specific spiritual beings. He explains the practical purpose of mummification for the religious life of ancient Egypt, and of the use of ritual in certain secret societies or brotherhoods today as, in turn, a mummification of Egyptian rites. But he also points to the future, describing how truly-formulated rituals have a positive effect on human development.

Whilst inhalation exercises were relevant to cultures

of the past, the principle of 'exhalation' is important for future evolution.

On the one hand, these extraordinary lectures relate to Rudolf Steiner's ceremonial work in the Esoteric School of 1906-1914, but more significantly they were given in parallel to the founding of the Christian Community, for which Rudolf Steiner mediated its sacraments. Today, he states, Christ must be sought through a new access to the spiritual world, and any remaining traditional ritualistic forms should be permeated with the power of the Mystery of Golgotha. The lectures are accompanied with an introduction by Dale Brunsvold, editorial notes and an index.

MAY 2024 Trans. by P. King; Intro. by D. Brunsvold (Eight lectures, Dornach, Sept.-Oct. 1922, GA 216); RSP; 184pp; 23.5 x 15.5 cm; pb; ISBN 978 1 85584 663 0; £18.99

Bob Woodward

Meeting Spirit Beings

How to Converse with Personal Guides,
Guardian Angels and the Christ

How can we connect and converse with our personal spirit guides, our guardian angel and even the Christ? In a compelling and uplifting new work, Bob Woodward offers advice and suggestions on how we can link consciously with the spirit beings who seek to support us in everyday life. He demonstrates how, by reaching out to them, we can facilitate greater engagement and even direct dialogue.

In the first part of *Meeting Spirit Beings*, we are introduced to human qualities that can awaken us to our personal spirit guides. 'Intentionality', 'silence', 'trust' and 'gratitude' are all important milestones on our inner path. Bob shares personal reflections as well as actual conversations with his own guides, who offer insights into methods and processes. In the second

part of the book, we are encouraged to build a mindful relationship with our guardian angel, who accompanies us on earth, after death and during future incarnations. We are taught how to coordinate our life's path with our angel and to facilitate a healing and supportive relationship.

Finally, the author offers transcripts of an extraordinary series of 'conversations' with the Christ being – a dialogue he initiated one Christmas. If Christ is there to offer love and support to all human beings, should it not be possible to enter into direct dialogue with him? Bob's attempts result in an inspiring series of discussions that offer beautiful perceptions of the meaning of life, death and eternity.



DR BOB WOODWARD studied at state and Steiner schools, later becoming a co-worker at the Sheiling School in Thornbury. He remained within the Camphill Movement for some forty years, retiring in 2012. At the age of 46, Bob received an MEd degree from Bristol University, followed by an MPhil and a PhD from the University of the West of England. As well as being an educator, he is a spiritual healer and the author of several books, including *Knowledge of Spirit Worlds*, *Journeying Into Spirit Worlds* and *Karma in Human Life*.

APR
2024

CLV; 168pp; 23.5 x 15.5 cm; pb; ISBN 978 1 912992 57 7; £14.99



Nigel Hoffmann

The Social Archetype

Realizing Society's Threefold Unity,
A New Goetheanism

We live in a time of multiple challenges to our rights and freedoms – not only in authoritarian regimes but also in liberal democracies around the globe. As the storm clouds of crisis gather, Steiner's social vision – now a century old – offers a clear way forward.

Radical in his time and still so today, Steiner's 'social threefolding' is not conceived as a logical 'system'. Rather, his picture of society as a living threefold unity, as a social 'organism', is an artistic insight that needs to be grasped imaginatively. To understand its three dimensions – the economic, the political-legal and cultural-spiritual spheres – and how they relate to each other, is to experience them inwardly. This requires a living,

creative thinking that is able to enter the archetypal forces behind the concepts: a modern-day, truly Goethean approach to the social sciences.

In an illuminating study, Hoffmann's dynamic presentation enables us to develop precisely such an artistic–imaginative understanding of the threefold social organism. He achieves this through clear descriptions of its principles and practical governance, whilst offering wise advice regarding the adaptation of education – at school and tertiary levels – for a threefold society.



