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Rudolf Steiner Press is dedicated to making available the work of Rudolf Steiner in English translation. We have hundreds of titles available – as printed books, ebooks and in audio formats. As a publisher devoted to anthroposophy, we continually commission translations of previously-unpublished works by Rudolf Steiner and invest in re-translating, editing and improving our editions. We are also committed to publishing introductory books as well as contemporary research. Our translations are authorised by Rudolf Steiner's estate in Switzerland, to whom we pay royalties on sales, thus assisting their critical work. Do support us today by buying our books, or contact us should you wish to sponsor specific titles or to support the charity with a gift or legacy.



TEMPLE LODGE PUBLISHING

Temple Lodge Publishing has made available new thought, ideas and research in the field of spiritual science for more than a quarter of a century. Anthroposophy, as founded by Rudolf Steiner (1861-1925), is commonly known today through its practical applications, principally in education (Steiner-Waldorf schools) and agriculture (biodynamic food and wine). But behind this outer activity stands the core discipline of spiritual science, which continues to be developed. Our list features some of the best contemporary spiritual-scientific work available today, as well as introductory titles. If you want to support us, do buy our books or make a direct donation (we are a non-profit/charitable organisation).

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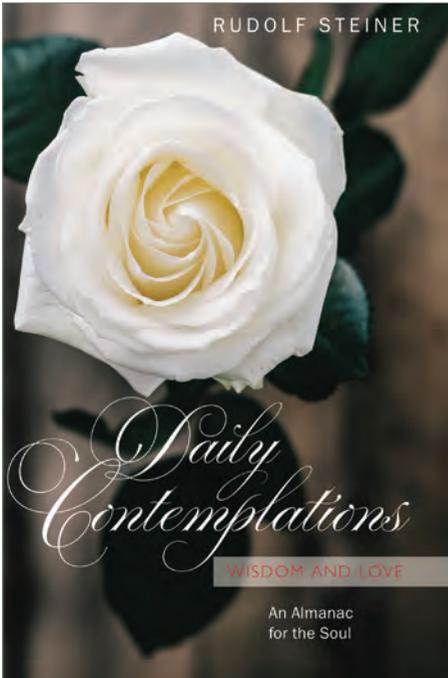
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Rudolf Steiner  
*Daily Contemplations*  
 Wisdom and Love  
 An Almanac for the Soul

Rudolf Steiner's inspiring words provide rich and nourishing thoughts and ideas for self-development and spiritual enlightenment. *Daily Contemplations* offers a separate passage from Steiner's lectures – a special gift upon which to reflect – to accompany each day of the year. Carefully selected by Jean-Claude Lin, the quotations are sourced from lectures and addresses that Steiner gave on the specific day in question. Thus, the ordering is not arbitrary but arises from the historical fact of the lectures themselves.

This unique volume gives us a new way of working with Steiner's research on a daily basis. The short passages encourage us to ponder and delve further in order to make our own creative discoveries.

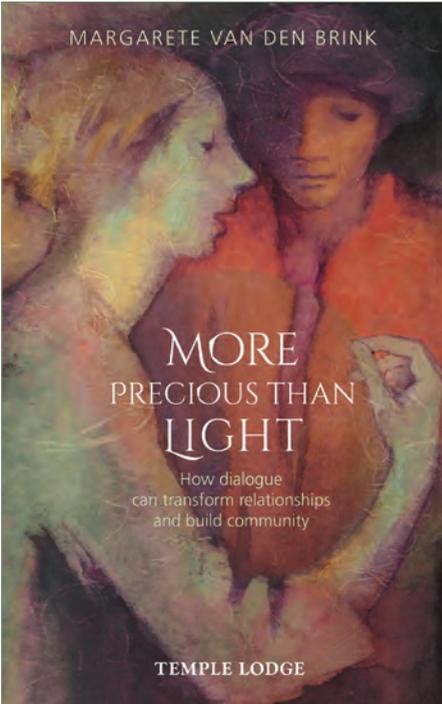
'Wisdom is the premise, the foundation of love; love is the fruit of wisdom reborn in the I.' These words from Rudolf Steiner are the founding motifs of his immense lecturing activity – to which this book gives manifold entry points. As Lin notes in his introduction, 'wisdom and love are the alpha and omega of the human being who strives for truth and freedom'.



RUDOLF STEINER (1861-1925) called his spiritual philosophy 'anthroposophy', meaning 'wisdom of the human being'. As a highly developed seer, he based his work on direct knowledge and perception of spiritual dimensions. From his investigations Steiner provided suggestions for the renewal of many activities, including education (both general and special), agriculture, medicine, economics, architecture, science, philosophy, religion and the arts. Today there are thousands of schools, clinics, farms and other organizations involved in practical work based on his principles. His many published works feature his research into the spiritual nature of the human being, the evolution of the world and humanity, and methods of personal development. Steiner wrote some 30 books and delivered over 6000 lectures across Europe. In 1924 he founded the General Anthroposophical Society, which today has branches throughout the world.

APR  
2021

Compiled and edited by Jean-Claude Lin; Trans. by M. Barton; RSP; 418pp; 21.5 x 13.5 cm; paperback; ISBN 978 1 85584 590 9; £14.99



Margarete van den Brink

## More Precious than Light

How dialogue can transform relationships and build community

Relationships are built through dialogue – through exploring heartfelt questions that lead to liberating personal insights. This book shows how such dialogue can transform relationships and build community. However, true meeting and healing conversations take effort. Encounter involves light and dark. Relationships bring out sympathy and antipathy. In an age of digital communications and internet-based encounters – when alienation and loneliness are very real issues – this new edition of Margarete van den Brink’s classic work is more vital than ever.

The process of inner development – leading ultimately to the unification of the human self with its higher, spiritual being – involves a transformation

in our everyday selves. In this act of initiation, the art of conversation plays a central role. The words which people speak to each other contain a force that can work in an invigorating and life-enhancing way. This force – which can be more precious than light itself – is the highest creative principle, the Word referred to in the Gospel of St John, which created everything that exists.

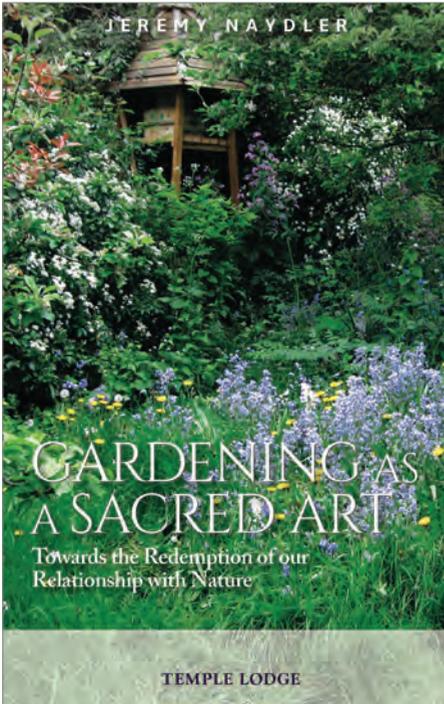
Informed by the insights of anthroposophy, *More Precious than Light* indicates the path towards the spirit and the lost power of the Word, transforming relationships and building community. True encounter can only be fostered through making real connections with our fellow human beings.



