



RUDOLF STEINER PRESS
TEMPLE LODGE PUBLISHING
CLAIRVIEW

NEW BOOKS 2015



ORDER INFORMATION

ORDER ADDRESS

BookSource
50 Cambuslang Rd, Glasgow G32 8NB
Tel: 0845 370 0067
(international +44 141 643 3961)
Fax: 0845 370 0068
(international +44 41 642 9182)
E-mail: orders@booksource.net

TRADE TERMS

Reduced discount under £30 retail (except CWO)
United Kingdom: Post paid
Abroad: Post extra

NON-TRADE ORDERS

If you have difficulty ordering from a bookshop or our website you can order direct from BookSource.
Send payment with order, sterling cheque/PO made out to 'BookSource', or quote Visa, Mastercard or Eurocard number (and expiry date) or phone 0845 370 0067.

UK:

Add £2.50 for the first book and 50p per book thereafter

Europe Airmail & Rest of World Surface Mail:

Add £4.00 for the first book and £1.50 per book thereafter

Rest of World Airmail:

Add £5.00 for the first book and £1.50 per book thereafter

RETURNS

All orders are supplied on firm sale.
Returns can only be authorized by
Rudolf Steiner Press or Temple Lodge Publishing.

OVERSEAS DISTRIBUTION

AUSTRALIA

Footprint Books Pty Ltd,
4/8 Jubilee Avenue,
Warriewood, NSW 2102,
Tel: +61 2 9997 3973
Fax: +61 2 9997 3185
Email: footprint@footprint.com.au

CANADA

Tri-fold Books
PO Box 32, Stn. Main, Guelph, Ontario N1H 6J6
Tel: (+1-519) 821 9901
Fax: (+1-519) 821 5333

NEW ZEALAND

Ceres Books
PO Box 11-336, Ellerslie, Auckland 5
Tel: (++64-9) 574 3356
Fax: (++64-9) 527 4513
E-mail: info@ceresbooks.co.nz

SOUTH AFRICA

Rudolf Steiner Publications SA
Sophia House, 18 Firfield Road,
Plumstead, 7800 Cape Town
Tel: (+27) 21 761 9600
E-mail: steinerp@netactive.co.za

USA

SteinerBooks (Anthroposophic Press)
P.O. Box 960, Herndon, VA 20172-0960
Toll Free Order **Tel:** 800-856 8664
Fax: 703 661 1501
E-mail: service@steinerbooks.org

RUDOLF STEINER PRESS — TEMPLE LODGE PUBLISHING — CLAIRVIEW BOOKS

EDITORIAL CONTACT:

Rudolf Steiner Press
Temple Lodge Publishing
Hillside House,
The Square, Forest Row,
East Sussex
RH18 5ES

Clairview Books
Russet
Sandy Lane
West Hoathly
West Sussex
RH19 4QQ

Tel: 01342 824433 **Fax:** 01342 826437
01342 824000

E-mails: office@rudolfsteinerpress.com
office@templelodge.com
office@clairviewbooks.com

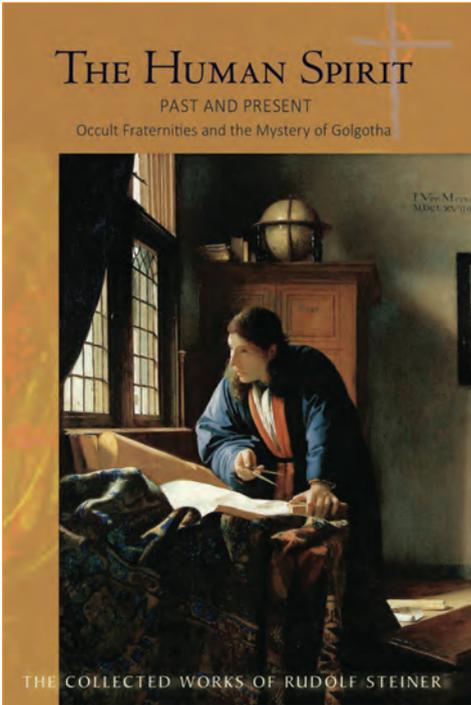
Prices in this catalogue are valid in the United Kingdom only and are correct at **1 November 2015** but are subject to change without notice. All books are net.

E-MAILING LISTS

**For regular updates on new books
please join our e-mailing lists.**

**Click on the 'Join our e-mailing list'
links on each of our websites:**

Websites: www.rudolfsteinerpress.com
www.templelodge.com
www.clairviewbooks.com



Rudolf Steiner

The Human Spirit

Past and Present – Occult Fraternities and the Mystery of Golgotha

'To live in truth, to wish to be true in one's whole being, will be the watchword of the future.'

– Rudolf Steiner

In the midst of the lies and propaganda of the Great War, Rudolf Steiner struggled to convey the truths of the human spirit. The 'truth' asserted by partisan interests, he suggested, was invariably tinged with dishonesty – whether the outright mendacities of politicians and rulers (Steiner refers here to the machinations of the British Empire), or the manipulative techniques of secret societies, intent on securing and shoring up their own power. In relation to the latter, Rudolf Steiner highlights how, whilst we tend to reject overt authority nowadays, we succumb more easily to its covert forms in the 'received wisdoms' we often un-

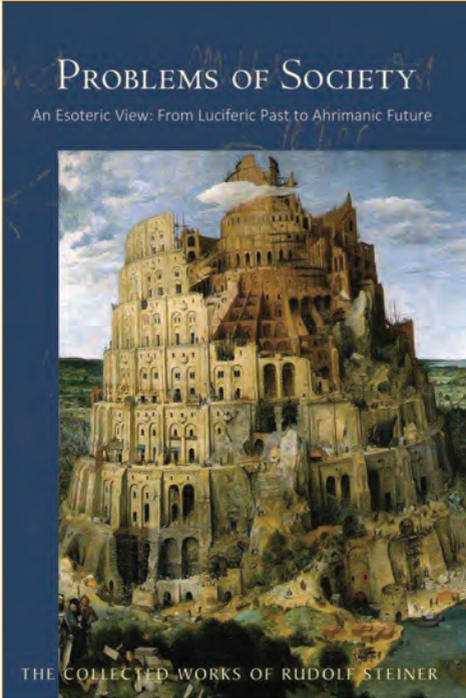
thinkingly adopt. In seeking to help his audiences discern the spiritual struggle unfolding behind outer events, Steiner describes how the intrigues that led to the war were based on intentional deceit, which served hidden aims of which the public was mostly kept in the dark.

In contrast to the divisiveness of *untruth*, *truth* is based on a realization of the interconnectedness of all things – of interdependence between the realms 'below' and 'above' us. The 'I', upon which all evolution on earth is predicated, signifies an *overcoming* of egotism and narrow interests, together with the imaginative embrace of all beings. Its spiritual reality – that descends to us from non-material worlds and towards which we evolve through earthly lives – is the epitome of truth.

Amidst many other topics covered here, Rudolf Steiner speaks about The Qur'an and the Mystery of Golgotha; Henry VIII, Thomas More and the Church of England; the Jesuits and their State in Paraguay; Freemasons, esoteric symbols, and handshakes; Madame Blavatsky's occult imprisonment by Anglo-Saxon brotherhoods; Dostoyevsky's *The Brothers Karamazov*; and the occult literature of Papus and Lévi.