NIGEL HOFFMANN PhD has been a high school teacher for eighteen years in Australian and Swiss Rudolf Steiner schools. He is the author of *Goethe's Science of Living Form*, *The Artistic Stages* (Adonis Press) and *The University at the Threshold*, *Orientation through Goethean Science* (Rudolf Steiner Press). He is the coordinator of Atelier for the Social Quest: ateliersocialquest.com

MAY
2024

CLV; 206pp; 23.5 x 15.5 cm; pb; ISBN 978 1 912992 55 3; £16.99



Ed. by E. Baars, P. Blomaard, et al.

Good Care

Ethics and Methodology – An Anthroposophical Approach to Child and Youth Psychiatry and Care of Persons with Developmental Disabilities

What are the hallmarks of anthroposophical caregiving methodology that are necessary for the provision of 'good care'?

In recent decades, healthcare has undergone a transformation. Clients demand good care, and providers are expected to deliver it. Care and treatment methods are made explicit, quality standards are set and cyclical evaluations made, leading to a goal of continuous optimization.

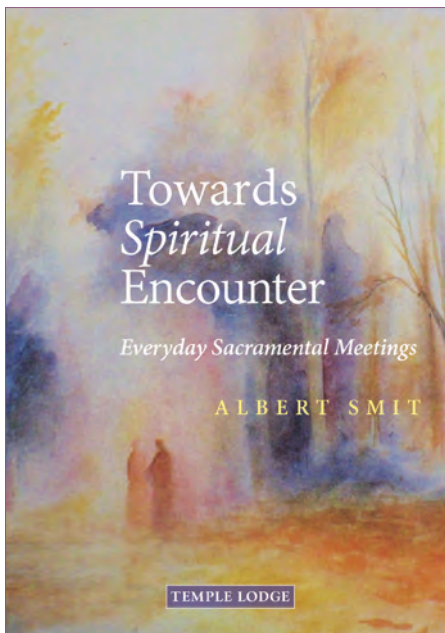
In special education and social therapy – for people with developmental disabilities and mental health issues – an effective and high-quality caregiving methodology based on anthroposophy has been

developed over the past century and is currently practised in dozens of countries around the world. Developed from research by Rudolf Steiner and the experiences of numerous co-workers over decades, this methodology is described alongside its scientific basis and ethical principles. *Good Care* is an ideal handbook for caregivers, parents and carers, explaining how anthroposophical care is interpreted and translated into quality daily practice.

Chapters include: 'Value-based caregiving – Ethical premises of anthroposophical care for persons with developmental disabilities'; 'Spiritual-psychological aspects of developmental disabilities'; 'The professional identity of the professional caregiver'; 'The caregiving process from a methodological perspective'; 'The caregiving methodology scientifically justified'.

MAY
2024

Trans. by P. Mees; TLP; 136pp; 23.5 x 15.5 cm; pb; ISBN 978 1 915776 15 0; £20



Albert Smit

Towards Spiritual Encounter

Everyday Sacramental Meetings

In his general practice as a doctor, Albert Smit observed numerous psychological issues in his patients – issues that often caused an existential crisis for the individual concerned. These experiences led Smit to change his career and to begin a path of research to discover how genuine inner healing could be achieved. In this succinct and inspiring study, the author offers a clear way forward that allows for individual and social transformation.

Smit points to a statement by Rudolf Steiner, that human relationships could become something of a social art. We can begin on this work today, through free and conscious choice. Engaging the forces of the heart, we can meet our fellow human beings as true individuals – as equals – and ultimately as

brothers and sisters. Such work could help to heal the individual alienation and social divisions of our time. Eventually, human encounter could evolve into a spiritual event – even a sacramental act! *Towards Spiritual Encounter* is a valuable text for meditation and reflection.

‘The basis for all free religious feeling that will unfold in humanity in the future will be the acknowledgement – not merely in theory but in actual practice – that every human being is made in the likeness of the Godhead. ... For then every meeting between one person and another will of itself be in the nature of a religious rite, a sacrament.’ – Rudolf Steiner



ALBERT SMIT (1940–2020) was an anthroposophical doctor, teacher and biographical counsellor. He began his working life as a tropical physician in Zambia and worked in The Netherlands as a general practitioner. He later changed his career to become a counsellor and teacher of the human condition at a number of professional training institutes. The reason for this change was his observation of the pain in the souls of human beings of the present time.