MARGARETE VAN DEN BRINK worked as an international consultant, giving seminars on communication and leadership. She is the author of *Transforming People and Organizations* (2004), *Time for Transformation* (2008, with Hans Stolp) and *What Happens When We Die?* (2017). For more information visit her website: [margaretevandenbrink.nl](http://margaretevandenbrink.nl)

APR  
2021

Trans. by T. Langham & P. Peters; TLP; 140pp; 21.5 x 13.5 cm; paperback;  
ISBN 978 1 912230 78 5; £12.99



Jeremy Naydler

## Gardening as a Sacred Art

Towards the Redemption of our Relationship with Nature

This beautifully illustrated book presents a history of our relationship with nature, beginning with the civilisations of ancient Egypt and Mesopotamia, when gardens served as 'the dwelling place of the gods'. Tracing this history through subsequent epochs, the author shows how human awareness of the divine presence in nature was gradually eclipsed. As nature came to be viewed primarily as a physical resource to be controlled and exploited by us, this was reflected in the ordered, rational designs imposed on such gardens as Versailles. More recently, gardening has come to be seen less as an instrument of control than as an art in its own right, enhancing nature's inherent beauty. Jeremy Naydler suggests that the future of gardening lies not simply in its being regarded as an art but as a

sacred art, which once again honours and works with the spiritual dimension intrinsic to nature.

'This thoughtful book challenges the gardener in us to work as an artist and experience the sacred presence around us by becoming creatively engaged with the hidden formative forces of Nature.'

– *Network Review*

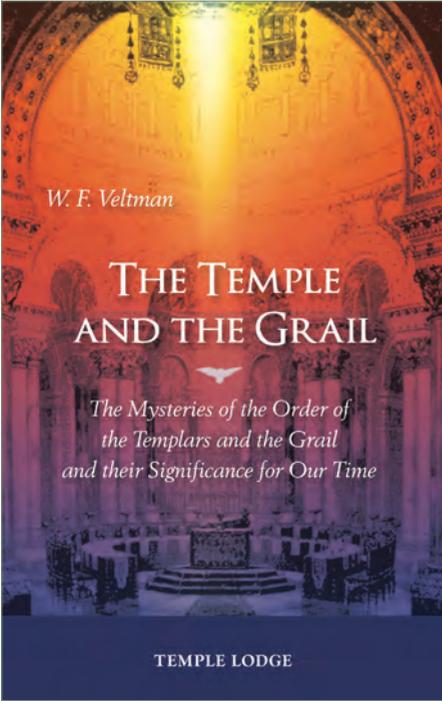
'The main thrust of this profound and inspiring volume is to remind us that gardens are essentially sacred spaces in which we may work together with Nature in order that we may help her – and ourselves in the process – express more fully the divine presence hidden within the heart of her outward beauty.' – *Resurgence*



JEREMY NAYDLER, PH.D. is a philosopher, cultural historian and gardener who lives and works in Oxford, England. He has long been interested in the history of consciousness and sees the study of past cultures – which were more open to the world of spirit than our own, predominantly secular, culture – as relevant both to understanding our situation today and to finding pathways into the future. He is the author of several books including *In the Shadow of the Machine* (2018) and *The Struggle for a Human Future* (2020).

APR  
2021

TLP; 120pp (full colour throughout); 23.5 x 15.5 cm; paperback;  
ISBN 978 1 912230 77 8; £15.99



W. F. Veltman

## The Temple and the Grail

The Mysteries of the Order of the Templars and the Grail and their Significance for Our Time

In the popular imagination, the Holy Grail – part of the legendary romance of King Arthur – belongs to the realm of myth. The Knights Templar also have a legendary, enigmatic aspect. Despite the immense volume of historical research available, plausible explanations to the ‘mystery’ at the core of their practices have yet to be revealed.

By studying these two themes side-by-side and showing their inner relationship, Veltman reveals valuable new perspectives. On the one hand he demonstrates that the ‘poetic imagination’ of the Grail mystery has its origin in concrete historical events; and on the other hand, that the true history of the Knights Templar is, essentially, esoteric.

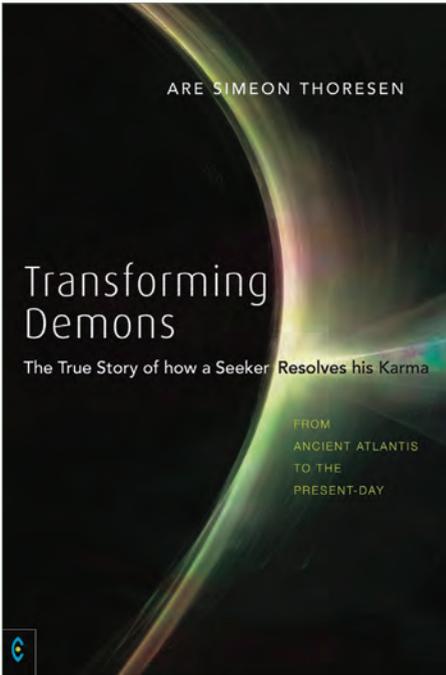
Combining historical research with insights gained from the work of Rudolf Steiner, Veltman presents an impressive survey of the subject, beginning with the pre-Christian Mysteries and ending with a vision of Michaelic Christianity. He analyses the significance of the holy city of Jerusalem, the Temple of Solomon, the Temple Legend, the Grail Temple, the Rosicrucians, the Templars’ gold, and the fraught question of evil. In addition, he sketches the continuation or metamorphosis of the Grail and Temple impulses into the future, including the critical ‘balancing’ role of Europe between East and West. To become effective, this important European task – which, he says, is continually being thwarted – must be properly understood within the realm of human consciousness.



W.F. VELTMAN was born in Den Haag, Netherlands, in 1923. He discovered anthroposophy during the period of Nazi occupation, and later worked at a Waldorf school for 41 years where he taught French, Art History and the Humanities and directed many theatrical productions. Mr Veltman gave many lectures in the Netherlands and abroad and published books on cultural and historical subjects including Dante, Shakespeare, Goethe and Victor Hugo and wrote hundreds of articles for the educational magazine *Vrije Opvoedkunst* (‘Free Education’). He died in 2018.

APR  
2021

Trans. by P. Mees; TLP; 234pp; 23.5 x 15.5 cm; paperback;  
ISBN 978 1 912230 76 1; £14.99



Are Thoresen

## Transforming Demons

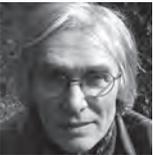
The True Story of how a Seeker Resolves his Karma. From Ancient Atlantis to the Present-day

Having misused women, power and the life-energy of his followers, the Seeker must overcome his demons – not figuratively but literally – in the astral, etheric and physical dimensions of reality. But in order to face them, he must first cross the threshold to the spiritual world...

*Transforming Demons* takes us on an astonishing journey – from contemporary Norway to Ancient Atlantis, to Ireland and India – where we encounter leprechauns, dragons, evil spirits, hallucinogenic drugs, and a mysterious golden cross with a red ruby at its heart.

With hubris, arrogance and deceit, the Seeker has abused his magical powers in previous existences. If he is finally to resolve his knotted karma, he must first confront his misdeeds, and the demons that were created as a result. Then he must learn to *transform* those demons in order to free them – and him – from the weight of his past.