Trans. M. Barton (12 lectures, Berlin, Feb.–May. 1916, CW 167);
RSP; 304pp; 23.5 x 15.5 cm; ISBN 978 1 85584 522 0; pb; £18.99

DEC
2015



Rudolf Steiner

Problems of Society

An Esoteric View, From Luciferic Past to Ahrimanic Future

'Whatever turbulent outward events occur in the world ... we only really hearken to the true, underlying nature of these events ... if we observe the world from a spiritual perspective.' – Rudolf Steiner

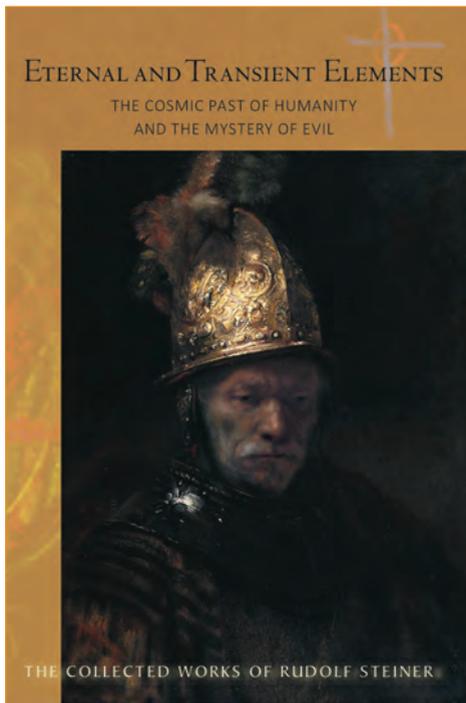
In seeking to heal the many social crises of our time, Rudolf Steiner urges us to turn away from 'fixed principles, theories or social dogmas' and to re-discover the real nature of the human being. This inner reality – that cannot be understood in materialistic or deterministic ways – is the only basis on which society can truly be founded. But it is not sufficient to speak of well-meaning ideas, he says, unless we are also active in working for change; change that begins with each of us.

In 1919, a year marked by strong social and political upheavals, Steiner was deeply concerned with questions relating to society. Having published a book on the subject (*Towards Social Renewal*), he embarked on a major campaign to publicize his 'threefold' social ideas. In addition to public lectures, however, Steiner sought to deepen the subject in a series of talks to members of the Anthroposophical Society. These lectures, gathered in this volume, reveal the 'inner' or 'esoteric' aspects of the social question. They complement Steiner's very practical efforts to realize threefolding in the historical context of his time.

Whilst Steiner's suggestions for social change may not seem self-evident to pragmatic thinking, they will strike a resonant chord in many who seek deeper answers to the social problems of our times – problems that politicians seem unable to remedy. Amidst the many themes tackled here, Steiner addresses the issue of nationalism as a retrograde tendency; the tasks of Central Europe and Britain in relation to the East; the incarnation of Ahriman in the West, and the historical incarnation of Lucifer in the third millennium BC.

Trans. M. Barton (10 lectures, various cities, Feb.–Nov. 1919, CW 193); RSP; 216pp; 23.5 x 15.5 cm; ISBN 978 1 85584 516 9; pb; £15.99

NOV
2015



Rudolf Steiner

Eternal and Transient Elements in Human Life

The Cosmic Past of Humanity
and the Mystery of Evil

In what has been referred to as ‘the most advanced course in anthroposophy’, Rudolf Steiner addresses one of the great questions of our time: the role of evil in human development. He speaks of the year 666, when three time streams intersected – the familiar linear stream and two ‘lateral’ streams – and the reoccurrence of the 666-year rhythm in history. At the heart of this mystery is the being Sorat (‘the beast’), who attempted to flood humanity with premature spiritual knowledge by inspiring the scholars of the ancient Academy of Gondishapur. Although responsible for the saving of Aristotle’s works, Steiner describes how the Academy generated tremendous but dangerous gnostic wisdom, which

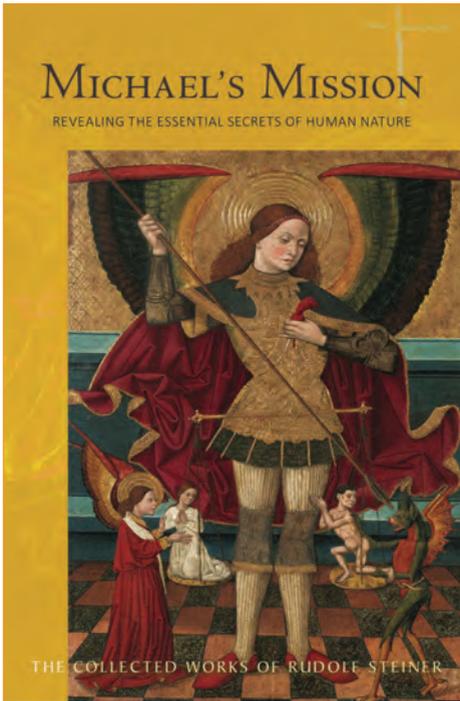
eventually spread through the Christian monasteries and inspired Western scientific thought. Its immediate negative impact, however, had to be counteracted by the Prophet Muhammad and the founding of Islam.

In contrast to the 666-year rhythm in history, the 333-year rhythm is connected to the healing forces of the Mystery of Golgotha. The year 333 was a central point in the post-Atlantean age, but also a pivotal moment in establishing the Christ Impulse and the new equilibrium it brought to humanity, allowing people to gain wisdom through their own efforts. Such wisdom enables insight into three key areas: supersensible knowledge of birth and death; understanding of an individual’s life; and the ability consciously to confront the adversarial beings of Lucifer and Ahriman.

Steiner addresses a host of additional themes, including occult Freemasonry in Anglo-American countries; materialism in the Roman Catholic Church; prophetic and apocalyptic vision; dualism and fatalism in pre-Christian times; and the delusion of time and space. Seeking to awaken his listeners to the urgency of the tasks ahead of them, he urges that spiritual understanding be enlivened with enthusiasm, fire and warmth of heart.

Trans. A. Meuss (15 lectures, Dornach, Sept.–Oct. 1918, CW 184);
RSP; 336pp; 23.5 x 15.5 cm; ISBN 978 1 85584 523 7; pb; £20

DEC
2015



Rudolf Steiner

Michael's Mission

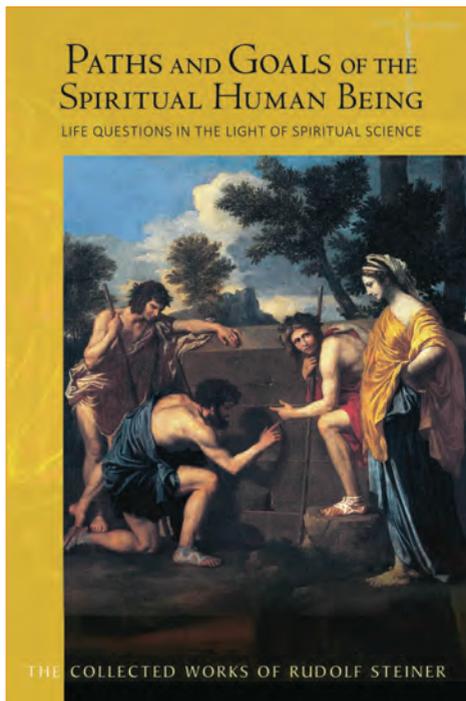
Revealing the Essential Secrets
of Human Nature

Speaking in the aftermath of the Great War, Rudolf Steiner presents a series of extraordinary lectures on the power and mission of the Archangel Michael. He paints on a broad canvas – in the context of cosmic and human evolution – revealing Michael's tasks in the past, present and future. Originally the countenance of Yahweh, Michael has metamorphosed from a 'night spirit' to a 'day spirit'. As 'the Countenance of Christ', Michael helps us find a balance between 'luciferic' and 'ahrimanic' tendencies. The old 'dualism' (such as good versus evil), says Steiner, needs to be replaced by the trinity of Lucifer-Christ-Ahriman. Filling our heart with the Christ Impulse creates an equilibrium between the luciferic influence that imbues our head and the ahrimanic influence at work in our limbs.

Rudolf Steiner describes how humanity faces three dangers in the social sphere: spiritual life could flow into the 'pit of mendacity' ruled by Ahriman, individual rights might descend into the 'pit of selfishness' (Lucifer), and economics into cultural sickness and death (Asuras). In order to prevent European-American culture from perishing, it will be necessary to turn towards contemporary 'three-fold' social ideas.

Steiner also speaks about the principle of metamorphosis in connection with evolution and devolution, as evident in the design of the pillars in the newly-built Goetheanum. Architectural styles are an expression of human evolution, as can be seen in Greek temples, gothic Cathedrals, the Grail temple and the building at Dornach. Amidst many other themes, Rudolf Steiner addresses the problem of natural necessity and freedom, and the abolition of the trichotomy of body, soul and spirit at the Council of Constantinople in AD 869.