APR 2024 Intro. by M. van den Brink; Trans. by P. Mees; TLP; 100pp; 17.5 x 12.5 cm; pb; ISBN 978 1 915776 13 6; £9.99



Rudolf Steiner

On Philosophy, History, and Literature

Lectures at the Worker Education School and the
Independent College, Berlin, 1901–1905

Wide-ranging, illuminating, and entirely unique in Rudolf Steiner's Collected Works, this volume consists of lectures given at the Worker Education School and at the Independent College in Berlin, along with a lengthy appendix on Steiner's activity in the Giordano Bruno Association. Concerning his teaching activities in the Worker School, Steiner later reflected in his autobiography, 'I had to find a completely different way of expressing myself than I had become used to until then'. This was due largely to his students' working-class background. Steiner's new approach involved allowing 'idealism to arise from materialism'. The result was the foundation for what he called 'historical symptomatology' – that is,

the study of the deeper causes behind history through their symptomatic expression in concrete historical events. This volume is therefore an exceptional resource for anyone interested in Steiner's approach to history.

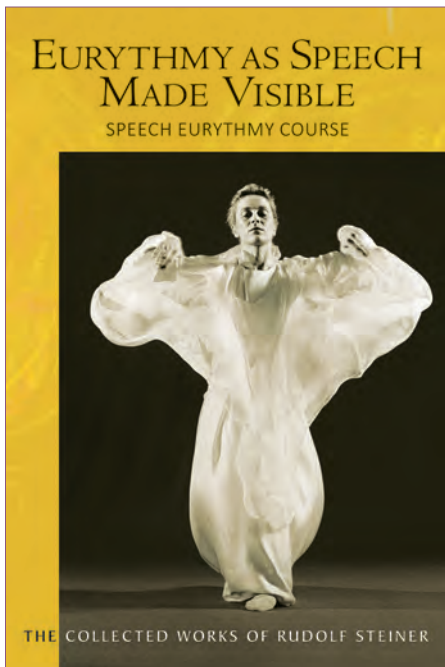
Steiner's lectures at the Independent College, which form part two of the volume, are concerned, on the one hand, with the philosophies of the medieval and early modern mystics – forming a companion to his book *Mystics after Modernism* – and, on the other, with the remarkable figure of Friedrich Schiller. Speaking on the occasion of the centenary of Schiller's death, Steiner's lectures are a brilliant homage to the great thinker and dramatist, brimming with insights into this extraordinary individual and the significance of his contributions for our time.

The appendix contains unique documents outlining Steiner's work in the Giordano Bruno Association for a Unified Worldview. The lively exchange of ideas and Steiner's unique role within the Association are evident in the selected lectures and discussions.

This book is an essential read for both long-time students of Steiner's work and newcomers seeking a fresh, enlivened and enlivening approach to philosophy, history and literature.

MAR
2024

Trans. by C. Venho & D. Hindes; Intro. by C. Venho (GA 51); SB; 348pp; 23.5 x 15.5 cm; pb; ISBN 978 1 621483 21 2; £26.99



Rudolf Steiner

Eurythmy as Speech Made Visible

Speech Eurythmy Course

With these fundamental lectures on speech eurythmy – given just months after his course entitled ‘Eurythmy as Visible Singing’ – Rudolf Steiner completed the foundations of the new art of movement. In connecting to the centuries-old esoteric and exoteric Western traditions of ‘the Word’ – the creative power in the sounds of the divine-human alphabet – he gave it concrete form and expression in the performing arts, education and therapy. Although aimed primarily at the professional concerns of eurythmists who perform, teach or work as therapists, the lectures offer a wealth of suggestions and insights to anyone interested in the arts.

For this new edition – freshly translated by Matthew Barton and introduced by Coralee Frederickson – the original shorthand transcripts have been compared exhaustively with typed records and the notes of course participants. These notes included numerous sketches of movements, gestures and choreographies, many of which have been reproduced here to complement the text. Also featured is an appendix comprising facsimiles and transcripts of Rudolf Steiner’s preparatory notes, programmes of the eurythmy performances given during the course, and accounts by Steiner published in the Society Newsletter. Finally, there are recollections by course participants, additional sketches of forms and movements, Marie Steiner’s original foreword, and 30 pages of colour plates featuring blackboard drawings and eurythmy forms.

JUN 2024 New revised and expanded edition; Trans. by M. Barton; Intro. by C. Frederickson (Fifteen lectures, Dornach, Jun.-July 1924, GA 279); RSP; 512pp + 32pp colour plates; 23.5 x 15.5 cm; pb; ISBN 978 1 85584 665 4; £30

Ed. by C. Kaliks, C. Haid, et al.

