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By Rudolf Steiner  
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# AUTUMN

# 2019



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Rudolf Steiner Press is dedicated to making available the work of Rudolf Steiner in English translation. We have hundreds of titles available – as printed books, ebooks and in audio formats. As a publisher devoted to anthroposophy, we continually commission translations of previously-unpublished works by Rudolf Steiner and invest in re-translating, editing and improving our editions. We are also committed to publishing introductory books as well as contemporary research. Our translations are authorised by Rudolf Steiner's estate in Switzerland, to whom we pay royalties on sales, thus assisting their critical work. Do support us today by buying our books, or contact us should you wish to sponsor specific titles or to support the charity with a gift or legacy.



TEMPLE LODGE PUBLISHING

Temple Lodge Publishing has made available new thought, ideas and research in the field of spiritual science for more than a quarter of a century. Anthroposophy, as founded by Rudolf Steiner (1861-1925), is commonly known today through its practical applications, principally in education (Steiner-Waldorf schools) and agriculture (biodynamic food and wine). But behind this outer activity stands the core discipline of spiritual science, which continues to be developed. Our list features some of the best contemporary spiritual-scientific work available today, as well as introductory titles. If you want to support us, do buy our books or make a direct donation (we are a non-profit/charitable organisation).

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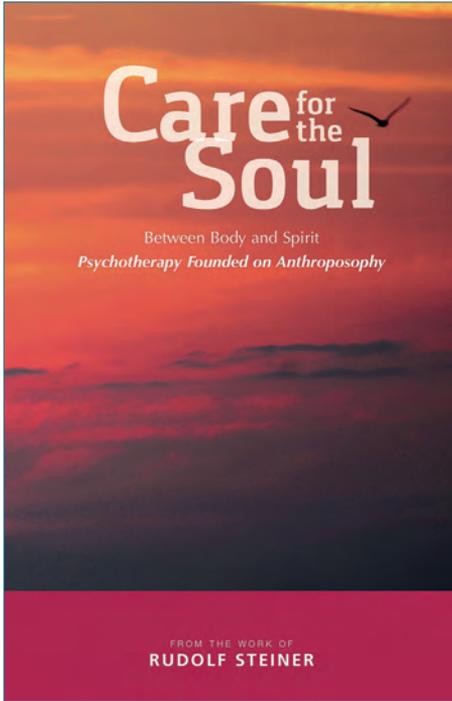
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## Rudolf Steiner Care for the Soul

Between Body and Spirit

*Psychotherapy Founded on Anthroposophy*

*'We must draw the slumbering soul away from the darkness of sleep so that it no longer vanishes from its own scrutiny but stands before itself as a being of pure spirit which, in volition, is creatively active through – yet also beyond – the body.'* – Rudolf Steiner

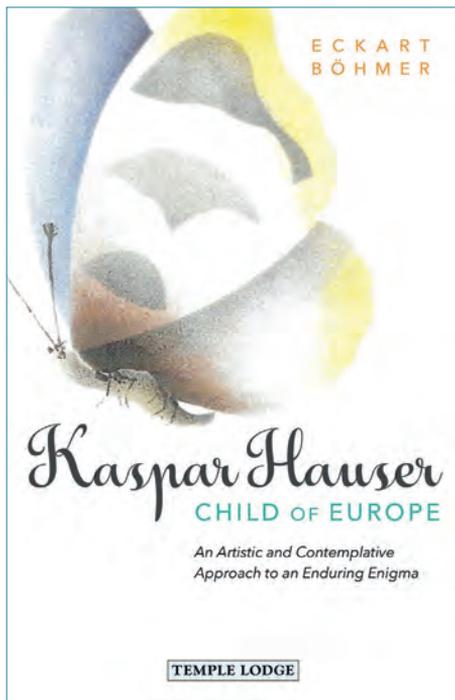
According to Rudolf Steiner's independent research, the soul or psyche has a relationship to both the body and the spirit. Psychologists and psychotherapists can only work in a truly healing way, he says, if they take this spiritual fact into account. This expertly-compiled anthology explores the nature of the soul as elaborated by Steiner in his writings and lectures. However, the book comprises more than an account of the psyche and life of the soul, but deals equally

with the methodology for comprehending it – the scientific, and above all spiritual-scientific, means of doing so.

Steiner questions methods and thought structures that are fundamental to contemporary psychology. Rather than looking backwards to conditions that influence how we are today, he focuses on our further development as beings that think, feel and act with intentionality. Given the soul's close affinity with pictorial images, he elaborates a therapeutically-innovative meditative schooling of the faculty of imagination. As Steiner states here, his methods, '...do not draw only on the rules of the ordinary mind but first prepare in the human soul another kind of consciousness, another state of awareness, with which we then enquire into the psyche... to approach and penetrate realities of the soul.'

**OCT**  
**2019**

Trans. By M. Barton; Edited with Intro. by Harold Haas (Selections, various GAs);  
RSP; 142pp; 21.5 x 13.5 cm; paperback; ISBN 978 1 85584 563 3; £12.99



Eckart Böhmer  
**Kaspar Hauser,  
 Child of Europe**

An Artistic and Contemplative  
 Approach to an Enduring Enigma

*'From time to time in the history of humanity, extraordinary individualities appear, carrying with them great tasks which are difficult to assess. Through this lens, the events around Kaspar Hauser (1812-1833) can be seen as signposts to one of the most important mysteries of modern times, which will radiate far into the future. Kaspar's appearance and the essence of his being are deeply connected with the question of the identity of the human being itself.'*  
 – From the Foreword

This book offers a unique, creative approach to the mystery of Kaspar Hauser – the teenage boy who was found abandoned on the streets of Nuremberg, barely able to walk, speak or write. Introducing the subject with a historical overview, Eckart Böhmer

goes on to offer multiple artistic approaches to comprehending the enigma of Kaspar Hauser's brief and tragic life. He presents poems from his cycle *I not human, I Kaspar*, a short story entitled 'Crossing the Border', and a play about Hauser's mentor, 'Feuerbach or an Example of a Crime Against the Human Consciousness Soul'. These are followed by transcripts of two lectures held during the Kaspar Hauser Festival in New York, which reflect on esoteric research carried out in the last twenty years. The volume concludes with short meditations followed by an interview with the author on his biographical connections to the theme.

Inspired by the Kaspar Hauser Festival in Ansbach and the Kaspar Hauser Research Circle, this valuable book offers many imaginative gems for deeper contemplation.



ECKART BÖHMER is the director of the Kaspar Hauser Festspiele in Ansbach, Germany, and a travelling speaker, author and theatre director. In 1998, he began the bi-annual Kaspar Hauser Festspiele in Ansbach. In 2016 he was asked to take on the research of Professor Hermann Pies, who had spent a lifetime pursuing and studying documents about Kaspar Hauser. He placed this historic legacy into the centre of a 'Kaspar Hauser Research Circle', founded together with Richard Steel, within the Karl König Institute.

**OCT** 2019 Trans. R. Steel et al.; TLP; 100pp; 21.5 x 13.5 cm; paperback; ISBN 978 1 912230 34 1;  
 £11.99

## Are Thoresen Experiences From the Threshold and Beyond Understood Through Anthroposophy

*'There is a physical world, which we all accept as real, but there is also a spiritual world, which interpenetrates this material world and is its cause and foundation. Between these two worlds exists a threshold that can be felt, seen clairvoyantly, traversed and passed through by anyone with a real desire to do so... At this threshold there is a guardian, whose task is to stop humans from passing across it unprepared...' – From the Introduction*

Based on first-hand knowledge, Are Thoresen offers insights into the meaning of the threshold to the spiritual world. He describes his own experiences in encountering this threshold and going beyond it. But there are many thresholds to the spiritual world, he says, and many ways to pass them – as there are many aspects

to the 'guardian of the threshold' and versions of the so-called 'animals at the threshold'. The worlds beyond, too, have a variety of different constructions – or, as the Bible says: 'In my Father's house are many mansions'.