Trans. J. Collis (12 lectures, Dornach, Nov.–Dec. 1919, CW 194); **NOV 2015**
RSP; 272pp + 12pp colour plates; 23.5 x 15.5 cm; ISBN 978 1 85584 517 6; pb; £20



Rudolf Steiner

Paths and Goals of the Spiritual Human Being

Life Questions in the Light
of Spiritual Science

Speaking to audiences in Denmark, Germany and France, Rudolf Steiner discusses a wide range of topics: from positive and negative human soul capacities, true self-knowledge and karma, to changes in human consciousness – all in the context of the incarnation of Christ on earth.

The lectures illustrate the diversity of Steiner's approach when speaking to different audiences. Reflecting on the polymath Novalis, for example, he is urgent about the responsibility of spiritual science to help humanity awaken to the new age. A few months later, talking of Hegel and deploring the fact that an interest in spiritual matters often fails

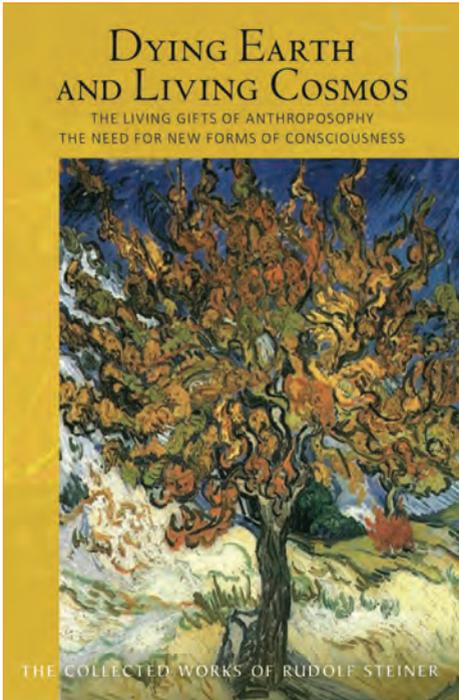
to be accompanied by an equal interest in logical thought, Steiner uses a dispassionate, philosophical tone. But throughout the lectures he is consistent in his view that spiritual science does not reject conventional science. Trained philosophical thinking leads to different conclusions than materialism, he says, but there is nothing in the field of spiritual science that need be rejected by rigorous scientific thought.

Although the lectures were given to a variety of audiences, ideas recur from different perspectives and in different contexts, with strong thematic links binding them together. These include the relationship between philosophy and science; the nature of clairvoyance; Christ's presence in the etheric realm; reincarnation and karma; Christmas and its symbols; and the transformation of consciousness that occurred when Christ incarnated on earth.

In the final lectures, Rudolf Steiner speaks inspiringly about the Christmas festival, contrasting the feeling of inwardness that people used to experience with the hectic cultural environment of modern cities. However, this does not lead Steiner to be nostalgic about the past. Rather, he states, we should seek to recreate a mood of inwardness in a new way, appropriate to our modern age and consciousness. These lectures give us the tools to bring such a contemporary spiritual approach to our lives.

Trans. C. von Arnim (14 lectures, various cities, Jan.–Dec. 1910, CW 125);
RSP; 296pp; 23.5 x 15.5 cm; ISBN 978 1 85584 421 6; pb; £17.99

JUN
2015



Rudolf Steiner

Dying Earth and Living Cosmos

The Living Gifts of Anthroposophy
The Need for New Forms of Consciousness

These authoritative lectures, delivered during a period of deep crisis and conflict in world history, present a comprehensive spiritual teaching for contemporary humanity. Despite the raging world war, Rudolf Steiner was still actively touring Central Europe whilst simultaneously completing work on his architectural masterpiece, the first Goetheanum, in neutral Switzerland.

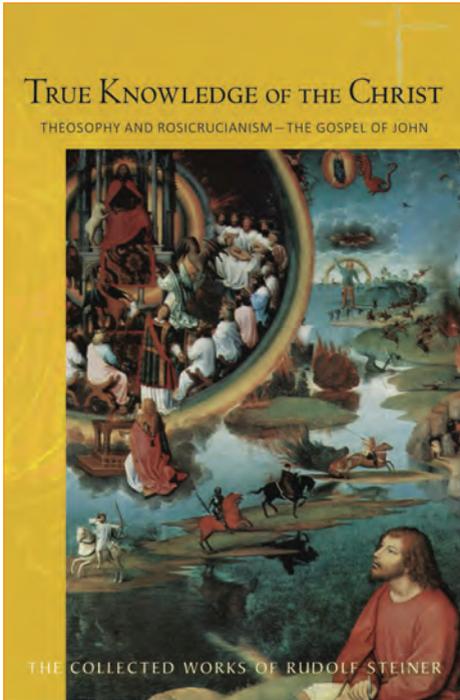
The building of the Goetheanum – undertaken by a community of people from seventeen nations at war – forms a thematic backdrop to the lectures. In speaking of the walls in the new building, for example, Rudolf Steiner describes how their forms

are not confining, but rather express an openness to the surrounding cosmos. Likewise, the carved motifs on the architraves of the wooden pillars are not fixed ‘symbols’ but are alive and continually metamorphosing. These observations are reflected in Steiner’s broader discussions. He speaks of extending and deepening our connection with the world and the cosmos, going beyond our usual narrow limits and definitions to engage in ‘community with the realities of existence’. We can do this, for example, with the so-called ‘dead’, who find it difficult to relate to sense-bound thinking. Rudolf Steiner explains how we can connect with them, greatly enriching our lives and ‘making an enormous difference to their souls’. The distinction between fixed symbols and living motifs takes us to the core of anthroposophy, striving never to rest in inert forms of thought. In the field of education, Steiner thus warns about ‘external measuring’ of pupils and linear models of cognitive learning.

Throughout the three lecture courses included here – which together form a kind of compendium of anthroposophy at the time – Steiner touches upon a wealth of absorbing themes, including the ‘discovery’ of America, the contrast between East and West, the qualities of European ‘folk souls’, Valentin Andrae’s *Chymical Wedding*, and Darwinism.

Trans. M. Barton (21 lectures, Berlin, Jan.–Aug. 1918, CW 181);
RSP; 400pp; 23.5 x 15.5 cm; ISBN 978 1 85584 419 3; pb; £22.50

JUN
2015



Rudolf Steiner

True Knowledge of the Christ

Theosophy and Rosicrucianism
The Gospel of John

In the two lecture courses featured in this volume, Rudolf Steiner presents a radical new paradigm. Tackling the central dilemma of modern civilization – the polarisation of science and spirituality – he seeks to broaden natural science through a comprehensive *spiritual science*. Rather than harking back to old spiritual forms or religions, Steiner's approach is based on a conscious and systematic intensification of thinking and perception.

Rudolf Steiner approaches this spiritual-scientific task from two perspectives. In Kassel, Germany, he deepens insight into theosophy and Rosicrucianism, showing their relationship to science and religion.

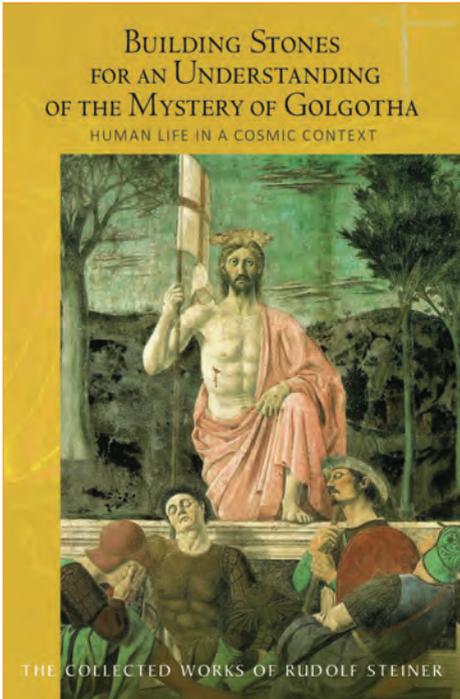
Although presented as an 'introduction', Steiner was never interested in simply providing information – not even in the form of new revelations – and his insights are from fresh angles and with new illustrative examples. These lectures deepen and develop key elements found in his fundamental works *Occult Science*, *An Outline* and *Theosophy*. Also featured are the fascinating question-and-answer sessions from the Kassel lectures.