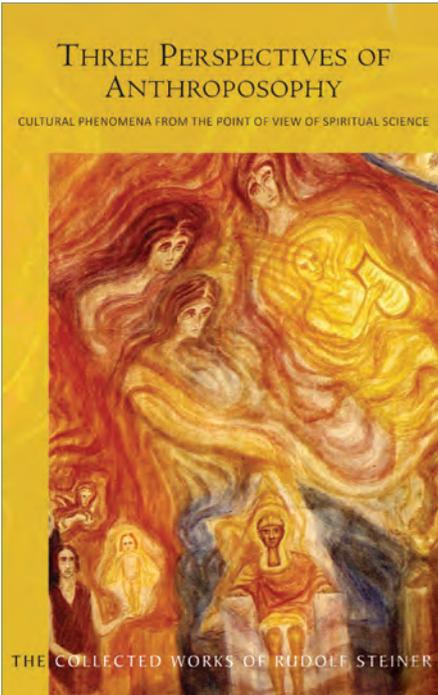
This is a remarkable true memoir that crosses lifetimes, thousands of years and manifold dimensions. It is an authentic story of transformation and redemption on the path to self-knowledge, freedom and love.



ARE THORESEN was born in Norway in 1952. A doctor of veterinary medicine, he has also studied anthroposophic medicine, homeopathy, acupuncture, osteopathy and agriculture. Since 1981 he has run a private holistic practise in Sandefjord, Norway, for the healing of small animals and horses, as well as people. He has lectured widely, specializing in veterinary acupuncture, and has published dozens of scholarly articles. He is the author of *Demons and Healing* (2018), *Experiences from the Threshold and Beyond* (2019), *Spiritual Translocation* (2020, all Temple Lodge), *The Lucifer Deception* (Clairview 2020) and several other books on complementary medicine published in various languages.

MAY  
2021

142pp; CVB; 23.5 x 15.5 cm; paperback; ISBN 978 1 912992 26 3; £14.99



Rudolf Steiner

## Three Perspectives of Anthroposophy

Cultural Phenomena from the Point of View of Spiritual Science

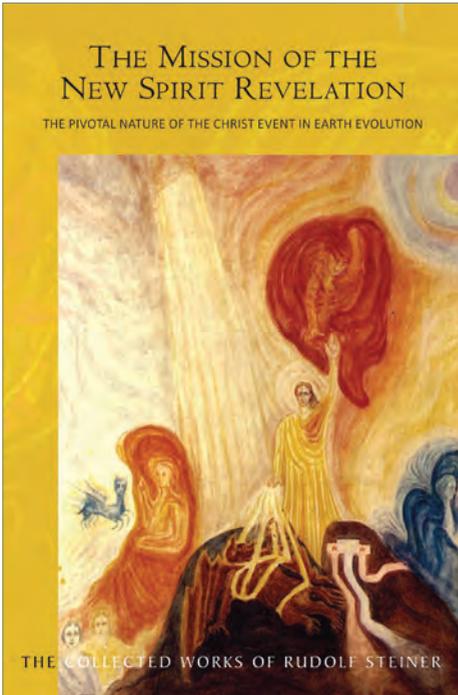
*What is truly real?* Rudolf Steiner sheds light on everyday reality through spiritual knowledge, repeatedly urging us to bring anthroposophy into daily human existence. We might consciously experience the difference between consuming a potato as compared to cereals such as rye, for example – or we could grasp ordinary phenomena, such as sleepwalking, through an understanding of the threefold human being. Likewise, we might strive to comprehend how our head is the transformed organism of our previous life. Throughout, Steiner emphasizes that we can achieve spirituality on earth if only we make anthroposophy *real*.

The twelve lectures here were delivered during the portentous year of 1923, in the context of increasing attacks from Steiner's opponents. His architectural masterpiece, the first Goetheanum, had already been destroyed by fire, but he was yet to refound the Anthroposophical Society at the Christmas Conference. In these uncertain times, Steiner speaks of the decline of European culture and the development of materialism as a philosophy, leaving anthroposophy with no exoteric foundation on which to build. But Rudolf Steiner strikes a positive note with an exciting and constructive way forward, providing us with the tools to see the world through three key perspectives of anthroposophy: the physical, the soul and the spiritual dimensions of reality.

This previously-unpublished volume is translated by Elizabeth Marshall and includes an introduction, notes and index.

**APR**  
2021

Trans. and Intro. by E. Marshall (Twelve lectures, Dornach, 5 May–23 Sept. 1923, GA 225); RSP; 224pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 85584 587 9; £16.99



Rudolf Steiner

## The Mission of the New Spirit Revelation

The Pivotal Nature of the Christ Event in Earth Evolution

*'What would we be without love? We would inevitably become isolated and gradually lose all connection with our fellow human beings and our fellow creatures in the natural world.'*  
– Rudolf Steiner

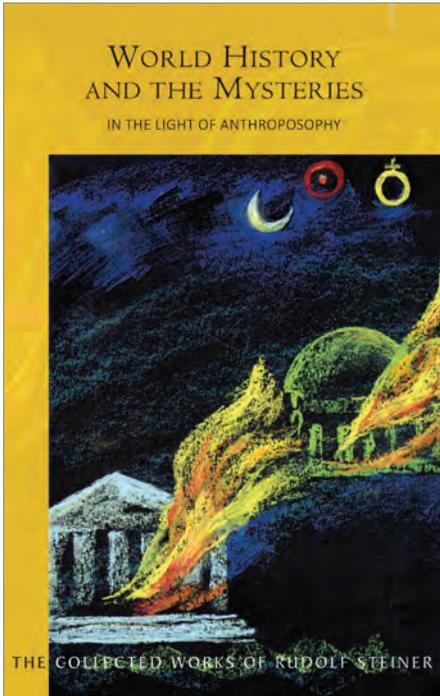
In this rich, previously-untranslated collection of lectures, Rudolf Steiner approaches and illumines the figure of Christ from manifold directions and perspectives. Christ, the being of love, is for the body of the Earth what the heart is within our individual organism.

Given throughout 1911 – the year before Rudolf Steiner split from the theologians citing funda-

mental disagreements over the true nature of Christianity – the lectures reflect Steiner's intensifying emphasis on the central deed of the Christ being in Earth evolution, whilst in tandem demonstrating the truths of reincarnation and karma. He reveals profound vistas of human development and paths of advancement over many lifetimes, in which Christ is to be our steadfast companion and exemplar.

Lectures include: 'Faith, Love, Hope'; 'Original Sin and Grace'; 'The Effect of Moral Qualities on Karma'; 'The Importance of Spiritual Enquiry for Moral Action'; 'Wisdom, Prayerfulness and Certainty in Life'; 'The Birth of the Sun Spirit as Earth Spirit'; 'The Threefold Call from the World of Spirit'; 'Christmas – A Festival of Inspiration'; 'The I at Work Upon the Child and How this Relates to the Christ Being'; 'Ossian and Fingal's Cave', and many more. Translated by Matthew Barton, this volume features an introduction, notes and index.