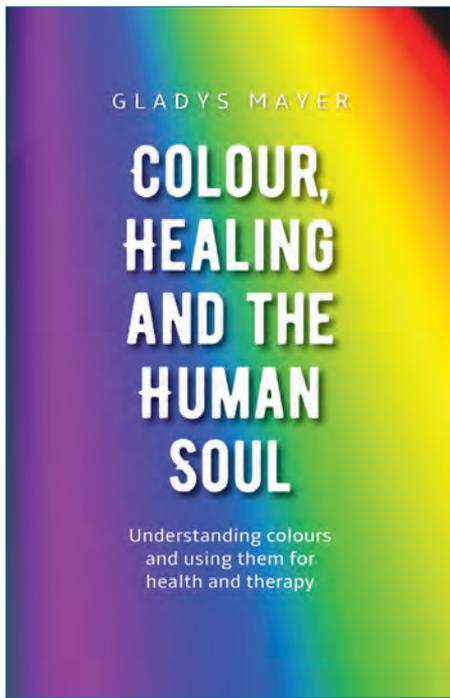
The author describes the methods and techniques for opening the spiritual sense organs required to cross the threshold, and clarifies the differences between Imagination (seeing spiritual 'pictures'), Inspiration (understanding those pictures) and Intuition (living 'inside' the spiritual reality). Structuring the book on his own biography, Thoresen conveys many of the lessons he has learnt through decades of familiarity with the invisible dimensions.



ARE THORESEN was born in Norway in 1952. A doctor of veterinary medicine, he has also studied anthroposophic medicine, homeopathy, acupuncture, osteopathy and agriculture. Since 1981 he has run a private holistic practice in Sandefjord, Norway, for the healing of small animals and horses, as well as people. He has lectured widely, specializing in veterinary acupuncture, and has published dozens of scholarly articles. He is the author of *Demons and Healing*.

OCT  
2019

TLP; 150pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 912230 33 4; £14.99



Gladys Mayer  
**Colour, Healing and  
 the Human Soul**

Understanding colours and using them  
 for health and therapy

In a delightful study – originally comprising two separate booklets – the accomplished artist and teacher Gladys Mayer explains that colour is nothing other than the *very substance of the soul*. Just as the body is made up of mineral, water, air and warmth, so the soul is made up of colour. This is revealed in the emotions of sadness and joy and the many shades in between, as expressed in human language – for example: ‘seeing red’, ‘rose-coloured spectacles’ and ‘jaundiced view’.

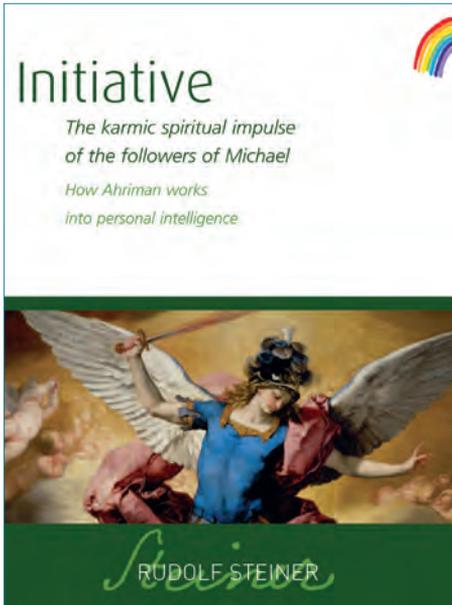
Mayer discusses the basis of colour theory and its methodology, and the importance of colour for everyday life and health. It is as fundamental to the

soul as air is to the body. By increasing our awareness of the spiritual laws of colour, we can acquire a balanced and enriched life of soul. Thus, colour can become a healing force in life, enabling us to tackle the deadening, grey aspects of our mechanised civilisation. Based on the work of Rudolf Steiner, which she studied intensively for many years, Mayer offers an approach to colour that is of value to painters and artists, as well as to those interested in psychology, health and healing, spirituality and personal development.

GLADYS MAYER (1888–1980) attended Rudolf Steiner’s series of lectures on education at Stratford-on-Avon in 1922. The following year she visited Steiner in Switzerland and decided to become a painter and art teacher at the Goetheanum, Dornach. She is the author of a number of titles including *The Mystery Wisdom of Colour* and *Colours: A New Approach to Painting*.

**NOV**  
 2019

RSP; 68pp; 21.5 x 13.5 cm; paperback; ISBN 978 1 85584 565 7; £9.99



## Rudolf Steiner Initiative

The karmic spiritual impulse  
of the followers of Michael  
*How Ahriman works into personal intelligence*

*'Be a person of initiative, and take care that the hindrances of your own body, or hindrances that otherwise confront you, do not prevent you from finding the centre of your being, where the source of your initiative lies. Likewise, you will find that all joy and sorrow, all happiness and pain, depend on finding or not finding your own individual initiative.'*

– Rudolf Steiner, Dornach, 4 August 1924

Rudolf Steiner urges those who feel the calling of the Archangel Michael to become people of initiative. The anthroposophist should be aware that, '... initiative lies in his karma, and much of what meets

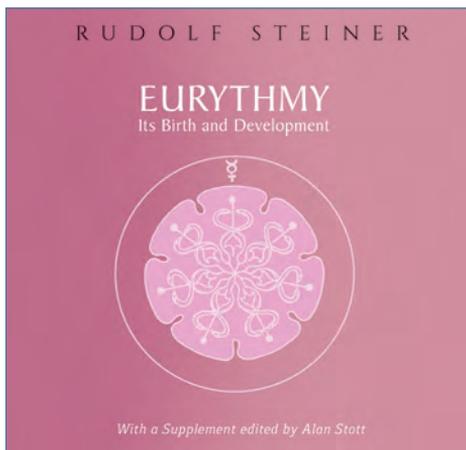
him in this life will depend on the extent to which he can become willingly, actively conscious of it.' In the second half of this inspiring lecture, Steiner describes how the being of Ahriman is able to work through the personal intellect of human beings today. As a consequence, we are called upon to be inwardly awake and vigilant at all times.



RUDOLF STEINER (1861 - 1925) called his spiritual philosophy 'anthroposophy', meaning 'wisdom of the human being'. As a highly developed seer, he based his work on direct knowledge and perception of spiritual dimensions. From his investigations Steiner provided suggestions for the renewal of many activities, including education (both general and special), agriculture, medicine, economics, architecture, science, philosophy, religion and the arts. Today there are thousands of schools, clinics, farms and other organizations involved in practical work based on his principles.