In Basel, Switzerland, Rudolf Steiner discusses that most esoteric of the accounts of the life of Christ: the Gospel of John. Whilst the focus is on the gospel, basic tenets of spiritual science, human existence and world evolution are considered, as is the concept of karma and the true nature of Christianity. In both sets of lectures Steiner dwells on the Prologue to the Gospel of John (given in his own translation), which offers a meditative approach to gaining insight into both the gospel and Christianity as a whole.

Rather than distancing us from life, each of the lectures in this volume brings us closer to reality. As Rudolf Steiner states: 'Rosicrucian theosophy... does not make us into eccentrics, outsiders, but into friends of existence, for it doesn't look down on everyday life, alienating us from our mission on earth; it brings us closer.'

Trans. A. Meuss (22 lectures, Kassel and Basel, Jun.–Nov. 1907, CW 100);
RSP; 304pp; 23.5 x 15.5 cm; ISBN 978 1 85584 415 5; pb; £20

JUN
2015



Rudolf Steiner

Building Stones for an Understanding of the Mystery of Golgotha

Human Life in a Cosmic Context

'If one is unable to conceive of the Christ mystery as a true reality, one also cannot develop any ideas and concepts relating to the rest of world existence that are imbued with reality, which really penetrate to the truth'. – Rudolf Steiner

In a series of 17 lectures, Rudolf Steiner throws new light on the historical background and esoteric meaning of what he refers to as the central event of human and earthly history: the Christ mystery or 'the Mystery of Golgotha'. Basing his commentaries on personal spiritual research, Steiner emphasizes the key nature of the Mystery of Golgotha, through which '...something was accomplished which has to

do not with the moral order alone but with the whole world-order in its entirety'. This relates to a transformation of the spiritual environment of the earth and a potentially radical change in human consciousness.

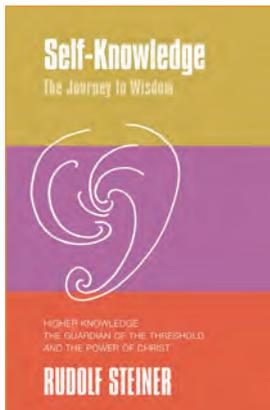
Building on the core themes of this course, Steiner presents a variety of fascinating topics, including: original sin and the idea of resurrection; faith and knowledge; the nature of sleep and the riddle of fatigue; the violation of the mysteries by the Roman Emperors; the teachings of Mani and Augustine; our relationship to the dead in spiritualistic séances; and the correspondence between the Platonic year, a day in a person's life and a human life-time.

Although first delivered to audiences a century ago, these lectures have lost none of their resonance; indeed, their essential message is perhaps more relevant than ever. They are published here in a new translation and for the first time in a complete English edition.

'So let us endeavour to make spiritual science our own not merely as a teaching but as a language, and then wait until we find the questions in this language that we may address to Christ. He will answer, yes He will answer!'

Trans. S. Blaxland-de Lange (17 lectures, Berlin, Feb.–May 1917, CW 175); RSP; 400pp; 23.5 x 15.5 cm; ISBN 978 1 85584 420 9; pb; £22.50

JUN
2015



Rudolf Steiner

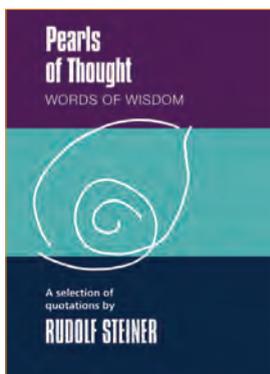
Self-Knowledge The Journey to Wisdom

Higher Knowledge, the Guardian of the Threshold
and the Power of Christ

Many spiritual traditions speak of a 'guardian' or 'dweller' who protects the threshold to the spiritual world, warning the unprepared to pause in their quest for access to higher knowledge. The Guardian reveals the consequences of our negative actions and points to the full reality of our untransformed nature. This experience is said to be one of the deepest and most harrowing on the inner path, but is an essential precondition to any form of true initiation. The words 'Know thyself' were inscribed at the forecourt of the ancient Greek Temple of Apollo. Those who sought initiation in 'the mysteries' were thus instructed first to look within themselves. Likewise today, as spiritual seekers we need true self-knowledge, to distinguish between what belongs to our consciousness and what is objectively part of the spiritual environment. Rudolf Steiner taught that as long as we draw back from such knowledge, our spiritual quest will be unsuccessful. When we begin engaging with anthroposophy, it becomes clear that Steiner's teachings are not a doctrine or set of dogmas, but a path towards deeper insights. In this essential handbook, the editor has drawn together many of Rudolf Steiner's statements on the intricate and arduous path of self-knowledge, offering ongoing support and guidance.

Trans. M. Barton; compiled by A. Neider (Selections, various GAs);
RSP; 98pp; 21.5 x 13.5 cm; ISBN 978 1 85584 412 4; pb; £9.99

MAY
2015



A selection of quotations by Rudolf Steiner

Pearls of Thought

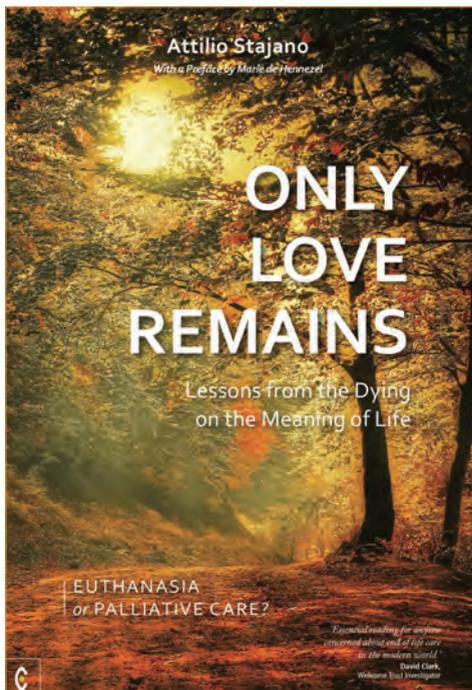
Words of Wisdom

'Truth is simple only for those who first wrestle their way through multiplicity. It is like a thread of many pearls.' – Rudolf Steiner

Like pearls in the oyster, pearls of thought are easily overlooked. Lying hidden in texts, they keep their light under a bushel, serving the greater framework and context. But if we draw them out they begin to shine, revealing their translucent facets and intrinsic harmony. In this meditative treasure, the editor has harvested and threaded together such pearls from Rudolf Steiner's books, creating new textures and striking panoramas. Dynamic constellations of thought arise, allowing us unusual and surprising access to Steiner's spiritual and philosophical thinking. In contrast to the prevailing view that meaning arises only in context, these self-sufficient verbal universes show us that the opposite can also be true. The pearls of thought in this compact pocket book acquire enhanced meaning in isolation, mysteriously becoming independent of the thoughts and phrases that precede or follow them. This collection of quotations, free of jargon or technical terminology, is accessible to all readers interested in developing a meaningful understanding of the human being's place in the world and cosmos.

Trans. M. Barton; compiled by D. Baumgartner (Selections, various GAs);
RSP; 82pp; 17.5 x 12.5 cm; ISBN 978 1 85584 413 1; pb; £7.99

MAY
2015



Attilio Stajano

Preface by Marie de Hennezel

Only Love Remains

Lessons from the Dying
on the Meaning of Life
Euthanasia or Palliative Care?

'Written with grace and insight, this should be essential reading for anyone concerned about end-of-life care in the modern world.'