**APR 2021** Trans. and Intro. by M. Barton (Sixteen lectures, 5 Jan.–26 Dec. 1911, GA 127); RSP; 274pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 85584 586 2; £18.99



Rudolf Steiner  
 World History  
 and the Mysteries  
 In the Light of Anthroposophy

In this landmark series of lectures, Rudolf Steiner challenges the notion that human consciousness has in essence remained the same throughout history. On the contrary, we can only see the past in its true light when we study the differences in human souls during the various historical eras. Consciousness, he says, evolves constantly and we can only comprehend the present by understanding its origin in the past.

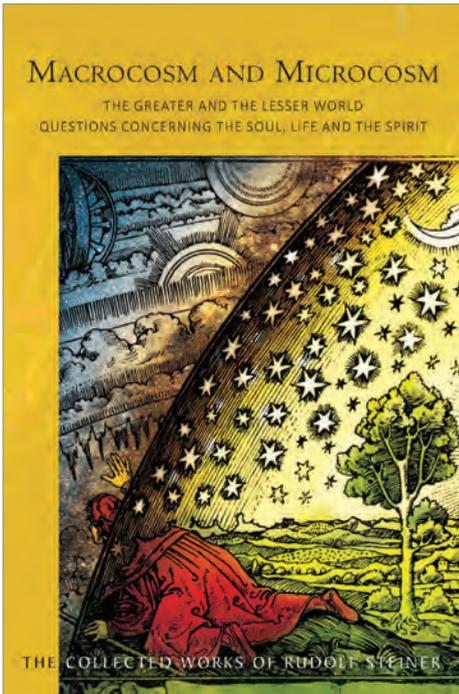
Delivered in the evenings during the course of the 'mystery act' of the Christmas Foundation Meeting – when Rudolf Steiner not only re-founded the Anthroposophical Society but for the first time took a formal role within it – these lectures study world history in parallel with the ancient mysteries of initiation, showing how they are intimately

linked. Steiner describes consciousness in the ancient East and follows the initiation principle from Babylonia to Greece, up to its influences in present-day spiritual life. He also discusses Gilgamesh and Eabani, the mysteries of Ephesus and Hibernia, and the occult relationship between the destruction by fire of the Temple of Artemis and the burning of the first Goetheanum in Dornach, Switzerland.

Published for the first time with colour plates of Steiner's blackboard drawings, the freshly-revised text is complemented with an introduction, notes and appendices by Professor Frederick Amrine and an index.

**MAY**  
2021

Trans. by G. & M. Adams, F. Amrine & D. Osmond; Intro. by F. Amrine (Nine lectures, 23 Dec. 1923–1 Jan. 1924, GA 233); RSP; 230pp (12pp colour plates); 23.5 x 15.5 cm; paperback; ISBN 978 1 85584 588 6; £17.99



*Rudolf Steiner*

## Macrocosm and Microcosm

The Greater and the Lesser World  
Questions Concerning the Soul,  
Life and the Spirit

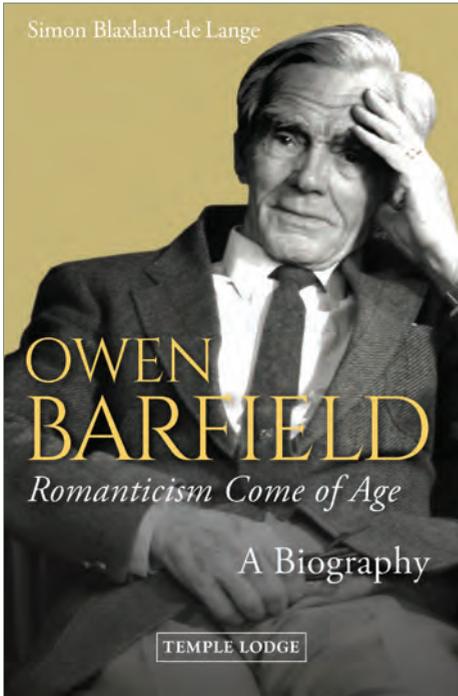
Rudolf Steiner shows how deeply and intimately human beings, the microcosm, are related to the macrocosm. But for Steiner the macrocosm is more than just the physical universe. It includes many hidden realms – like the world of Elements and the world of Archetypes – which lie behind outer manifestations such as our physical body. The macrocosm works within us continuously – in the daily alternation between sleeping and waking and in the great cyclical interchange between incarnation on earth and our time between death and rebirth. Steiner discusses the various paths of self-development that lead across the threshold to spiritual dimensions, transforming human soul-forces into organs of higher perception.

In future we will even have the capacity to evolve a form of thinking that is higher than the intellect – the thinking of the heart.

In this classic series of lectures, now retranslated and featuring a previously-unavailable public address, Rudolf Steiner also discusses: the planets and their connection with our sleeping and waking life; the inner path of the mystic; the 'greater' and 'lesser' guardians of the threshold; the Egyptian mysteries of Osiris and Isis; initiation in the Northern mysteries; the four spheres of the higher worlds; mirror-images of the macrocosm in man; the strengthening powers of sleep; the symbol of the Rose Cross; reading the Akashic Record; four-dimensional space; the development of future human capacities, and much more. The volume includes an introduction, notes and index.

**MAY**  
2021

Trans. by P. King; Intro. by P. King (Twelve lectures, 19–31 March 1910, Vienna, GA 119); RSP; 298pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 85584 589 3; £18.99



Simon Blaxland-de Lange

## Owen Barfield, Romanticism Come of Age A Biography

*'Barfield towers above us all... the wisest and best of my unofficial teachers.'* – C.S. Lewis

Owen Barfield – philosopher, author, poet and critic – was a founding member of the Inklings, the private Oxford society that included the leading literary figures C.S. Lewis, J.R.R. Tolkien and Charles Williams. C.S. Lewis, who was greatly affected by Barfield during their long friendship, wrote of their many heated debates: 'I think he changed me a good deal more than I him.'

Simon Blaxland-de Lange's biography – the first on Owen Barfield to be published – was written with the active cooperation of Barfield himself who, before his death in 1997, gave numerous

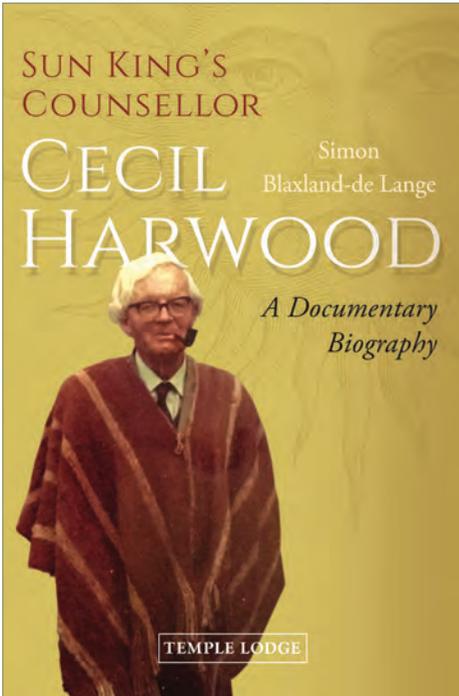
interviews to the author and shared a large quantity of his papers and manuscripts. The fruit of this collaboration is a book that penetrates deeply into the life and thought of one of the most important figures of the twentieth century. It studies the influences on Barfield by the Romantic poet Coleridge and the philosopher Rudolf Steiner (founder of anthroposophy), and elaborates on Barfield's profound personal connection with C.S. Lewis. The book also features a biographical sketch in his own words (based on personally conducted interviews), and describes Barfield's strong relationship with North America and his dual profession as a lawyer and writer. This updated edition features vital new material including Barfield's own 'Psychography' from 1948 and an illustrative plate section.