**NOV**  
2019

Trans. rvd M. Barton (single lecture 4 Aug. 1924 from GA 237);  
RSP; 40pp; 13.5 x 10 cm; paperback; ISBN 978 1 85584 564 0; £3.99



## Rudolf Steiner Eurythmy, Its Birth and Development

*'This gave my mother the opportunity of mentioning to Dr Steiner an idea... Could one affect the physical body in a healing, strengthening and regulating way through certain rhythmical movements of the etheric body – which after all was the centre of all that was rhythmical – as well as of health and illness? Dr Steiner not only enthusiastically affirmed this possibility, but spontaneously declared himself ready to give the necessary directions which I could then work out with my mother's help.'* – Lory Maier-Smits

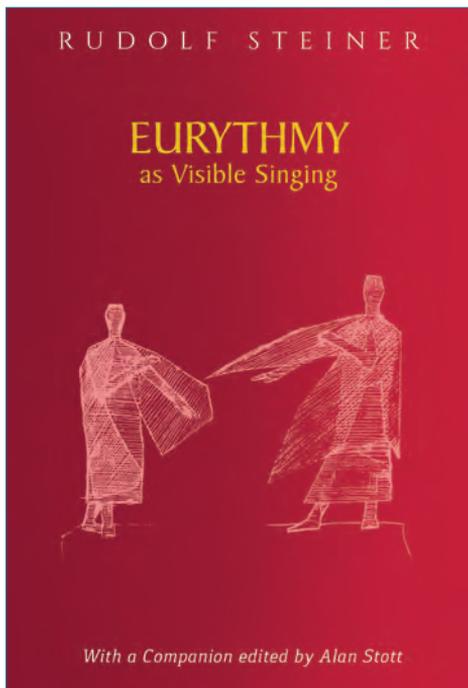
Alongside original material by Rudolf and Marie Steiner, this volume features unique first-hand accounts of the birth of the art of eurythmy by a number of its early students and practitioners. The practical and artistic stages of its development are chronicled in detail, alongside reports from the first public performance onwards.

Rudolf Steiner offers inspiration to the original eurythmists to make their own discoveries – to perceive and fashion in movement their creative 'inner voice'. The artistic principles are established for later development and elaboration, to reveal and foster human creativity in many poetic and musical contexts.

Through the texts, links gradually emerge between eurythmy and temple-dances that accompanied ancient initiations. The impulse to dance is rediscovered as inherent in the 'lost Word', or the primordial root language still available in 'genetic etymology' – the sounds of speech used in all languages. Music eurythmy, we learn, did not start from dancing, but from the archetypal structure of the musical system. Consequently, we can witness directly how an eloquent performing art can properly develop when technique and inspiration meet. The text is supported by extensive supplementary material, including eurythmy forms, a chronological survey, notes and indexes.

**OCT**  
**2019**

Trans. by A. Stott (Lessons, Introductions & Reports 1912-1924, GA 277a);  
RSP; 224pp; 21.5 x 21.5 cm; paperback; ISBN 978 1 85584 566 4; £20



## Rudolf Steiner Eurythmy as Visible Singing

*'The study of music is the study of the human being. The two are inseparable, and eurythmy is the art which brings this most clearly to expression. In these lectures, Rudolf Steiner guides us along a path toward an understanding of the human form as music comes to rest – the movements of eurythmy bringing this music back to life.'* – Dorothea Mier

*'Fundamentally speaking, music is the human being, and indeed it is from music that we rightly learn how to free ourselves from matter.'* – Rudolf Steiner

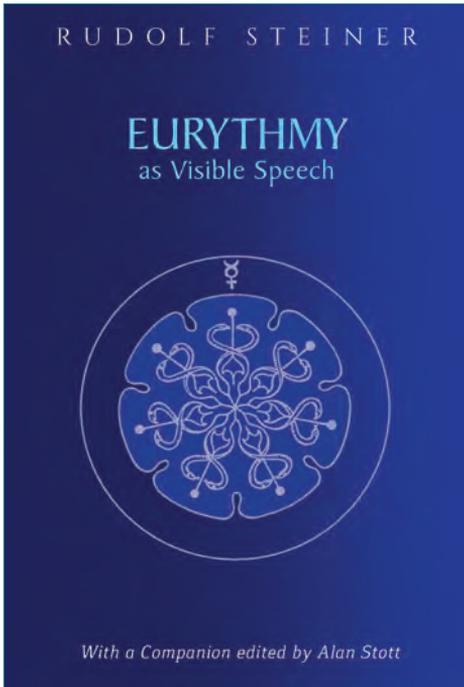
The focus of these eight lectures is the source of movement and gesture in the human being. Movement in musical experience is thus traced back to its origin in the human instrument itself. Like the degrees of the musical scale, Rudolf Steiner leads his select audience of young artists through eight

stages, focusing on the living principles of discovery and renewal.

Eurythmy was born in the turbulent decades of the early twentieth century. From an individual question as to whether it was possible to create an art based on meaningful movement, Rudolf Steiner responded with fresh creative possibilities for a renewal of the arts in their totality. The new art of eurythmy was an unexpected gift. Today, music eurythmy, along with its counterpart based on speech, is practised as an art, taught as a subject in schools, enjoyed as a social activity and applied as a therapy.

This definitive translation of Steiner's original lecture course on eurythmy includes a facsimile, transcription and translation of the lecturer's notes, together with an introduction and index. The volume is supplemented with an extensive 'companion', featuring full commentary and notes compiled by Alan Stott, as well as a translation of Josef Matthias Hauer's *Interpreting Melos*.

**OCT 2019** Trans. by A. Stott (8 lectures, Dornach, Feb. 1924, GA 278) with Companion edited by A. Stott; RSP; 534pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 85584 567 1; £25



## Rudolf Steiner Eurythmy as Visible Speech

Following his lecture-course *Eurythmy as Visible Singing*, these fundamental lectures on speech eurythmy – offered in response to specific requests – gave Rudolf Steiner the opportunity to complete the foundations of the new art of movement. Speaking to eurythmists and invited artists, Steiner connects to the centuries-old esoteric and exoteric Western traditions of ‘the Word’ – the creative power in the sounds of the divine-human alphabet – giving it concrete form and expression in the performing arts, education and therapy.

In addition to the fifteen lectures in the course, this special edition features supporting lectures and reports by Rudolf Steiner, dozens of photographs and line drawings, as well as introductions, commentary, notes and supplementary essays compiled by editor Alan Stott, including ‘Eurythmy

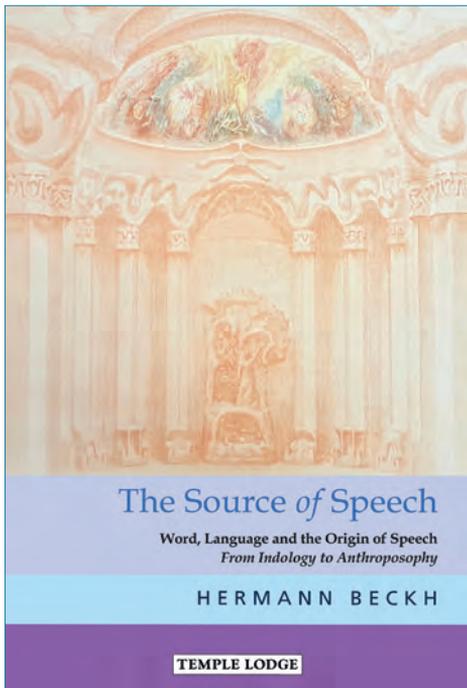
and the English Language’ by Annelies Davidson. Although aimed primarily at the professional concerns of eurythmists who perform, teach or work as therapists, the lectures offer a wealth of suggestions and insights to those with artistic questions and concerns.