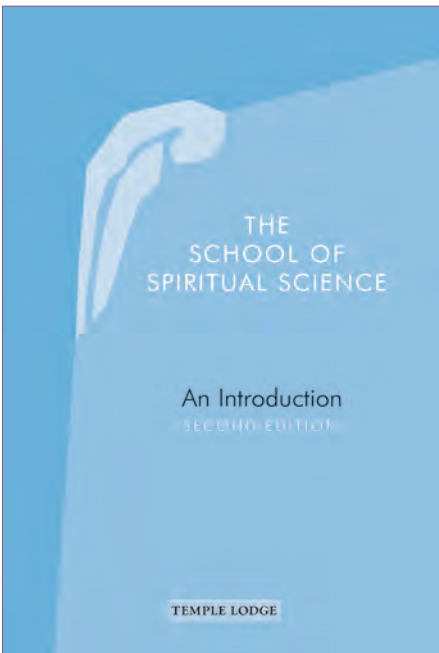
The School of Spiritual Science

An Introduction, Second Edition

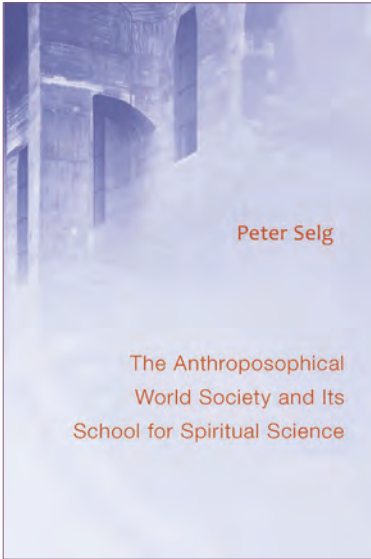
In a thoroughly revised and updated second edition, this important volume describes the character, intentions and working methods of the pioneering School of Spiritual Science, as established by Rudolf Steiner within the framework of the re-founded Anthroposophical Society in 1924. It explains the School's prerequisites for membership and examines the role of the First Class and its representatives' responsibilities.

The main body of the book features descriptions of the sections within the School of Spiritual Science, contributed by individuals responsible for leadership of those sections. They indicate how the School connects with daily work in various aspects of life – including medicine, agriculture, education,

science and the arts – and how they relate to contemporary society. Also included are significant articles and lectures by Rudolf Steiner regarding his original intentions for the School, and practical information on the process of becoming a member. In keeping with the transparency that he called for, *The School of Spiritual Science* is available to anyone who wants to explore the work of this invaluable cultural institution.



APR 2024 Trans. by M. Saar; TLP; 118pp; 23.5 x 15.5 cm; pb; ISBN 978 1 915776 16 7; £14.99



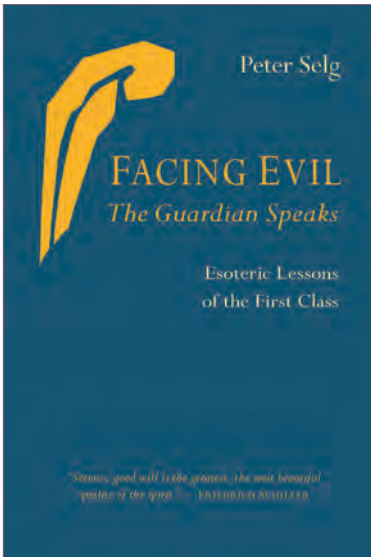
Peter Selg

The Anthroposophical World Society and its School for Spiritual Science

The four essays published here deal with the past, present and future of the Anthroposophical Society and its School for Spiritual Science. Selg outlines important historical background to the Christmas Conference, shedding light on the origins of the re-founding of the Society, what necessitated it, and what Rudolf Steiner was hoping to achieve. Though much good work has been done over the past hundred years, many of the issues that hindered the Society and movement in Steiner's time still persist today. This book is intended as a call to self-knowledge, a call to actively take up the work of 'furthering the development of the task-centered worldwide Society that Steiner made so clearly visible in 1923'.

MAR
2024

Trans. by D. E. Miller and M. Miller; SB; 96pp; 21.5 x 14 cm; pb; ISBN 978 1 621483 63 2; £14.99



Peter Selg

Facing Evil

The Guardian Speaks

Esoteric Lessons of the First Class

The two essays published here deal directly with the path of inner development outlined in the lessons of the First Class of the School. Selg addresses the necessary confrontation with the powers of evil as they appear in the Class Lessons and in our time more broadly. Only through meeting and overcoming these powers are we able to find the path to our true humanity. He also discusses the figure of the Guardian of the Threshold as a Michaelic teacher and guide along the soul's path into the spiritual world. This figure, Selg argues, is far too little understood in our time. He is a spiritual being of great significance who offers help to all earnest seekers.