– David Clark, Wellcome Trust Investigator,
University of Glasgow

What happens to the dying in the final days and weeks of their lives? What emotions come to the surface and what do they want to talk about? Attilio Stajano, a volunteer worker at the palliative care ward of a Brussels hospital, presents a series of deeply-moving personal encounters with seriously-ill patients. The dying, he discovers, have much to teach the living. Whilst their stories are all different, they share one thing in common: in the end, when all is said and done, *only love remains...*

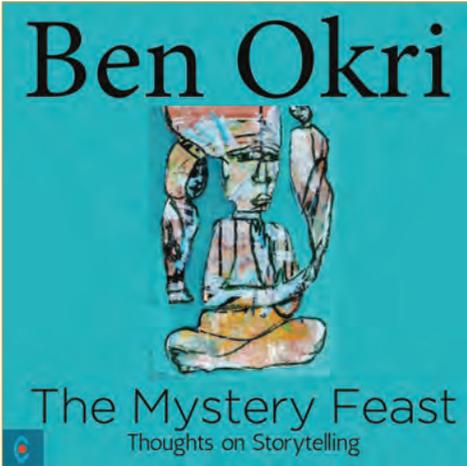
How should we respond to the challenge of death? As a society and as individuals, we can choose to be patient and sensitive, giving dignity to those reaching the end of their lives – even when those lives appear to have no further value. The period leading to death can be full of profound experiences, telling us much about the meaning of life and the abiding nature of love. If we see the terminally-ill as an inconvenience, however, we forego the possibility of finding unexpected resources in ourselves: a tenderness, a touch, a readiness to assist that we did not know we were capable of.

Underlying this book is the momentous and very current debate over euthanasia. In a comprehensive appendix, the author reports on the provision of palliative care services and the laws governing euthanasia in European and English-speaking countries around the world, and the implications these have for the way we value and care for the dying.

'Simple and precise words that say fundamental things about the thoughts and affections of those who present to us the meaning of the life they are leaving.' – Tullio De Mauro, Professor of Linguistics, University of Rome La Sapienza

CVB; 220pp; 23.5 x 15.5 cm; pb; ISBN 978 1 905570 77 5; £14.99

NOV
2015



Ben Okri

The Mystery Feast

Thoughts on Storytelling

'In every moment, we are part of the infinite stories that the universe is telling us and that we are telling the universe.'

Packed with ideas and inspiration, *The Mystery Feast* offers numerous pathways into the magical world of storytelling. Beginning with a poem, 'All we do', Booker prize-winning novelist Ben Okri presents his considered thoughts on the purpose and meaning of stories, concluding with a series of

condensed 'Notes to the modern storyteller'. The collection is completed with a 'stoku' – a brief tale on the theme.

Based on decades of honing his art, this stimulating booklet gives a glimpse into the mind of a master of contemporary storytelling.

BEN OKRI is the author of 10 novels, including *The Famished Road*, which won the Booker prize, and *The Age of Magic*, as well as volumes of poetry, short stories and essays. His work has been translated into more than 26 languages and has won numerous international prizes. He is a Fellow of the Royal Society of Literature, Vice-President of the English Centre of International PEN, and Patron of the International School of Storytelling. Born in Nigeria, he lives in London.

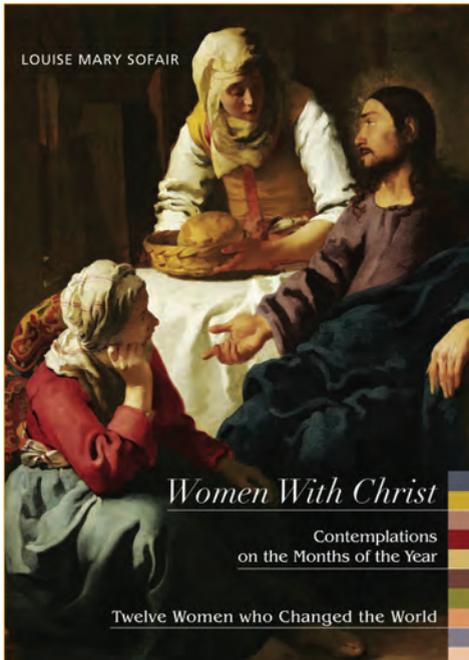


CVB; 48pp; 13 x 13 cm; pb; ISBN 978 1 905570 76 8; £3.99

OCT
2015

'We live in a time in which we are being told that the main things of value are the things of science and the things of technology. Our lives are being compressed into this technological reality. But it is worth remembering the many-sidedness of being human. Great evil befalls us when we restrict ourselves to just one side of our being.'

'It is important that we don't become machines, that we don't become computers. We contain machines. We contain computers. We contain all of nature, the seas, the mountains, the constellations, and the nearly infinite spaces.'



Louise Mary Sofair

Women With Christ

Contemplations on the Months of the Year
Twelve Women who Changed the World

In a rich contemplation of Christian life and practise, Louise Mary Sofair relates the events in the Gospels to the rhythms of the year. Viewing the key Christian festivals from the perspective of the twelve months of the yearly cycle, she points to relevant events in the Gospels, focusing on the role of women. In the second part of the book she celebrates the biographies of twelve influential women who played significant roles in humanity's development – from the medieval Clare of Assisi and Eleanor of Castile to the more recent Edith Stein and Ita Wegman.

In her concluding chapter, the author discusses the meaning of the Eternal Feminine and its implica-

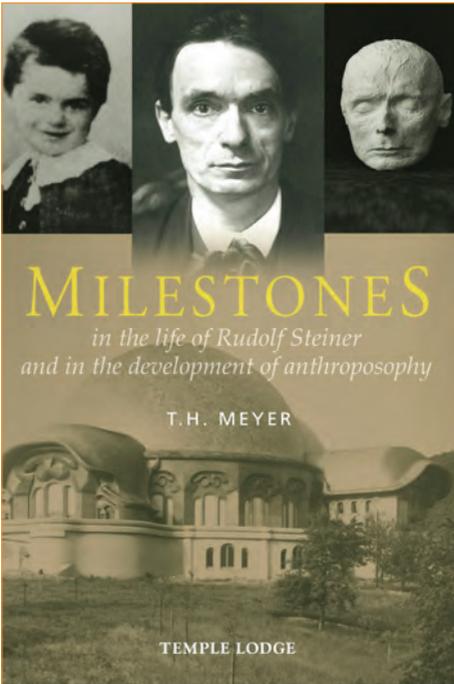
tions for the future of humanity. With reference to the Book of Revelation she describes how, '...the united masculine, spiritual element and feminine, higher-soul element of the future human being... gives an invitation to all those who wish to share in the community of eternal Life.' Although centred on themes of feminine spirituality, this book is relevant to anyone interested in the task of personal transformation and the healthy progress of the human race.



LOUISE MARY SOFAIR was born in Central Africa in 1953 and studied speech and drama in England. She became the principal of a drama studio, also teaching privately at home and abroad. Later she taught at the King's Langley Rudolf Steiner School where she specialised in drama and religion and was active in many aspects of school life, including pastoral care. Having brought up four children, she is now retired but continues to write, study and to support the work of the Christian Community church.

TLP; 206pp; 21.5 x 13.5 cm; pb; ISBN 978 1 906999 84 1; £12.99

OCT
2015



T.H. Meyer

Milestones

in the life of Rudolf Steiner and in the development of anthroposophy

Why was the act of arson that destroyed the first Goetheanum so devastatingly successful in its malicious intent? What was the nature of the poisoning that Rudolf Steiner suffered in 1923? What was the significance of Steiner's encounter with an unknown Master in 1879, and his later meeting with Friedrich Nietzsche on his sickbed?

Rather than presenting an accumulation of data, Meyer takes a symptomatological approach to the evolution of Rudolf Steiner's thinking, pinpointing specific moments in his biography, whilst making numerous links to contemporary issues. Seemingly unimportant details are significant – such as Steiner's boyhood habit of smashing dishes, or the droplet of

water that adorned Steiner's forehead at his funeral. The often overlooked language of such images is evaluated within the scope and grandeur of Rudolf Steiner's life's work.