*‘Only someone who creatively unfolds a sense for art from an inner calling, an inner enthusiasm, can work as an artist in eurythmy. To manifest those possibilities of form and movement inherent in the human organisation, the soul must inwardly be completely occupied with art. This all-embracing character of eurythmy was the foundation for all that was presented.’ – Rudolf Steiner*

*‘For the poet, for the thinker, and for the movement artist who thinks with his/her whole body, the highest mental act is done with all their heart and with all their mind and with all their soul.’ – Alan Stott*

**OCT**  
2019

Trans. by A. & M. Stott & C. Schmandt (15 lectures, Dornach, Jun.-Jul. 1924, GA 279) with Companion edited by A. Stott; RSP; 384pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 85584 568 8; £22.50



Hermann Beckh

## The Source of Speech

Word, Language and the Origin of Speech  
*From Indology to Anthroposophy*

Hermann Beckh's lectures on language – published here in English for the first time – offer a unique and penetrating discussion of the origins and evolution of speech. Based on his professional knowledge of Tibetan, Sanskrit and Pali – and complete fluency in at least six other ancient languages, not to count nine modern languages – and accompanied by a heartfelt understanding of anthroposophy, the lectures comprise an unparalleled marriage of academic and meditative insights. Further, they give a valuable introduction to the author's later works on music, the stars and the Gospels of Mark and John.

*The Source of Speech* features Beckh's complete series of articles on the subject that were developed

during the early, 'seeding' period of his life and work. These include: 'Rudolf Steiner and the East', an unprecedented study of Steiner's relationship to Sanskrit and Buddhist spirituality; 'Let There be Light', Beckh's exploration of the six Hebrew words forming Genesis 1:3; articles devoted to the origins of language, Indian philosophies and the names of the Divine in sacred texts; and essays published in *Das Goetheanum* which examine speech sounds, especially those of Sanskrit and Classical Hebrew. Also included are contemporaneous reviews of Beckh's articles by Albert Steffen and Eugen Kolisko and a lecture on academia, materialism and the undisciplined enthusiasm for Indian spirituality, held at the University of Berlin.

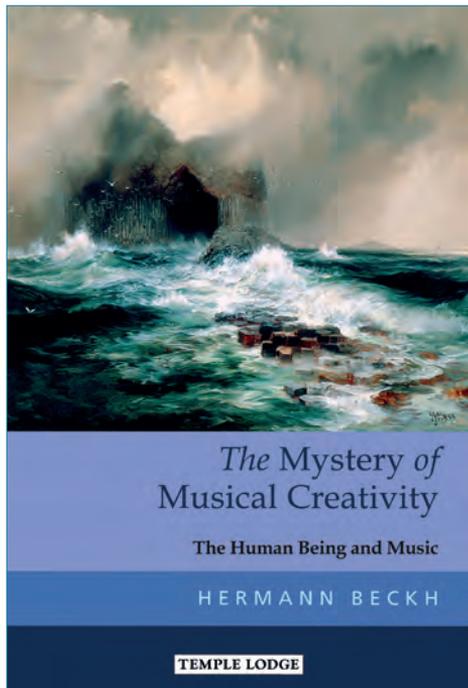
Nearly one hundred years on, Beckh's perspectives and themes remain as exciting, relevant and fresh as ever.



HERMANN BECKH (1875-1937) studied Law and later Sanskrit, becoming Professor of Oriental Studies at the University of Berlin. A master of ancient and modern languages, he wrote extensively on religious and philosophical subjects, including Buddhism, Indology, Christianity, Alchemy and Music. In 1911, he heard a lecture by Rudolf Steiner and was inspired to join the Anthroposophical Society, where he was a valued co-worker. In 1922, he helped found The Christian Community, a movement for religious renewal.

NOV  
2019

Trans. A. & M. Stott; TLP; 246pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 912230 37 2;  
£16.99



Hermann Beckh  
**The Mystery of  
 Musical Creativity**  
 The Human Being and Music

*'Beckh ventures into provinces that I have not had the opportunity of investigating myself...'*  
 – Rudolf Steiner

Lost for decades, the manuscript of Hermann Beckh's final lectures on the subject of music present fundamentally new insights into its cosmic origins. Beckh characterises the qualities of musical development, examines select musical works (that represent for him the peak of human ingenuity), and throws new light on the nature and source of human creativity and inspiration. Published here for the first time, the lectures demonstrate a distinctive approach founded on the raw material of musical perception.

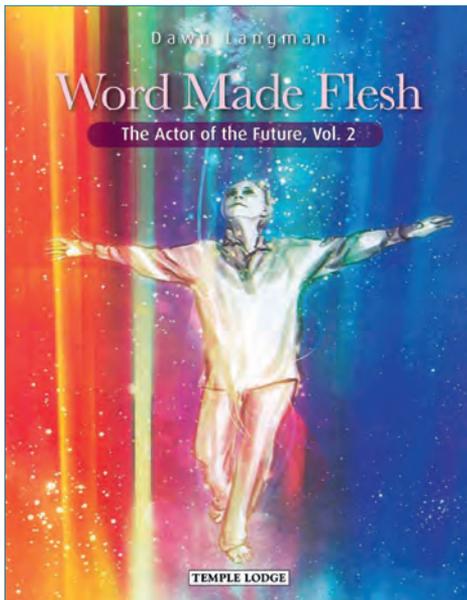
Beckh discusses the whistling wind, the billowing wave, the song of the birds and particularly the theme of *longing*. Never losing the ground from under his feet, he penetrates perennial themes: from the yearning for real spontaneity and the 'Mystery background' uniting heaven and earth, to spiritual knowledge that can meet the demands of the twenty-first century. Out of the cosmic context, Beckh writes to the individual situation. From there, he seeks again the re-won cosmic context. He does not write as a musical *specialist* and then turn to universal *human* concerns; rather, Beckh writes from universal human concerns and reveals music as of special concern to everyone.

In addition to the transcripts of fifteen lectures, this book contains a valuable introduction and editorial footnotes. It also features appendices including Beckh's essay 'The Mystery of the Night in Wagner and Novalis'; reminiscences of Beckh by August Pauli and Harro Rückner; Donald Francis Tovey's 'Wagnerian harmony and the evolution of the *Tristan*-chord', and several contemporaneous reviews of Beckh's published works.

**NOV**  
2019

Trans. A. & M. Stott;

TLP; 188pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 912230 38 9; £14.99



Dawn Langman  
**Word Made Flesh**  
 The Actor of the Future, Vol. 2

Building on the metahistorical exploration of drama that was the subject of *Tongues of Flame*, Dawn Langman explores the practical pathways through which the art of acting can evolve beyond the 'body and soul' paradigm still broadly accepted in contemporary culture. Through the integration of Rudolf Steiner's research in the arts of speech and eurythmy, and together with Michael Chekhov's acting techniques, Langman raises the *spiritual* dimension of the human being from that vague sensing which many actors intuit – but which has, however, little bearing on their practice – into a precise methodology. In this second volume in her series on 'The Actor of the Future', she offers

performance artists a clear pathway ahead, enabling them to develop their work out of spiritual insight and consciousness.