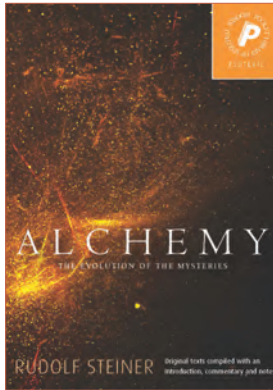
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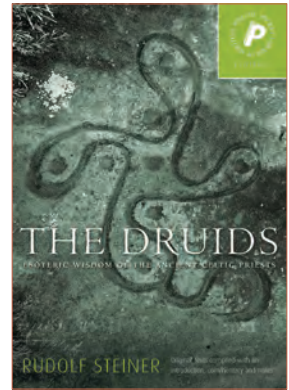
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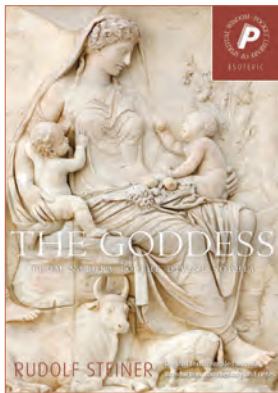
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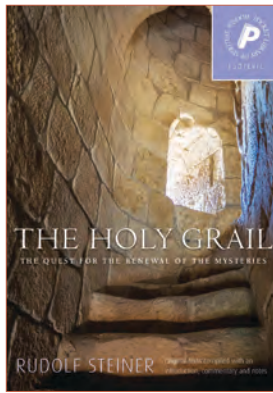
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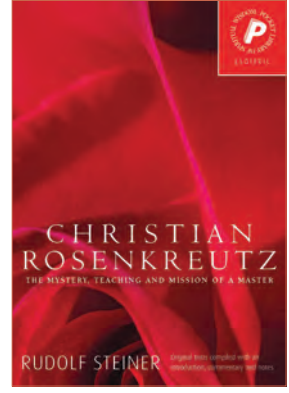
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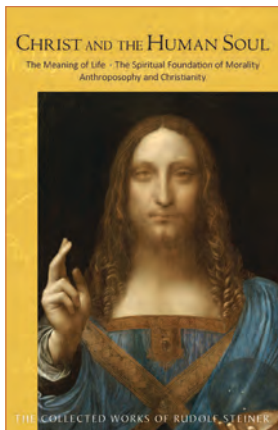
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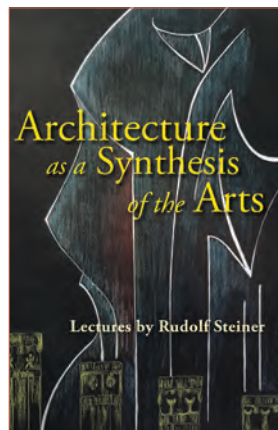
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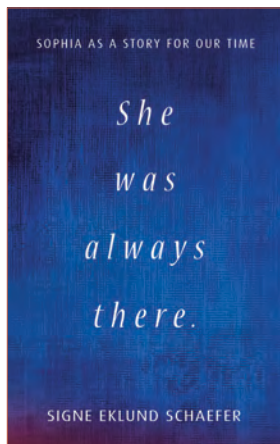
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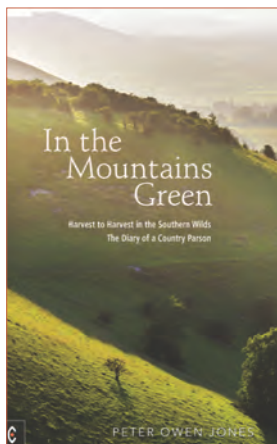
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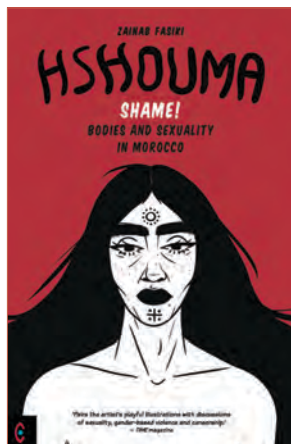
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