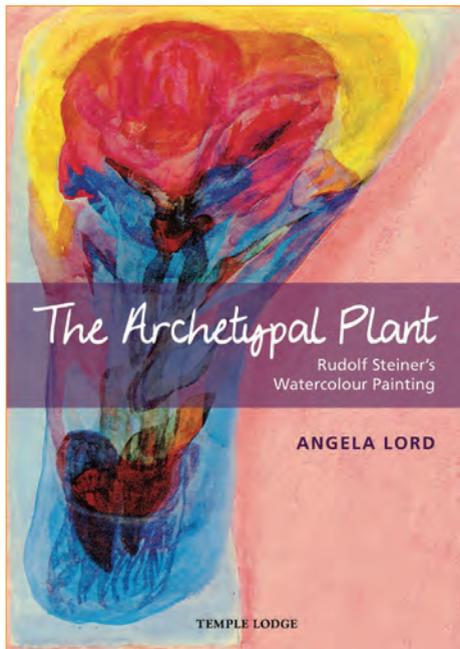
An incisive theme running through *Milestones* is the dual nature of time – 'involution' and 'evolution' – and how it affects the Anthroposophical Society and movement. Following Steiner's death, a one-sided *involution* process has been evident in the overemphasis on the Christmas Foundation Meeting, as well as Steiner's supposedly 'indissoluble' connection with the Society. This is coupled with distorted *evolution* processes, as seen in the urge to enter the public domain by jettisoning anthroposophy altogether. Such disharmonies can only be healed, says Meyer, by seeing the reality. This book serves as an essential guide to understanding the task of anthroposophy in the modern world.

T.H. MEYER was born in Switzerland in 1950. He is the founder and publisher of Perseus Verlag, Basel, and editor of the monthly journals *The Present Age* and *Der Europäer*. He is author of many books including biographies of Ludwig Polzer-Hoditz and D.N. Dunlop; *In the Sign of Five; Rudolf Steiner's Core Mission; The Bodhisattva Question; Clairvoyance and Consciousness and Reality, Truth and Evil*. He has written numerous articles and gives seminars and lectures around the world.



TLP; 248pp; 23.5 x 15.5 cm; pb; ISBN 978 1 906999 82 7; £15.99

OCT
2015



Angela Lord

The Archetypal Plant

Rudolf Steiner's Watercolour Painting

Rudolf Steiner painted his Archetypal Plant watercolour in 1924, at a time when contemporary scientific methodologies were emerging and nature was being examined under the microscope. In contrast to the dissecting tendencies of natural science, however, Steiner's painting depicts the living, dynamic potential which stands behind the plant – lifting us out of the specific genus and providing an image of the growing and formative forces inherent within each individual plant.

Researching Rudolf Steiner's painting of the Archetypal Plant can help reconnect our outer sense-perceptions with the inner realm of imaginative cognition, releasing us from the spell of matter.

To support and enliven such research work and processes, Angela Lord surveys her subject-matter from various aspects, including the historical, evolutionary relationships we share with plants; the representation of plants in art and architecture; plant myths and legends; poetry inspired by flower imagery; cosmic aspects of nature, including earth's relationships to the sun, moon, planets and stars; formative, creative forces of colours and their relationships to plant forms; and finally, working artistically and painting the Archetypal Plant motif itself.

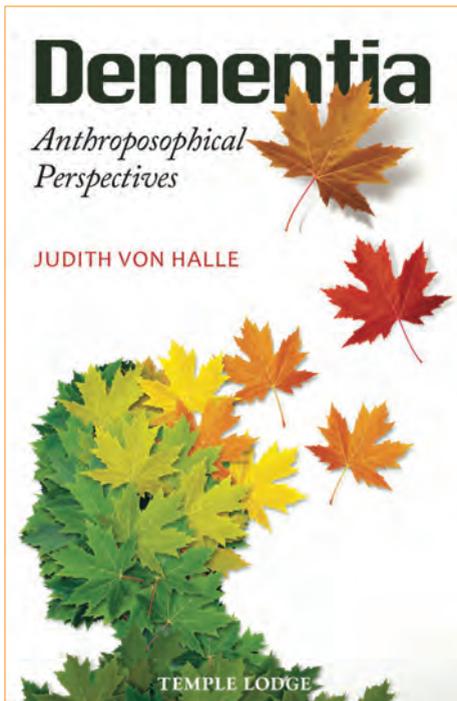
In developing a broad overview, the author forms a deeper, more complete picture of the plant world, paying homage to its diverse characteristics, and stimulating new perceptions and perspectives. This book is richly illustrated with full-colour images.



ANGELA LORD is a painter, interior colour designer, muralist and art educator. She studied with Gerard Wagner at the Goetheanum Painting School in Dornach, Switzerland. Together with Robert Lord, she is active in Colour Transformation Ltd., a company specializing in Lazure painting, interior design and murals. She recently founded the Columbine Art Academy in Sussex and London, which offers a diploma recognized by the Arts Section at the Goetheanum. She teaches around the world, most recently in China. Her publications include *Colour Dynamics*, *Easter: Rudolf Steiner's Watercolour Painting* and two books on Creative Form Drawing.

TLP; 126pp; 29.5 x 21 cm; pb; ISBN 978 1 906999 85 8; £22.50

OCT
2015



Judith von Halle

Dementia

Anthroposophical Perspectives

'Those involved with this illness professionally or as a relative can learn much from this study, which motivates them to a deepening of anthroposophy. They will also be inspired by how the author brings the illness into the realm of the living impulse of Christ.' – Michaela Glöckler

Dementia, a broad category of brain diseases including Alzheimer's and Parkinson's, affects millions of people worldwide. Although its impact is primarily focused on populations of Western countries, orthodox medicine has not been able to discover the causes of dementia, let alone develop successful treatments or a cure. Given this situation, there are good reasons to investigate the psycho-spiritual factors connected to the outbreak of the illness.

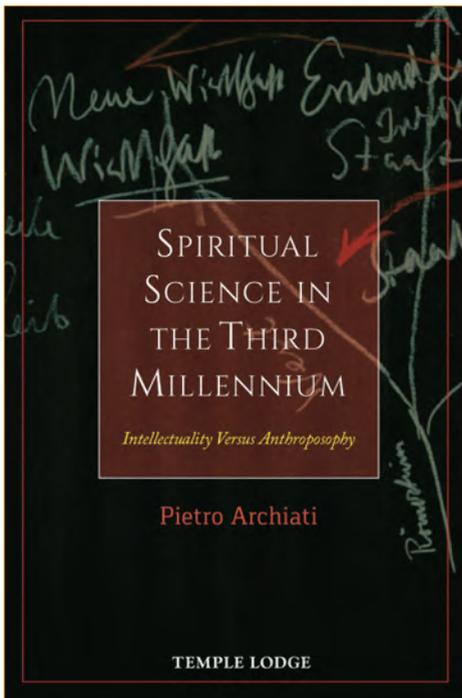
Developing successful methods of treatment requires a full understanding of the human being. This cannot be achieved through observation with the outer senses only, but increasingly calls for spiritual-scientific perception. Through this method, as founded by Rudolf Steiner, great service can be rendered to humanity, including precise research into the causes of ill-health. The factors involved in the eruption of modern afflictions, such as dementia, can be determined by careful consideration of humanity's – as well as the individual's – destiny.

In this succinct but rich study, Judith von Halle describes her investigations into the phenomenon of dementia, beginning with a general outline of the anthroposophical conception of the human being and society, and applying that knowledge to what today is increasingly referred to as an epidemic. This book does not demand medical expertise, but requires an effort to engage with the psycho-spiritual conditions of dementia sufferers. It provides a wealth of insights and guidance to approaching one of the greatest challenges of our time.

JUDITH VON HALLE, born in Berlin in 1972, attended school in Germany and the USA and subsequently studied architecture. She works principally as a lecturer and author, and lives with her husband in Berlin.

TLP; 84pp; 21.5 x 13.5 cm; pb; ISBN 978 1 906999 74 2; £9.99

APR
2015



Pietro Archiati

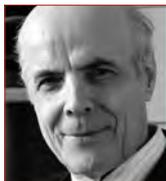
Spiritual Science in the Third Millennium

Intellectuality Versus Anthroposophy

Can there be such a thing as spiritual science today? Should faith and spirit remain as purely private concerns – or, as traditionally, preserves of the Church? When Rudolf Steiner founded anthroposophy in the early twentieth century, his intention was to create a fundamentally scientific approach to the spirit. His basic works detail methods for developing spiritual consciousness, allowing the individual to replicate the results of his research. This key aspect distinguishes anthroposophy from the wealth of spiritual teachings, sects, cults and religions within the modern cultural milieu. But did Steiner fail in his endeavour to build a scientific path to spiritual knowledge? Is anthroposophy just another ‘theory’

based on intellectual thought, to be analysed and dismissed?