*'Dawn Langman's research into character creation invites the future into the present: suggesting the intriguing connection between the evolving universe, human consciousness and the mysteries at work in relationships and destiny.'* – Penelope Snowden-Lait, Co-director, Spirit of the Word training, New Zealand

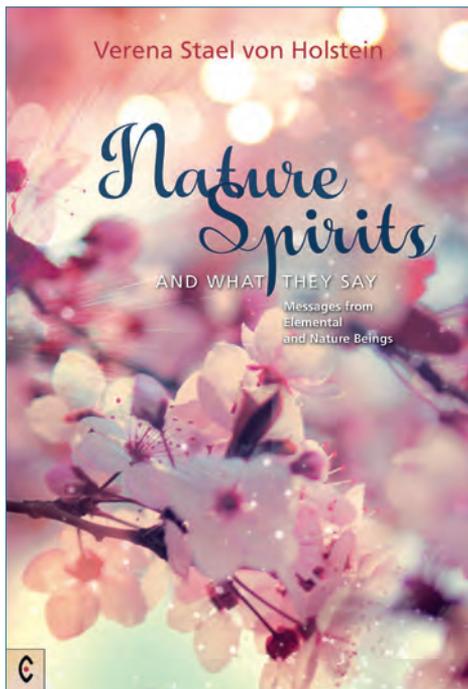
*'Word Made Flesh is ground-breaking work, deeply inspiring and full of surprises! It creates a compelling, practical methodology for all actors courageous enough to tread a transformational path. Dawn's visionary approach to eurythmical elements and gestures forges new dimensions of the actor's innermost skill, allowing for unequalled depth of expression, emotion and meaning.'*  
 – Diane Tatum, eurythmist and teacher, Pacifica College of Eurythmy, Australia



DAWN LANGMAN trained with Maisie Jones at the London School of Speech Formation and with Ted Pugh and Fern Sloan of the Actors Ensemble in New York. She has taught at Emerson College UK, the School of the Living Word in Australia, and currently teaches at the Drama Centre, Flinders University, South Australia. Dawn is the author of *The Art of Acting*, *The Art of Speech* and *Tongues of Flame*.

**OCT**  
2019

TLP; 438pp; 24.5 x 19 cm; paperback; ISBN 978 1 912230 36 5; £25



## Verena Staël von Holstein Nature Spirits and What They Say

Messages from Elemental and Nature Beings

*'I can perceive spiritual beings in my surroundings... I can communicate with higher spirit beings of either an elemental or non-elemental kind, when they are willing. I can perceive the human aura, as well as certain areas of the astral plane... I can see the aura of plants and animals. I can speak with the guardian beings of plants and animals, inasmuch as they're interested...'* – Verena Staël von Holstein

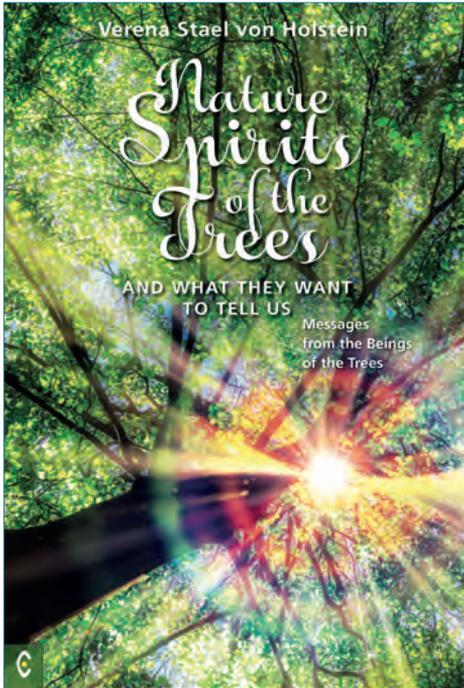
Verena has learned to see and speak to elemental and nature beings. What's more, she is able to translate their language into human terminology and thought. In this remarkable book, seventeen nature spirits are interviewed through her, almost as if these beings were sitting in front of

us. Through the conversations we learn what spirits of fire, air, water and stone have to say – as well as hearing from beings of glass, silver, salt, paper, and even spirits of our dwellings and homes! They speak about their work with nature and their regrettable lack of contact with human beings. They describe the secrets of the cosmos, and tell of humankind's past and future. The nature beings have surprising views on the environment, on natural disasters, good and evil, love and redemption. The interviews throw up beautiful, but sometimes disturbing insights into our world.

*Nature Spirits and What They Say* offers an enchanting view of the world of elemental beings – but it also calls on us to recognize the seriousness of the situations they describe. As Verena explains, humans owe a huge amount to nature spirits, and we need to discover new ways of approaching them with full consciousness. This valuable book gives us the means to do just that.

**NOV**  
2019

Trans. by B. Strevens; Ed. by Wolfgang Weirauch;  
CLV; 238pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 912992 08 9; £12.99



Verena Staël von Holstein  
**Nature Spirits of the Trees  
 and What They Want to Tell Us**  
 Messages from the Beings of the Trees

*'People often ask us about the best way to come close to nature and the beings enchanted within it. One way to do so is through wonder and astonishment, to open our senses fully to nature's beauty and wisdom. And here we can encounter entities that most closely resemble human beings – the trees.'*

Verena has learned to communicate with elemental and nature beings, and to translate their language into terms we can understand. In her remarkable book *Nature Spirits and What They Say*, she conversed with a range of beings, including spirits of fire, air, water and stone. In this new volume, we hear from trees, the nature spirits that in many ways are most similar to human beings. Through Verena's

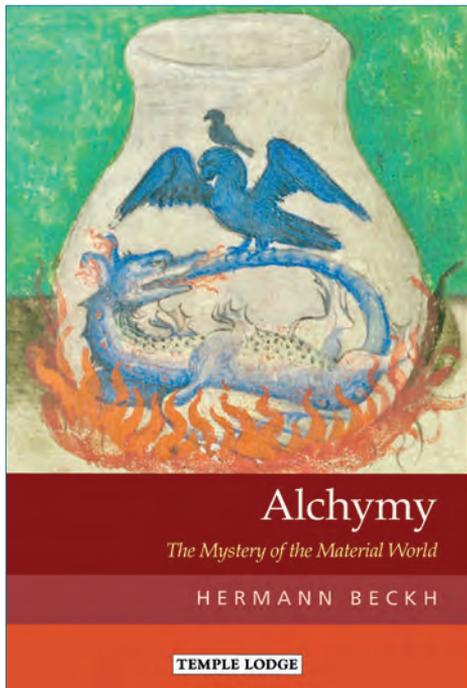
remarkable clairvoyant abilities, conversations with different tree species – such as sweet cherry, rowan, elm and common oak – are relayed. These communications reveal compelling insights into the role of trees within the natural world and their relationships with the vegetable, animal, human and spirit kingdoms. Particular emphasis is placed on the characteristics of trees that correspond with qualities of the human soul, such as the oak's connection to individualism.

The tree spirits want to speak, and are responsive to all kinds of questions, such as their roles in the landscape, their specific shapes, on problems that affect them in particular, and on urgent issues that are relevant to all beings on earth, such as climate change. The interviews disclose beautiful, fascinating and often challenging insights, offering inspiration to help us build more constructive relationships to these wonderful entities.

VERENA STAËL VON HOLSTEIN studied surveying and hydrography and worked as a computer programmer. A student of the work of Rudolf Steiner, from childhood onwards she has been able to perceive the etheric and astral realms in human beings and the natural world. She has learnt over many years to train her metaphysical perceptions so that communication with nature spirits takes place almost as a matter of course.