SIMON BLAXLAND-DE LANGE has for many years worked as an educator for people with special needs as well as a writer and translator. A keen amateur musician and gardener, he is a co-founder of Pericles Translations and Research, Pericles Training and Work for adults with special needs and the Pericles Theatre Company. He first met Owen Barfield in 1979 and has been a student of his work for over 40 years. He is the author of *Sun King's Counsellor*, *Cecil Harwood*, *A Documentary Biography* (2021).

**APR**  
2021

Foreword by A. Welburn; TLP; 390pp (4pp colour plates); 23.5 x 15.5 cm; paperback; ISBN 978 1 912230 72 3; £22.50



*Simon Blaxland-de Lange*  
 Sun King's Counsellor,  
 Cecil Harwood  
 A Documentary Biography

*'He [Harwood] is the sole Horatio known to me in this age of Hamlets...'* – C. S. Lewis, from *Surprised by Joy*

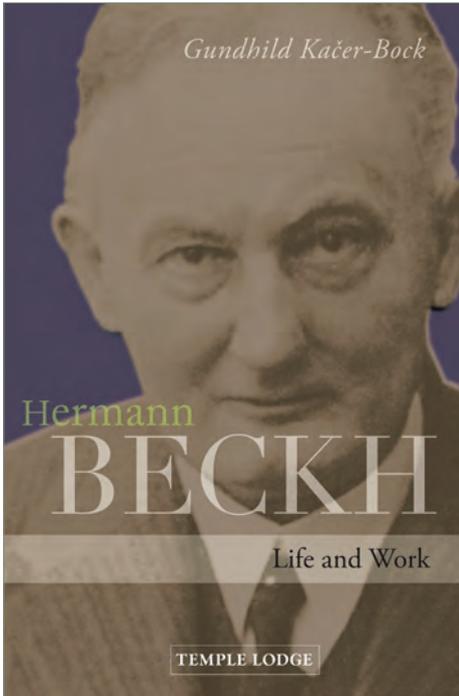
Cecil Harwood (1898-1975) – lecturer, Waldorf teacher, writer, editor and anthroposophist – pioneered and developed the first Rudolf Steiner (Waldorf) school in the United Kingdom (the New School in London, now Michael Hall School in Sussex). He also led the Anthroposophical Society in Great Britain for some 37 years.

In 1922, at the age of 24, Harwood attended a festival of English folk song and dance in Cornwall, alongside his life-long friend Owen Barfield. It was here – and not in the academic

citadel of Oxford University, where they were both part of the literary circle known as the Inklings – that Harwood and Barfield were to encounter the work of Rudolf Steiner through meeting Daphne Olivier. *Sun King's Counsellor* provides an intricate picture of the human connections, cultural movements and spiritual background that contributed to what came together in Cornwall in 1922, leading to Harwood's life's work. Featuring a colour plate section and full index, it documents Harwood's early years and antecedents, marriages to Daphne Olivier and Margaret Lundgren, friendships with Barfield and C.S. Lewis, his life-changing meeting with anthroposophy and Rudolf Steiner, teaching and educational work, and Harwood's critical role in healing divisions within the Anthroposophical Society.

Based on extensive research of primary sources, Blaxland-de Lange's biography reveals the multifaceted, flexible and sacrificial nature of this unique personality. Alfred Cecil Harwood – he preferred 'Cecil' instead of Alfred, with its meaning of 'wise counsellor' – began his career with the hope of becoming a writer, and had neither the intention nor ambition to become a teacher or the head of a national organization. Yet he became both an exemplary teacher and leader, as well as a celebrated author, editor, translator and lecturer.

**APR 2021** TLP; 314pp (8pp colour plates); 23.5 x 15.5 cm; paperback;  
 ISBN 978 1 912230 71 6; £20



Gundhild Kačer-Bock  
Hermann Beckh  
Life And Work

Hermann Beckh (1875-1937) was one of the co-founders of The Christian Community. A remarkable linguist and universal scholar, he mastered six European and six Oriental languages and published more than twenty works on the humanities, dealing with Christology, Cosmology and Musicology. Having first studied Law, he later channelled his extensive research of Hinduism and Buddhism into a renewal of sacramental Christianity. 'Without the Professor', wrote his colleague Rudolf Meyer, the beginnings of the new religious movement were 'unthinkable'.

Gundhild Kačer-Bock – daughter of Beckh's priest-colleague and fellow author Emil Bock – creates a lively picture of a unique personality. Beginning with his birth in Nuremberg and education in Munich, she reviews Beckh's

manifold studies and writings, his meeting with Rudolf Steiner in 1911, the founding of the Movement for Religious Renewal in Stuttgart in 1922, and the seminal Christmas Conference in Dornach in 1923. Having known Beckh personally, she builds on her own memories as well as Beckh's recorded memoirs, and utilizes newly-discovered letters and documents.

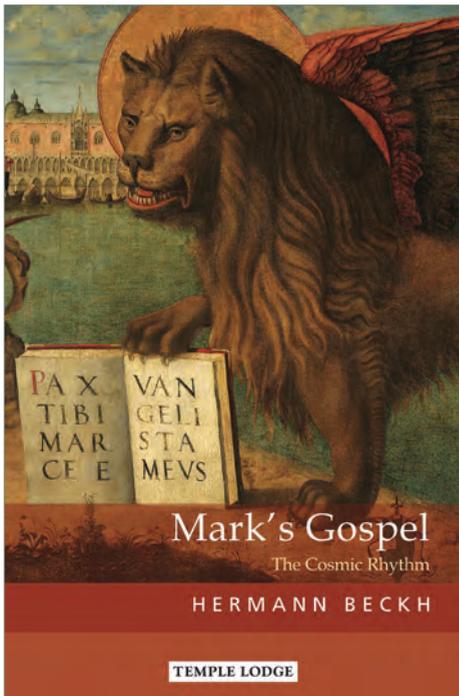
This new edition contains Beckh's fairy-tale 'The Story of the Little Squirrel, the Moonlight Princess and the Little Rose' (featuring colour illustrations by Tatjana Schellhase), with additional appreciations of the author and an illustrative plate section.

*'A University Professor, who had been a Judge and Orientalist, now became a priest with us. He actively took part in carrying the birth of the new ritual words; he was an expert in the mysteries of language... An abundance of books came into existence whose significance perhaps will only be properly appreciated in the future.'* – Emil Bock (1959)

DR GUNDHILD KAČER-BOCK (1924–2008) was the editor of her father Emil Bock's extensive writings as well as his biographer. She was educated at the first Waldorf School in Stuttgart, and later at state schools. In 1941, when she was just seventeen years old, The Christian Community was closed by the Nazis and her father imprisoned.