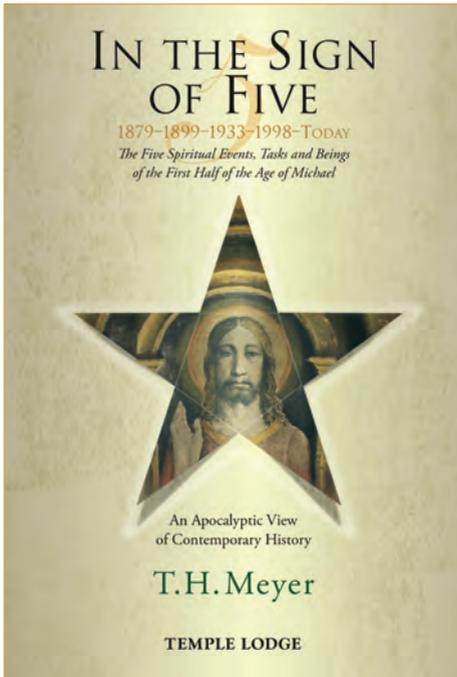
Up to now, academia has largely ignored Rudolf Steiner’s work. In 2013, however, the first volume of a new series – a critical edition of Rudolf Steiner’s writings, edited by a professor of the largest religious university in the USA – was published by a respected German academic press. Taking this concrete case as an illustration, Pietro Archiati argues that academia, with its in-built bias towards the atheistic assumptions of materialistic science, will almost inevitably misrepresent Steiner’s work. Anthroposophy is a spiritual science, whose metamorphosing nature requires penetration of its essence for true understanding. Presenting a broad exploration of the critical questions outlined above, Archiati’s exposition works not only as a critique of a specific new edition of Steiner’s works, but also as an introduction to key tenets of anthroposophical methodology and thought.



PIETRO ARCHIATI worked as a missionary in Laos, New York and South Africa. When he discovered Anthroposophy in 1977, it soon became the passion of his life. Pietro is a popular speaker, working internationally, and has written several books, including *From Christianity to Christ*, *Reincarnation in Modern Life* and *The Great Religions*.

TLP; 94pp; 23.5 x 15.5 cm; pb; ISBN 978 1 906999 78 0; £11.99

APR
2015



T.H. Meyer

In the Sign of Five: 1879-1899-1933-1998 -Today

The Five Spiritual Events, Tasks and Beings
of the First Half of the Age of Michael
An Apocalyptic View of Contemporary History

'Spiritual knowledge is not given to us as in ancient times. By spiritual means it must be struggled and striven for against a host of demons... We must therefore get to know the powers that would cover up and obscure all spiritual knowledge.' – from the Preface

'The world seems to be standing within a demonic storm that threatens to overwhelm it', states T.H. Meyer at the outset of this rousing call for a wide-ranging, spiritual-scientific knowledge of the world. Appeals to traditional religious belief will no longer pacify this storm, and neither will 'good will' suffice. Building on Rudolf Steiner's anthroposophy,

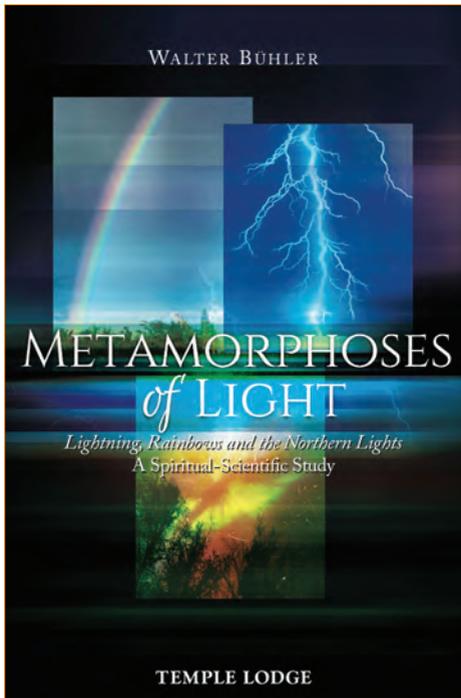
In the Sign of Five tackles the central task of our epoch: the epistemological struggle with evil, and presents the five most important spiritual events since the beginning of the Age of Michael:

- 1879 – the rise of Michael to the rank of Time Spirit;
- 1899 – the end of Kali Yuga;
- 1933 – the appearance of Christ in the Etheric;
- 1998 – the assault of Sorath, 'one of the greatest ahrimanic demons';
- The present – the incarnation of Ahriman.

These events are linked to the five main tasks of the Age of Michael, the great challenge of inner knowledge and spiritual consciousness posed by the epoch as a whole. In the light of world history, and within the context of 'the sign of five', we stand today at the fifth place – at the point of the incarnation of Ahriman. Is humanity prepared for this decisive event? Have we recognised the phenomena of evil that surround us on a daily basis? Have the tasks corresponding to the five events been identified, and to what extent have they been carried out? How is evil related to 'the good' that guides the world, and specifically to the Christ impulse? Meyer provides a vital, pithy, aphoristic handbook for our apocalyptic times.

TLP; 100pp; 23.5 x 15.5 cm; pb; ISBN 978 1 906999 79 7; £11.99

MAY
2015



Walter Bühler

Metamorphoses of Light

Lightning, Rainbows and the Northern Lights
A Spiritual-Scientific Study

Having spent time in the Arctic Circle in Lapland – where, with the sky filled in a flood of colour, the midnight sun shines for weeks, and the long polar night is brightened by the shining northern lights – the author was left with unforgettable memories. Thinking through these experiences led to this short but penetrating work, a study of the pathways and metamorphoses of light from a global perspective.

The essence of light is to shine – it rays out dynamically in all directions at an unimaginable speed, never resting. The nature of matter, in contrast, is heavy, static and condensed. But matter can also let light through, as with crystal, or in the transparent and flowing element of water, evaporation and even air. Water and air thus act as ‘mercurial’

factors, allowing the creative potential of light to appear in a diversity of colours. The ‘deeds and sufferings of light’ are further to be found in many phenomena of the inorganic world such as the northern lights. By seeing the laws within phenomena, Goethe approached an understanding of the etheric formative forces. The object of this book is the observation of nature’s natural wonders using Goethe’s methodical process.

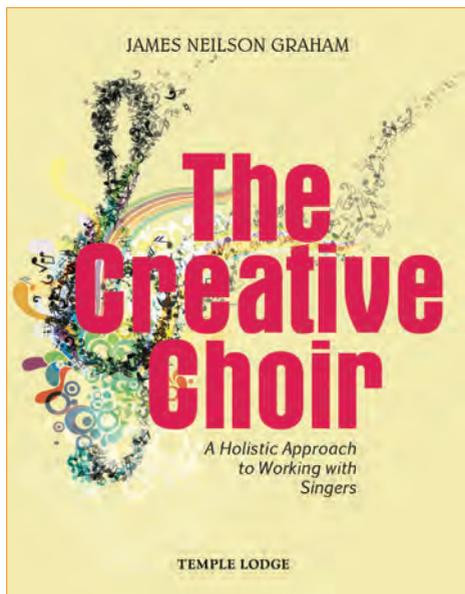
Apart from the rainbows, lightning and northern lights in the title, the author discusses the blue of the sky, the colours of twilight and the dewdrop, and halos and other light phenomena. The power of imagination produced by the observer creates depth and inwardness, says the author. In such a state of consciousness, one’s inner eye can picture ‘a threefold global union of light, which speaks to a threefold organization of the Earth’. Bühler’s concentrated work will inspire readers to make their own observations of the optical phenomena in our atmosphere, learning anew to treasure our planet for what it is – a human-scale home for which we are all responsible.



DR WALTER BÜHLER (1913-1995) studied Medicine and Science, and was co-founder and director of the Paracelsus Hospital in Bad Liebenzell-Unterlenggenhardt. He worked extensively as a teacher and lecturer, and was the author of numerous articles and several books, including *Living With Your Body*.