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Trans. by M. Barton; Ed. by Wolfgang Weirauch  
 CLV; 232pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 912992 09 6; £12.99



Hermann Beckh

## Alchymy

The Mystery of the Material World

*An abundance of books [by Beckh] came into existence whose significance perhaps will only be properly appreciated in the future.* – Emil Bock (1959)

As a practising Christian priest, Hermann Beckh was profoundly aware that the mystery of substance – its transmutation in the cosmos and the human being – was a mystical fact to be approached with the greatest reverence, requiring at once ever-deepening scholarship and meditation. He viewed chemistry as a worthy but materialistic science devoid of spirit, while the fullness of spiritual-physical nature could be approached by what he preferred to call ‘chymistry’ or ‘alchymy’, thereby taking in millennia of spiritual tradition.

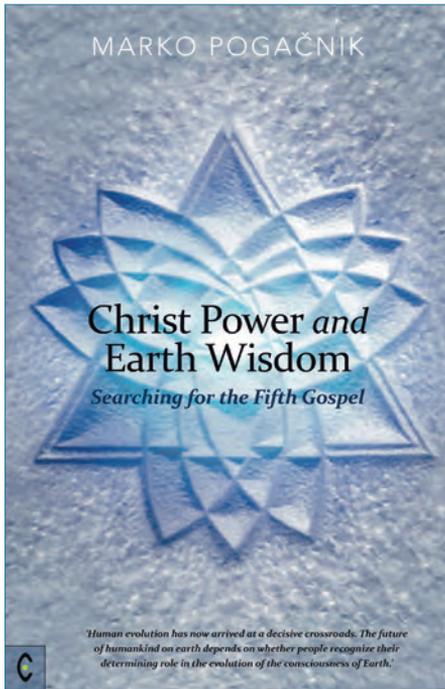
In consequence, Beckh’s *Alchymy, The Mystery of the Material World* is not limited to the conventional workings of Western alchemy, nor to what can be found in the Bible from Genesis to Revelation – although he does unveil hidden riches there. Neither should Beckh be considered only as a learned Professor with impeccable academic qualifications and European-wide recognition. Beckh writes about such topics as ‘Isis’, ‘the Golden Fleece’, traditional fairy-stories and Wagner’s *Parsifal* in a way that enables the reader to catch glimpses of the Mystery of Substance; to share the writer’s authentic experience of the divine substantia – the living reality – of Christ in the world.

Beckh’s *Alchymy* set an entirely new standard, and went on to become his most popular publication. This is the first time that it has been translated into English, along with updated footnotes, making his ideas and insights accessible to a wide readership. In addition, this edition features translations of Beckh’s ‘The New Jerusalem’, where theology could best be expressed in verse; his exemplary essay on ‘Snow-white’; observations on ‘Allerleirauh’, and a substantial excerpt from Gundhild Kačer-Bock’s biography of Beckh.

OCT  
2019

Trans. A. & M. Stott;

TLP; 156pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 912230 35 8; £14.99



Marko Pogačnik  
**Christ Power and  
 Earth Wisdom**  
 Searching for the Fifth Gospel

*'Human evolution has now arrived at a decisive crossroads. The future of humankind on Earth depends on whether people recognize their determining role in the evolution of the consciousness of Earth.'* – Marko Pogačnik

Humanity today faces a unique task: to overcome the thousand-year-old division between heaven and earth, spirit and matter. This, says Marko Pogačnik, is our present-day challenge. But we have an important ally in this work in the being of Jesus, also known as Christ, whose teachings are intended to help us at this critical time of human development. Historically, however, Jesus' words of wisdom were harnessed to the construction of an earthly religion, and much of their deeper meaning was lost in the process.

*Christ Power and Earth Wisdom* is the story of the author's discovery of a 'Fifth Gospel', woven invisibly into the four canonical Gospels. It teaches humanity how to live positively in the third millennium. Bringing together knowledge of elemental beings, Earth science and Christ, the author has translated over one hundred of Jesus' sayings into a language that the modern mind can understand. He identifies blockages in the Biblical gospels that have prevented the Spirit of Christ from manifesting in the past era. But the time is now ripe for understanding the multilayered reality of these teachings.

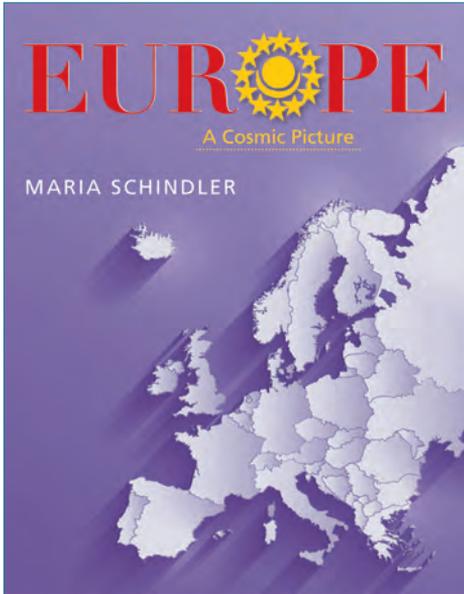
Based on methods of investigation and perception that Pogačnik has developed over many decades of work in healing the various dimensions of Earth's landscape and nature, he deciphers the hidden, holistic messages in Christ's teachings, dismantling the obstacles that have arisen through outdated interpretations. The text is complemented with Pogačnik's energetically-charged drawings. A new Postscript offers an important update relating to methods of gaining a broader, spiritual perception of reality in the present.



MARKO POGAČNIK has had exhibitions in Aktionsraum, Munich, the Museum of Modern Art, New York, and Venice Biennale. He has developed a method of Earth healing called 'lithopuncture', which utilizes stones complemented with carved 'cosmograms'.

**NOV**  
2019

Trans. by T. Mitton; CLV; 280pp; 21.5 x 13.5 cm; paperback;  
 ISBN 978 1 912992 10 2; £12.99



Maria Schindler  
**Europe**  
 A Cosmic Picture

European thought and culture has had an enduring impact worldwide – but Europe has also been a focus of conflict and war on a global scale. With its international influence, Europe bears a responsibility, in example and practice, for humanity’s further development.

First published in English in 1975, this timely facsimile reprint of Maria Schindler’s classic work provides valuable spiritual insight into Europe’s contribution to human civilisation – its past as well as its future tasks – at a critical time in the continent’s destiny. Based on decades of first-hand experience and multi-lingual study, the author weaves a pictorial

tapestry of Europe’s biographical history in all its human, earthly and cosmic content.

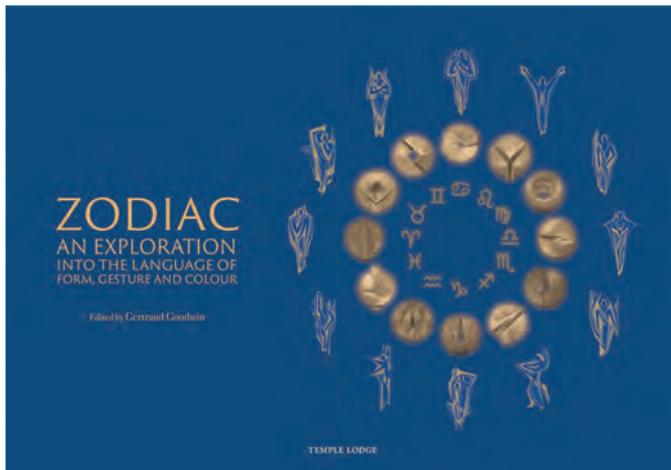
In past centuries, says Schindler, world-changing events were centred in the destinies of single countries or nations. Today, the individual needs of nations must be brought into harmony with the requirements of mankind as a whole. The enormity of humanity’s problems demand fresh insights based on new solutions with firm foundations. The author presents her intimate knowledge of European folklore and languages in connection with Willi Sucher’s ‘star wisdom’, the researches of Dr W. J. Stein and Dr Eugen Kolisko, and the inspiration of Rudolf Steiner and his cosmological and spiritual science of the universe and humanity.