**MAY**  
2021

Trans. by A. & M. Stott; TLP; 274pp (6pp plates); 23.5 x 15.5 cm; paperback;  
ISBN 978 1 912230 75 4; £20



Hermann Beckh

## Mark's Gospel

The Cosmic Rhythm

Hermann Beckh's masterful study of Mark's Gospel offers much more than scholarly argument. It is the work of a true visionary who allows his readers to discover the meaning of the Earth and of humanity for themselves. Beckh was in the forefront of entirely new research and recovery of the Gospel, writing more for the future than for his own time.

It is not uncommon for biblical scholars to view St. Mark's Gospel as little more than an assemblage of fragmentary sources and a copy of uncertain, early memories. The Gospel is said to have little historical veracity, harmony or guiding structure. Beckh's contemporary, the German writer Arthur Drews, even argued that the text was nothing more than a simplistic solar myth, wherein another Sun-hero pursued his way around the Greco-Roman constellations.

*Mark's Gospel: The Cosmic Rhythm* is a response to such twentieth-century materialistic thinking. Beckh was asked to write the book in the 1920s by the leaders of The Christian Community, who sought to rescue the desecrated Gospel from its opponents. Inspired by Rudolf Steiner and a vast knowledge of ancient languages – Tibetan, Sanskrit, Pali and Avestan along with Hebrew, Greek and Latin – the Rev. Professor Hermann Beckh perceived how the Gospel reflects God's Everlasting Covenant, and meticulously expressed its aesthetic unity, the consonance of its parts and its consequent radiant clarity. His far-reaching understanding of sacred texts in the original languages, always associated with the disciplined meditation he had attained from anthroposophy, led to unprecedented insight. This new edition of his classic study has been revised and redesigned.



HERMANN BECKH (1875-1937) studied Law and later Sanskrit, becoming Professor of Oriental Studies at the University of Berlin. A master of ancient and modern languages, he wrote extensively on religious and philosophical subjects, including Buddhism, Indology, Christianity, Alchemy and Music. He joined the Anthroposophical Society and in 1922 helped found The Christian Community.

MAY  
2021

Trans. by A. & M. Stott; Forewords by R. Frieling & N. Franklin; TLP; 446pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 912230 73 0; £22.50



## Geertje Post Uiterweer Behavioural Disorders in Children and Adults

A Fresh Perspective

*Insight – Empathy – Treatment*

*'This book describes an essential insight, namely that the core or the individual "I" of those with a mental health issue or a learning disability is always healthy.'*

This ground-breaking study describes six constitution types or syndromes that occur in children and adults with learning disabilities and behavioural disorders such as autism, ADHD, obsessive-compulsive disorder (OCD), as well as neurological conditions such as epilepsy. The descriptions of these constitution pictures are the result of complementary scientific research based on the insights of Rudolf Steiner.

In contemporary medicine, the source of behavioural problems and learning disabilities is believed to derive from genetic and environmental factors affecting the brain. The author expands on this knowledge, asking the vital question of what actually underlies these disorders at a deeper level. The answer leads to better understanding, fresh perspectives and new methodologies for therapeutic support.

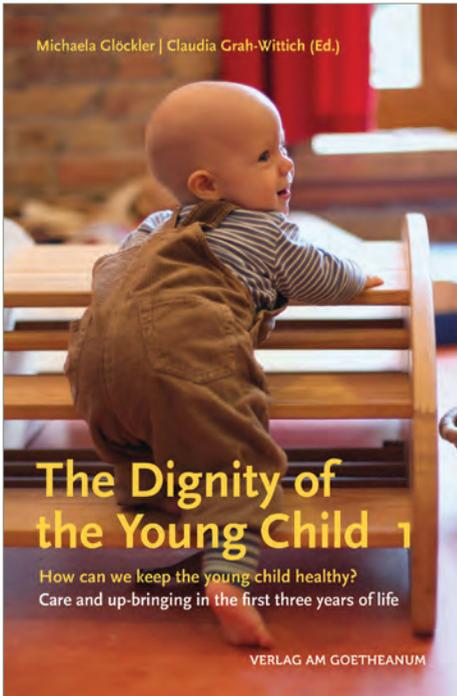
The author gives a comprehensive description of each constitution, including symptoms, causes, interpretations, treatments, approaches and therapy. These aspects are described in accessible, practical and concrete language with examples and illustrations, including analysis of patients' colour drawings. In addition, attention is paid to diagnostic methods and to the relationship of the six constitution types with conventionally-defined syndromes. A number of training exercises for educators and support workers provide further insight into the constitution images described. Written by a highly-experienced educator of children with special needs, this book is intended for teachers and counsellors at all levels.



GEERTJE POST UITERWEER worked for 40 years as a group leader, trainer, educator and teacher for children with special needs and behavioural disorders, including at the Zonnehuizen in Zeist, Netherlands, an institution for children with complex needs. She currently works as a freelance teacher, team-trainer and consultant.

**APR**  
2021

Trans. by E. LeFevre; TLP; 196pp (16pp colour plates); 23.5 x 15.5 cm; paperback;  
ISBN 978 1 912230 74 7; £16.99



*Michaela Glöckler, Claudia Grah-Wittich*  
**The Dignity of the Young  
 Child, Vol. 1**

How can we keep the young child healthy?  
 Care and up-bringing in the first three years  
 of life

*New and successful insights for the care and raising of the child in the first three years of life, produced in coordination with the Association of Waldorf Kindergartens and the Medical Section at the Goetheanum.*

The contributions in this book deal with the process of incarnation in the first three years of life. They highlight questions concerning the young child – walking, speaking and learning to think – on the one hand from the viewpoint of anthroposophic knowledge of the human being, and on the other hand from research by Emmi Pikler.

- How can the young child be given enough free space to best unfold its innate capacities for the future?
- How can the child's autonomous will-to-learn be supported and promoted, so that its personality can develop on the basis of trust and security?
- How can the relationship skills of the young child be formed by attentive and trusting togetherness in care situations, as a prerequisite to be freely active?
- How should the surroundings of the little child be designed, also with regard to the self-education and self-development of the parents and educators, so that it can experience being by itself and then again in connection with its surroundings?

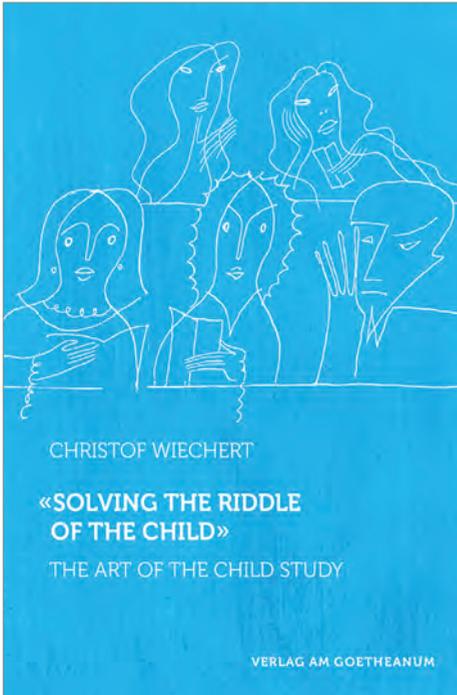
The answers to these four essential questions correspond to the current state of knowledge and practical experience. In order to optimally support the child in its development in a world that is often not child-friendly, the interdisciplinary combination of medical–psychological–pedagogical research has proven to be particularly fruitful and forward-looking.