TLP; 88pp; 21.5 x 13.5 cm; pb; ISBN 978 1 906999 80 3; £10.99

MAY
2015



James Neilson Graham

The Creative Choir

A Holistic Approach to Working with Singers

Choral singing is enjoying a renaissance, and this timely book contributes to our understanding of what choir work can and should be about. Starting from the idea that education underpins the rehearsal process, James Neilson Graham delves into the theory and practice of working with singers, drawing on the insights of Emile Jaques-Dalcroze in relation to movement and Valborg Werbeck-Svårdström in relation to the voice.

Singing is an aspect of our common humanity and the health of the socio-musical organism finds its reflection in the choral sound. How can the individual flourish in the midst of so many? How can the

conductor facilitate the process? In lively fashion (with more than seventy music examples, diagrams and illustrations), James Neilson Graham challenges orthodoxies and opens up new developmental pathways for the choir leader and the choral singer.

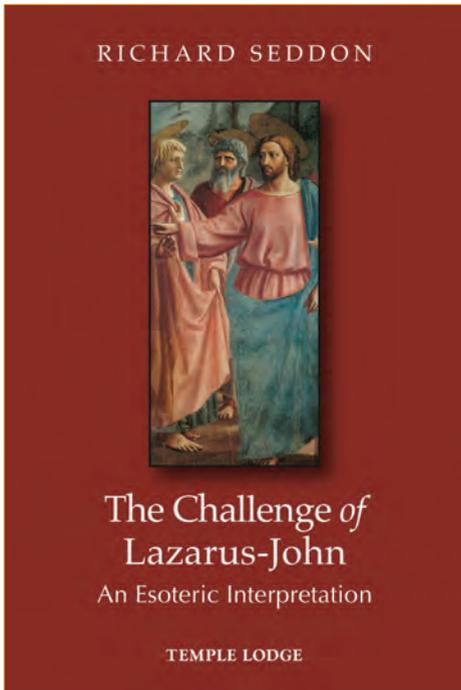
The elements of song – words and music – unite in the life and work of James Neilson Graham. Literature came first (degrees, journalism and short stories), before he encountered Valborg Werbeck-Svårdström's School of Uncovering the Voice and embarked upon singing studies in England and Germany. With the Trinity College Licentiate (music education) under his belt and lengthy spells coaching in Finland and teaching singing in England and Iceland, James has developed a pioneering approach to the art of choral conducting with the emphasis on the needs of singers.

'This practical, charmingly written manual, designed to help improve our lives, is recommended to music-lovers who are looking for a meaningful activity of joy in music-making'

– New View magazine

TLP; 186pp; 24.5 x 19 cm; pb; ISBN 978 1 906999 75 9; £18.99

MAY
2015



Richard Seddon

The Challenge of Lazarus-John

An Esoteric Interpretation

The Gospel of John, distinct from the 'synoptic gospels', is the most esoteric and challenging account of the life, death and resurrection of Jesus Christ. John, whose identity has been much debated, mysteriously refers to himself as 'the disciple whom Jesus loved'. But didn't Jesus love each of the twelve Apostles? Indeed, did he not love all human beings? However, the Gospel says only of Lazarus that Jesus 'loved him'.

In this profound study, Richard Seddon brings together essential but often overlooked quotations from the work of the philosopher and scientist Rudolf Steiner. In compiling Steiner's various statements, *The Challenge of Lazarus-John* reveals that John's

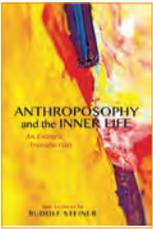
Gospel not only gives a historical account, but also represents a path of personal development or initiation.

After the prelude characterizing Creation, the Gospel describes how the Christ being descended into the physical and spiritual constitution of Jesus of Nazareth at the Baptism. Crossing the threshold between physical and spiritual worlds, the Gospel writer places emphasis on the development of the higher self in freedom, on the rebirth of the soul, and on the raising of Lazarus. An interlude considers the significance of the seven events referred to as 'signs', and the seven 'I am' statements in relation to higher stages of cognition. The remainder of the Gospel is seen as an expression of the seven stages of Rosicrucian-Christian initiation and their reformulation in the process of human evolution. This culminates in an examination of the spiritual processes that take place in the constitution of Jesus during the Crucifixion and Resurrection. It is Lazarus-John's personal witness of these events that enables him to write his unique Gospel.

Drawing together such insights and interpretations, Seddon has produced a comprehensive work that supplements existing biblical commentaries and illumines John's enigmatic Gospel as a truly Christian path of modern initiation.

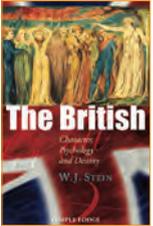
TLP; 158pp; 23.5 x 15.5 cm; pb; ISBN 978 1 906999 72 8; £14.99

APR
2015

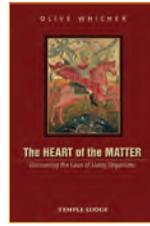


Rudolf Steiner
**Anthroposophy
 and the Inner Life**
 An Esoteric Introduction
 March 2015; Trans. V. Compton-Burnett (9 lectures, 19 Jan. to 10 Feb. 1924, GA 234); RSP; 134pp; 21.5 x 13.5 cm; pb; ISBN 978 1 85584

417 9; £12.99



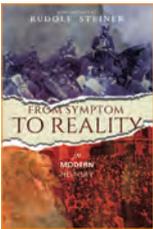
W.J. Stein
The British
 Character, Psychology
 and Destiny
 March 2015; TLP; 64pp; 21.5 x 13.5 cm; pb; ISBN 978 1 906999 773; £8.99



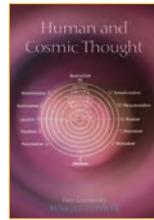
Olive Whicher
The Heart of the Matter
 Discovering the Laws
 of Living Organisms
 September 2015; TLP; 110pp; 21.5 x 13.5 cm; pb; ISBN 978 1 906999 83 4; £11.99



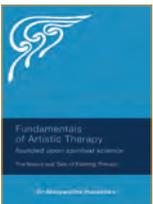
Magdalene Sieglösch
**How the New Art of
 Eurythmy Began**
 Lory Maier-Smits
 The First Eurythmist
 September 2015; TLP; 168pp; 21.5 x 13.5 cm; pb; ISBN 978 1 906999 81 0; £12.99



Rudolf Steiner
From Symptom to Reality
 in Modern History
 May 2015; Trans. A.H. Parker (9 lectures, Dornach, Oct.–Nov. 1918, GA 185); RSP; 256pp; 21.5 x 13.5 cm; pb; ISBN 978 1 85584 414 8; £14.99



Rudolf Steiner
**Human and
 Cosmic Thought**
 March 2015; Trans. C. Davy (4 lectures, Berlin, 20-23 Jan. 1914, GA 151); RSP; 72pp; 21.5 x 13.5 cm; pb; ISBN 978 1 85584 416 2; £9.99



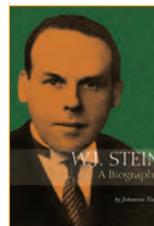
Margarethe Hauschka
**Fundamentals of Artistic
 Therapy**
 Founded upon Spiritual Science
 The Nature and Task of Painting
 Therapy
 September 2015; Trans. V. Taberner, A.L. Blathwayt, H. Ketzelt; RSP; 96pp (24 col. plates); pb; ISBN 978 1 85584 519 0; £20



Anna Samweber
**Memories of
 Rudolf Steiner**
 and Marie Steiner-von Sivers
 September 2015; Trans. U. Ruse; RSP; 56pp; pb; 21.5 x 13.5 cm; ISBN 978 1 85584 518 3; £8.99



Monica Layer, et al.
**Handbook for
 Rhythmical Einreibungen**
 According to
 Wegman/Hauschka
 August 2015; TLP; 176pp (8 colour plates); 24.5 x 16.5 cm; pb; ISBN 9781902636764; £22.50



Johannes Tautz
W.J. Stein
 A Biography
 March 2015; TLP; 298pp; 21.5 x 13.5 cm; pb; ISBN 978 1 906999 76 6; £20



Front cover image from *Only Love Remains* © Valiunic
Back cover image from *The Human Spirit: 'The Geographer'* by Johannes Vermeer
Design & Layout : yellowfishdesign