Featuring 52 illustrations and numerous diagrams.

MARIA SCHINDLER was an artist and the author of *Pure Colour* (1947) and *Goethe’s Theory of Colour* (1964). Together with Eleanor Merry, she opened a painting school in London in the 1940s to develop painting techniques based on Goethe’s Theory of Colour.

**OCT**  
**2019**

Trans. by P. Gorge, Ed. by J. Fletcher;  
 RSP; 276pp; 24.5 x 19 cm; paperback; ISBN 978 1 85584 569 5; £16.99



## Gertraud Goodwin (Ed.) Zodiac

An Exploration into the Language of Form, Gesture and Colour

From ancient times, people had knowledge of the zodiac's intimate involvement in the creation of physical life. They understood that the twelve realms of constellations of fixed stars in the sky emanated specific forces that were brought to life and movement

by the planets. These spiritual energies created and formed all living beings on earth – including, of course, the human being. This traditional awareness has been reenlivened and given new meaning in our time through Rudolf Steiner's anthroposophy. Steiner gave specific indications involving twelve individual gestures and colours that depict the forces of the twelve zodiacal regions.

In this richly-illustrated collation of original artistic research – which features exciting new work on the zodiac via the mediums of sculpture, graphics and painting – these new insights are explored and illumined in twenty-seven essays and numerous full-colour images. Led by editor Gertraud Goodwin, the various contributing artists offer a rich tableau of authentic, individual approaches to understanding the zodiac, throwing light on the vast realm of creative forces around us whilst acknowledging their primary source.

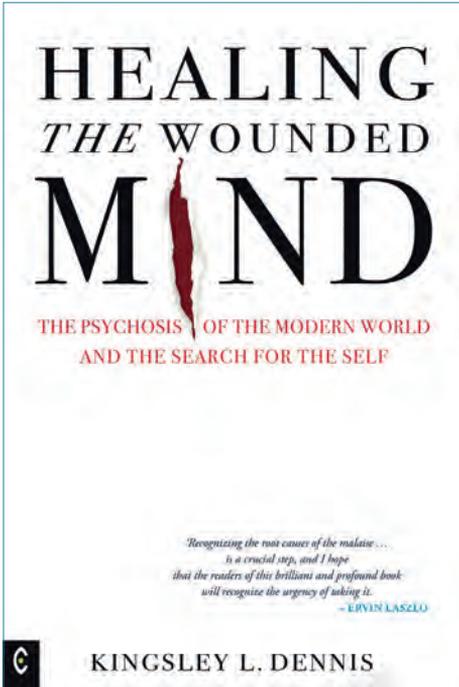
*'From the many relationships to other qualities, like the consonants, virtues, areas of the human body, colours, eurythmy gestures, elements (earth, water, air, fire), musical keys and many more, in which the zodiacal forces express themselves as if through different instruments, a harmony begins to emerge, which informs me of an ever rounder picture of one particular force of the Zodiac.'*  
– Gertraud Goodwin



GERTRAUD GOODWIN trained in sculpture at the Alanus-Kunsthochschule near Bonn followed by a training for sculpture therapy. She moved to England in 1982 where she taught at the Tobias School of Art and Emerson College. In 1987 she started to teach sculpture and graphics in her own studio, [www.sculpturestudioshoathlyhill.com](http://www.sculpturestudioshoathlyhill.com). Gertraud has exhibited in galleries in London, Brighton, Italy, Germany and Switzerland, and is the editor of *Metamorphosis, Journeys Through Transformation of Form* (2016).

NOV  
2019

TLP; 200pp; 21 x 29.5 cm; paperback; ISBN 978 1 912230 39 6; £25



## Kingsley L. Dennis Healing the Wounded Mind

The Psychosis of the Modern World  
and the Search for the Self

*There is a mental malaise creeping through the collective human mindset. Mass psychosis is becoming normalized. It is time to break free...*

One of the key problems facing human beings today is that we do not look after our minds. As a consequence, we are unaware of the malicious impacts that infiltrate and influence us on a daily basis. This lack of awareness leaves people open and vulnerable.

Many of us have actually become alienated from our own minds, argues Kingsley L. Dennis. This is how manipulations occur that result in phenomena such as crowd behaviour and susceptibility to political propaganda, consumerist advertising and social management. Mass psychosis is only possible because humanity has become

alienated from its transcendental source. In this state, we are prisoners to the impulses that steer our unconscious. We may believe we have freedom, but we don't.

*Healing the Wounded Mind* discusses these external influences in terms of a collective mental disease – the *wetiko* virus (Forbes), *ahrimanic* forces (Steiner), the *alien mind* (Castaneda), and the *collective unconscious shadow* (Jung). The human mind has been targeted by corrupt forces that seek to exploit our thinking on a grand scale. This is the 'magician's trick' that has kept us captive within the social systems that both distract and subdue us. In this transformative book, the author outlines how the Wounded Mind manifests in cultural conditioning, from childhood onwards. He examines how 'hypermodern' cultures are being formed by this mental psychosis and shaping our brave new world. In an inspiring conclusion, we are shown the gnostic path to freedom through connecting with the transcendental source of life.

*'Recognizing the root causes of the malaise ... is a crucial step, and I hope that the readers of this brilliant and profound book will recognize the urgency of taking it.'* – Ervin Laszlo



KINGSLEY L. DENNIS, PhD, is a sociologist, researcher and writer. He is the author of several critically acclaimed books including *The Sacred Revival*, *New Consciousness for a New World*, *Struggle for Your Mind* and *Dawn of the Akashic Age* (with Ervin Laszlo).

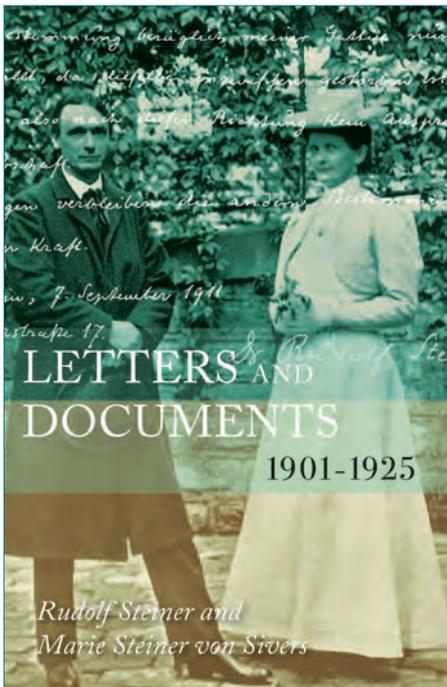
OC  
2019

CLV; 178pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 912992 04 1; £12.99

## Rudolf Steiner and Marie Steiner-von Sivers Letters and Documents 1901-1925

*'I send you fondest thoughts on your birthday. On this day I will think a lot of all the beautiful things which were, and are contained in our work together, and which now always stand so beautifully before my inner eye when I describe them. Let me assure you that I write this description with love.'* – Rudolf Steiner to Marie Steiner, 13 March 1925

Containing all the correspondence between Rudolf and Marie Steiner to be found in their respective estates, this volume provides unique insight into the couple's pivotal relationship. The years 1901-25 were a time of struggle, as Rudolf Steiner – faithfully supported by the young Marie von Sivers (later to become Marie Steiner in 1914) – endeavoured to build a completely new spiritual movement on earth. Their letters cover everything from the esoteric view of evolution and human advancement to dealing with

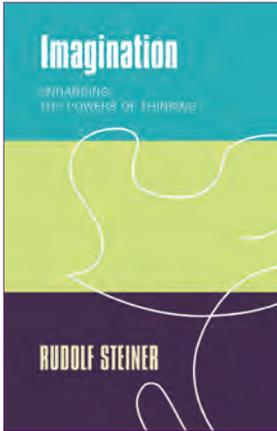


organizational details, challenging personalities and, of course, their own relationship.