MICHAELA GLÖCKLER was born in Stuttgart in 1946. She was a pediatric and Waldorf school doctor, co-initiator of the European alliance and the head of the Medical Section at the Goetheanum.

CLAUDIA GRAH-WITTICH was born in 1957. She is a qualified social worker and works in parenting counselling, early intervention and adult education at Der Hof free educational facility in Frankfurt-Niederursel.

**JAN**  
2021

Trans. by A. Schmitt-Stegmann; Colour illustrations throughout; VAG; 208pp; 23 x 15.8 cm; paperback; ISBN 978 3 72351 615 7; £16.99



*Christof Wiechert*  
**Solving the Riddle  
 of the Child**  
 The Art of Child Study

It may be a truism to say that every teacher should make efforts to understand his or her pupils. Our real understanding, after all, can be a sure foundation and support for children's whole development, and without this our lessons will be a random undertaking that connect with our pupils only in a superficial way at best. A skilled teacher seeks to understand their pupils so that they can raise learning beyond mere compulsion or drill.

It was Rudolf Steiner's ideal that the weekly pedagogical meetings in Waldorf schools should support teachers' continually developing insight into their pupils. He exhorted them to 'become psychologists', but did not mean this in the commonly understood sense. He himself

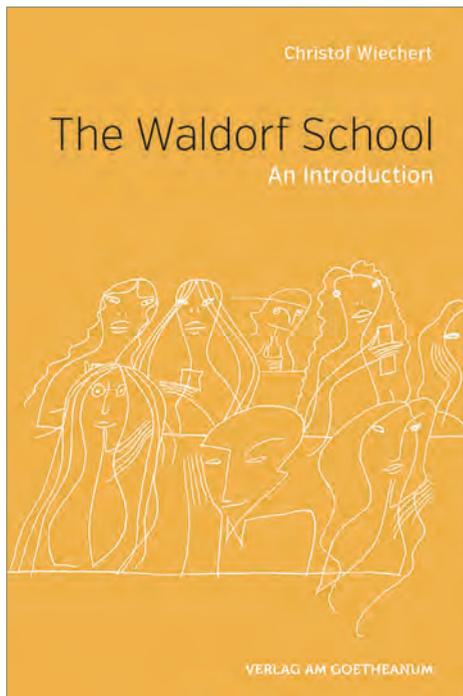
demonstrated this 'art of evolving insight' in the faculty meetings in which he participated on many occasions. One can say that it is an essential part of the quality of our work as teachers for us to develop these skills of perception, reflection and insight. Christof Wiechert picks up these suggestions of Steiner's anew. He elaborates from them the art of the child study as a key tool in nurturing pupils' development and, at the same time, teachers' own growing powers of insight. In short, the approach described here can enliven the educational and social dimensions of a whole school community.



CHRISTOF WIECHERT studied education and geography, and was a Waldorf teacher in The Hague for thirty years. He co-founded the Waldorf teacher seminar in the Netherlands and was a board member of the Anthroposophical Society in the Netherlands. From 1999–2010 he was head of the Pedagogical Section at the Goetheanum. Currently, he is still active for the School of Spiritual Science and dedicates himself to pedagogical and anthroposophical work at home and abroad. He is married and has five children.

**JAN**  
2021

Trans. by M. Barton; VAG; 232pp; 17.8 x 11.8 cm; paperback;  
 ISBN 978 3 72351 527 3; £11.99

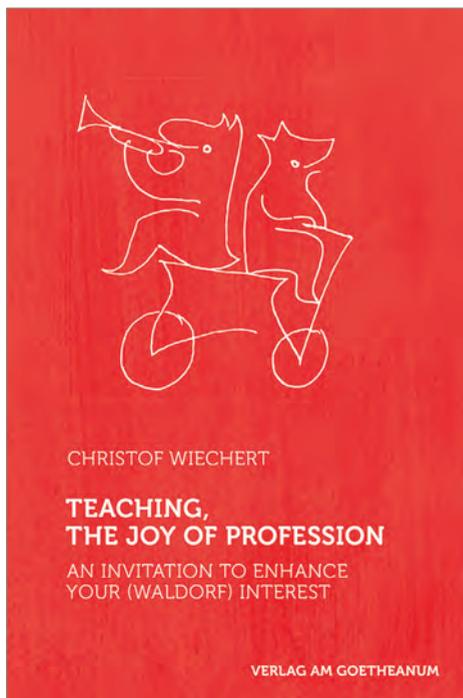


*Christof Wiechert*  
**The Waldorf School**

**An Introduction**

What is distinctive about Waldorf or Rudolf Steiner schools? How do their pedagogical aims relate to the wide range of educational provision available today? Waldorf schools pursue an innovative educational practice that could enliven, inspire and renew many aspects of today's education system. This accessible and straightforward book describes the core concerns of Waldorf education and the current challenges it faces. It is intended for parents, teachers and trainee teachers – and anyone else who is interested in understanding what these schools are about but who may not wish to grapple with some of the educational theories underlying this approach.

**JAN 2021** Trans. by M. Barton; VAG; 120pp; 17.8 x 11.8 cm; paperback; ISBN 978 3 72351 539 6; £7.99



*Christof Wiechert*

**Teaching, The Joy of Profession**

**An Invitation to Enhance Your (Waldorf) Interest**  
 To be a teacher and teaching children and youngsters is still a wonderful profession: it never gets dull or boring! But it is also a professional life that is under pressure: complex demands, delivering sound results, yet also being attentive to the individual needs and development of the students whilst helping parents to understand their own children. All this demands a multi-tasking talent from the teacher. The teacher is constantly serving others without time for him or herself. Working in this profession one can easily lose balance – the balance between inner needs and demands by children, their performances, the parents and the school organism as a whole. If that happens, then one can grow sour within this delightful profession. This book is a guide to finding that balance and gaining access to more energy.

**JAN 2021** Trans. by D. Winter; VAG; 184pp; 17.8 x 11.8 cm; paperback; ISBN 978 3 72351 473 3; £9.99

*Michaela Glöckler, Rolf Heine (eds.)*  
 Leadership questions and  
 forms of working in the  
 anthroposophic medical  
 movement

Rudolf Steiner is known around the world as an author, speaker and the creator of anthroposophy, yet few are aware of him as the inaugurator of new ways of working together. As a result, questions of management and leadership are especially challenging, even in institutions that work out of anthroposophy. Here the model for forms of collaboration created by Steiner in 1923/24 can serve as an inexhaustible source of inspiration. Using this social concept as an orientation, the authors show how the social framework of the anthroposophic medical movement has evolved and stood the test of time since 1988. A 'leadership style with heart' was needed that could unite

the principles of individual responsibility, collegial leadership and democratic codetermination.



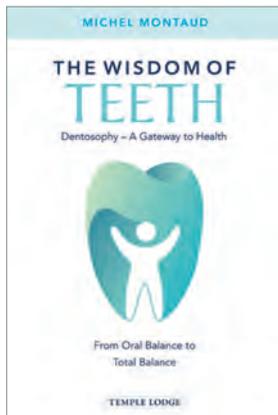
**MICHAELA GLÖCKLER** – Born in Stuttgart in 1946. Waldorf student, studied philosophy, history, German and theology in Freiburg and Heidelberg and medicine in Tübingen and Marburg, accompanied by continuous personal study in anthroposophy. Further training as a pediatrician at the community hospital in Herdecke and the university clinic in Bochum. Pediatric and Waldorf school doctor until 1988. Since 1989, head of the Medical Section at the Goetheanum until 2016. Lecturing and medical training (IPMT) at home and abroad. Co-initiator of the European alliance ELIANT. Numerous publications.