In addition to the correspondence, a number of documents have been inserted chronologically throughout the text. The famous 'notes' written by Rudolf Steiner for Edouard Schuré, for example, provide a unique introduction to the volume, giving profound insights into the development of the anthroposophical movement. Also included are the many versions of Rudolf Steiner's will. Comprehensive notes are provided, as well as an index of persons and an itinerary giving dates of relevant lectures and eurythmy performances.

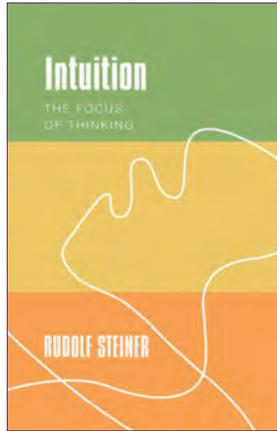
**OCT**  
2019

Trans. by C. & I. von Arnim (Correspondence & Documents, 1901-1925, GA 262);  
RSP; 352pp; 21.5 x 13.5 cm; paperback; ISBN 978 1 85584 570 1; £16.99



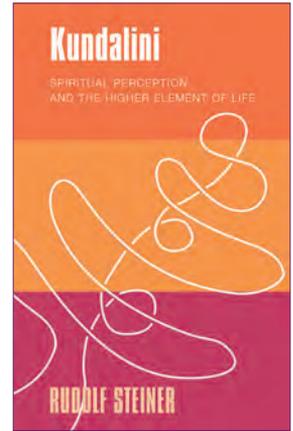
**Rudolf Steiner**  
**Imagination**  
 Enhancing the Powers of Thinking

April 2019; Trans. by M. Barton; Edited with Intro. by Edward de Boer (Selections, various GAs); RSP; 174pp; 21.5 x 13.5 cm; paperback; ISBN 978 1 85584 556 5; £12.99



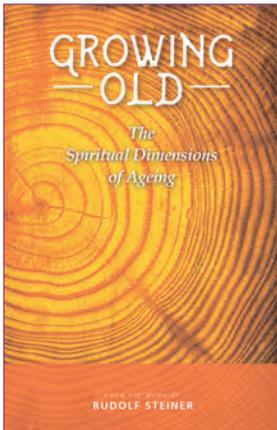
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**Intuition**  
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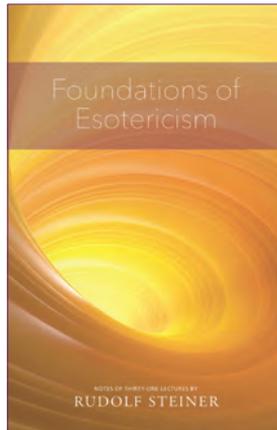
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 Spiritual Perception and the Higher Element of Life

April 2019; Trans. by M. Barton; Edited with Intro. by Andreas Meyer (Selections, various GAs); RSP; 172pp; 21.5 x 13.5 cm; paperback; ISBN 978 1 85584 558 9; £12.99



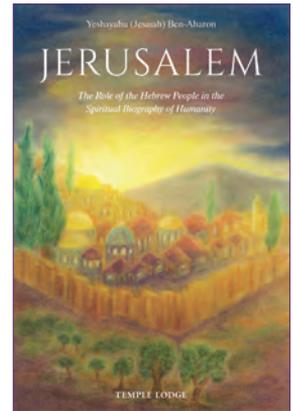
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 The Spiritual Dimensions of Ageing

May 2019; Trans. by M. Barton; Edited with Intro. by Franz Ackermann (Selections, various GAs); RSP; 240pp; 21.5 x 13.5 cm; paperback; ISBN 978 1 85584 562 6; £14.99



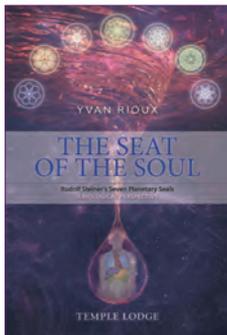
**Rudolf Steiner**  
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April 2019; Trans. by V. and J. Compton-Burnett (31 lectures, Berlin, Sept.-Nov. 1905, GA 93a); RSP; 306pp; 21.5 x 13.5 cm; paperback; ISBN 978 1 85584 561 9; £16.99

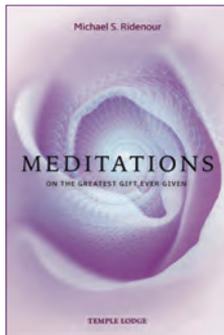


**Yeshayahu (Jesaiah) Ben-Aharon**  
**Jerusalem**  
 The Role of the Hebrew People in the Spiritual Biography of Humanity

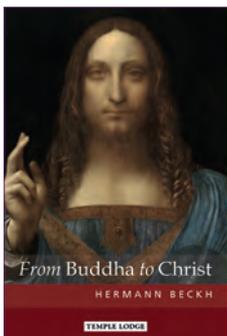
March 2019; Trans. by Daphna Edwards; TLP; 278pp; 23.5 x 15.5 cm; paperback; ISBN 978 1 912230 24 2; £20



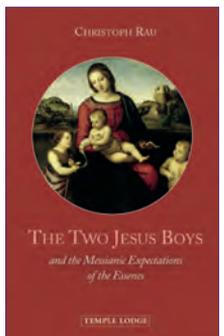
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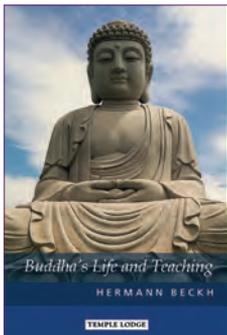
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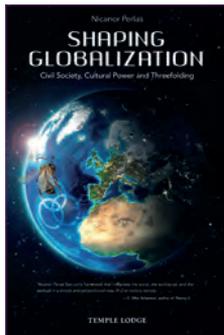
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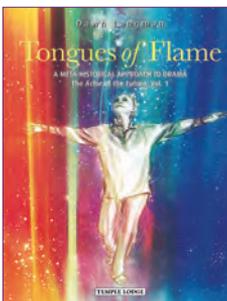
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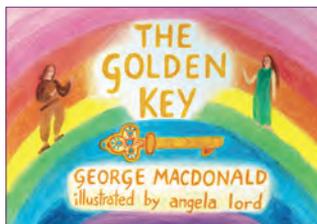
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 A Meta-Historical Approach to Drama  
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**George MacDonald**  
**The Golden Key**  
 Illustrated by Angela Lord  
 March 2019; TLP; 38pp (full colour throughout); 29.5 x 21 cm; paperback; ISBN 978 1 912230 28 0; £12.99



Front cover image: Depiction of 'Ouroboros' (15th century) from *Alchymy* by Hermann Beckh  
Back cover image: 'The Fall of the Rebel Angels' by Luca Giordano from *Initiative* by Rudolf Steiner  
Design & layout: yellowfish.design