**ROLF HEINE** – Active in the nursing management and head of the academy for nursing professions at the Filderlinik. Since 2000, coordinator of the International Forum for Anthroposophic Nursing in the Medical Section. Lecturing and seminars, publications in books and magazines.

**JAN**  
2021

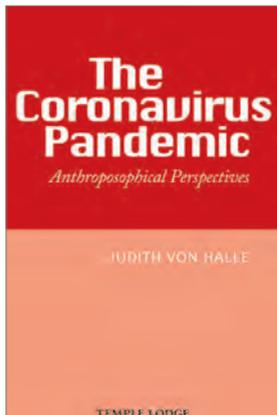
Trans. by C. von Arnim; VAG; 246pp; 20 x 13 cm; paperback;  
 ISBN 978 3 72351 584 6; £14.99



**Michel Montaud**

The Wisdom of Teeth  
Dentosophy – A Gateway to Health. *From Oral Balance to Total Balance*

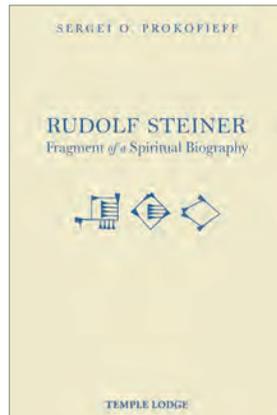
October 2020; Translated by F. Jacquot and A. Destailleur; TLP; 142pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 912230 48 8; £14.99



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Pandemic  
Anthroposophical Perspectives

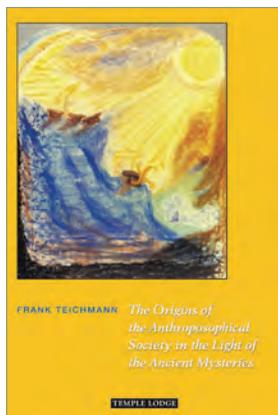
September 2020; Trans. F. Thomas Smith; TLP; 118pp; 21.5 x 13.5 cm; paperback; ISBN 978 1 912230 54 9; £12.99



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Rudolf Steiner,  
Fragment of a Spiritual  
Biography

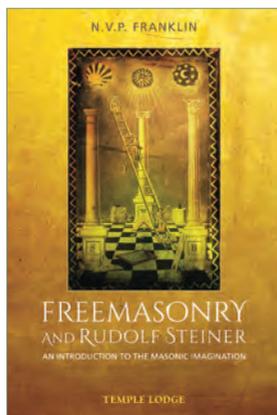
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**Frank Teichmann**

The Origins of the  
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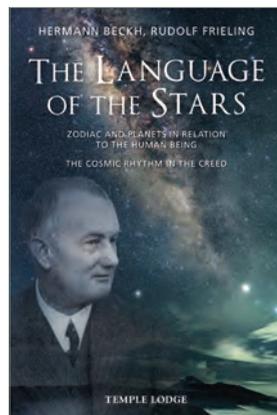
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**Hermann Beckh,  
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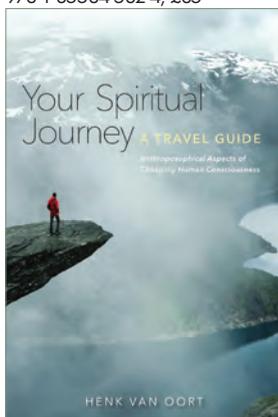
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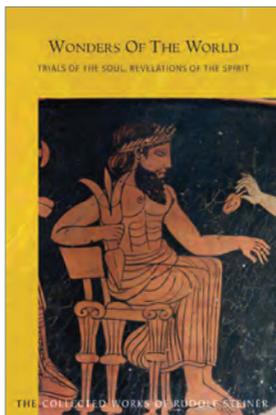
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**Henk Van Oort**

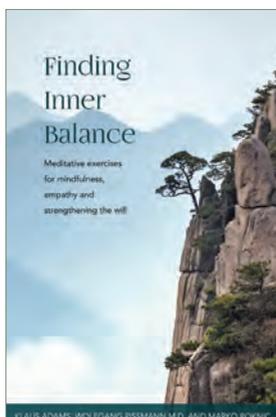
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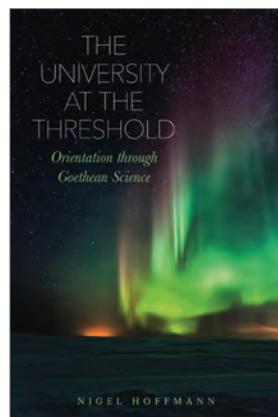
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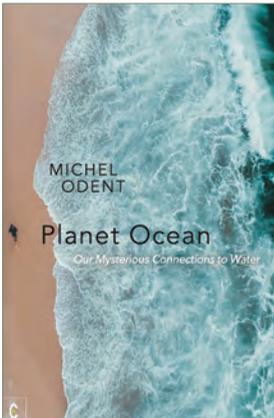
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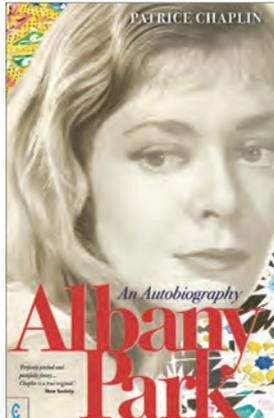
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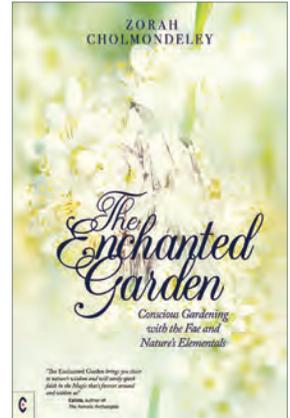
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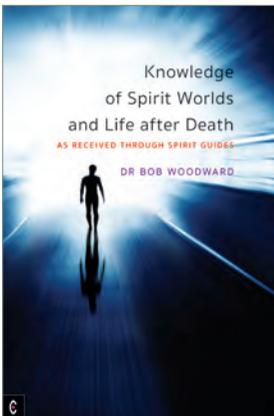
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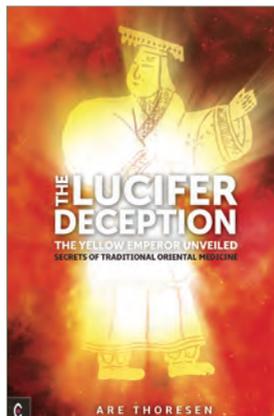
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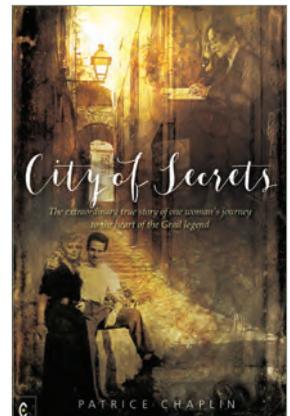
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